e-ISSN: 2621 - 4814

Borneo Journal of **PHARMACY**

Volume 5 Issue 3 August 2022

Accredited at SINTA 2 until February 2025 by Ministry of Research and Technology / National Research and Innovation Agency, Indonesia No: 148/M/KPT/2020.



Institute for Research and Community Services Universitas Muhammadiyah Palangkaraya

BORNEO JOURNAL OF PHARMACY

Borneo J Pharm e-ISSN: 2621-4814

Volume 5 Issue 3 August 2022

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EDITORIAL WORDS

apt. Mohammad Rizki Fadhil Pratama, S.Farm., M.Si.

Editor in Chief Borneo J Pharm

Assalamu'alaikum Wr. Wb.

Alhamdulillahirabbil 'alamin. The next edition of **Borneo Journal of Pharmacy** (*Borneo J Pharm*), has been published at August 2022. This edition contains ten articles: Pharmacognosy-Phytochemistry, Pharmaceutical, Microbiology Pharmacy, Natural Product Development, Clinical-Community Pharmacy, and Management Pharmacy. This edition includes writings from four countries: Costa Rica, Indonesia, Netherlands, and Nigeria. The authors come from several institutions, including Universitas Ahmad Dahlan, K24 Indonesia, Institut Sains dan Teknologi Nasional, Universidad de Costa Rica, Kebbi State University of Science and Technology, Aliero, Federal University, Birnin Kebbi, Sekolah Tinggi Teknologi Industri dan Farmasi Bogor, IPB University, National Research and Innovation Agency Republic of Indonesia, Poltekkes Kemenkes Bandung, Sekolah Tinggi Ilmu Farmasi Riau, Universitas Islam Negeri Maulana Malik Ibrahim, Universitas Airlangga, Universitas Gadjah Mada, Universitas Hasanuddin, Universitas Syiah Kuala, Poltekkes Kemenkes Maluku, and Universitas Islam Sultan Agung.

Editorial boards are fully aware that there are still room for improvement in this edition, hence with all humility willing to accept constructive suggestions and feedback for improvements to the publication for the next editions. The editorial board would like to thank all editors and reviewers, and contributors of the scientific articles who have provided the repetoire in this issue. We hope that all parties, especially the contributors, could re-participate for the publication in the next edition on November 2022. *Wassalamu'alaikum Wr. Wb.*

Palangka Raya, August 2022

Editor-in-Chief

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 194 – 201 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3221 DOI: https://doi.org/10.33084/bjop.v5i3.3221 e-ISSN: 2621-4814

Research Article

Determination of the Active Chemical Compounds and the Antibacterial Activity of Various Fractions of *Lawsonia inermis* L.

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Sri Mulyaningsih 1*

Keywords: Ethyl acetate Lawsonia inermis L Naphthoquinones Staphylococcus aureus TLC-bioautography

Abstract

Lawsonia inermis L., or henna leaves, are usually used to treat wounds on the skin. Lawsonia inermis contain naphthoquinones, flavonoids, tannins, and saponins. The antibacterial activity of L. inermis leaf extract in various solvents has been extensively studied. However, which component is responsible for the antibacterial activity is still unknown. This study was intended to investigate the antibacterial effect of L. inermis fractions against Staphylococcus aureus and to discover the antibacterial chemical class in the most active fraction. The methanol extract was fractionated with *n*-hexane and ethyl acetate subsequently. The antibacterial activity of various fractions was tested using the well diffusion method. TLCbioautography was used to identify the class of active chemicals as antibacterial agents. Antibacterial activity against S. aureus was highest in the ethyl acetate fraction. TLC-bioautography of the ethyl acetate fraction showed inhibition areas at Rf values of 0.25 and 0.53, respectively, indicating the naphthoquinones and phenolic compounds groups. In conclusion, naphthoquinones and phenolic compounds are suggested to contribute to the antibacterial effect of the ethyl acetate fraction of *L. inermis* leaves.

Received: January 31th, 2022 1st Revised: May 7th, 2022 2nd Revised: July 19th, 2022 Accepted: July 20th, 2022 Published: August 31th, 2022

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INTRODUCTION

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Lawsonia inermis, or known as *henna* (English name), has local names such as *hennastrauch* (Germany), *hena/mendhi* (Pakistan, India), and *inai/pacar kuku* (Indonesia, Malaysia). It is one of the familiar plants widely found in Asia, including in Indonesia¹. Generally, the leaves are used by the community as a natural reddish brown dye for coloring nails, hair, and skin. The community often uses *L. inermis* leaves to treat wounds and skin inflammation^{2,3}.

Lawsonia inermis leaves contain large amounts of chemical compounds such as lawsone, flavonoids, tannins, coumarins, sterols, and terpenoids⁴. According to the phytochemical analysis⁵, all of the extracts contained naphthoquinones, saponins, flavonoids, and steroids. Lawsone (2-hydroxy-1,4-naphthoquinone), a kind of naphthoquinone, has been identified as the major component in *L. inermis*⁶⁷.

Many studies have investigated the antimicrobial activity of *L. inermis* leaves extract in various solvents. Usman and Rabiu⁵ reported that the aqueous extract of *L. inermis* leaves inhibited *Staphylococcus aureus* and *Epidermophyton floccosum*. The *L. inermis* extract inhibited some microbial isolates at 1000 µg/mL concentrations. The most significant antimicrobial activity of methanol, ethanol, and aqueous *L. inermis* extract against some human pathogenic bacteria, and some fungi were possessed by methanol and ethanolic extracts⁸⁹. However, many investigations reported that methanol extract exhibited promising antibacterial activity against some pathogenic bacteria from clinical isolated¹⁰⁻¹². Leaves extract of *L. inermis* has also been reported to possess good biofilm inhibition and antibacterial activity, which can be explored to develop new drugs for MDR pathogens¹³.

How to cite: Mulyaningsih S, Rachmadani FA. Determination of the Active Chemical Compounds and the Antibacterial Activity of Various Fractions of Lawsonia inermis L. Borneo J Pharm. 2022;5(3):194-201. doi:10.33084/bjop.v5i3.3221

Although *L. inermis* was reported to have acted as an antibacterial agent, the information on which compound is responsible for the antibacterial activity is still unclear. In this study, the methanol extract of *L. inermis* leaves was fractionated with *n*-hexane and ethyl acetate to obtain *n*-hexane, ethyl acetate, and methanol fractions. The purpose of the fractionation is to separate the compounds in the extract into the solvent according to their polarity. Non-polar compounds were screened out with *n*-hexane, semi-polar compounds were sorted out with ethyl acetate, and polar compounds were taken with methanol¹⁴. The three fractions were then tested against *S. aureus* and continued with TLC-bioautography. This study's objective was to comprehend and determine the antibacterial activity of the active fraction of *L. inermis* leaves and the class of active compounds as an antibacterial agent from the most active fraction against *S. aureus*.

MATERIALS AND METHODS

Materials

Plant materials were obtained from Merapi Farma Herbal Yogyakarta, and the identification of the plant was carried out by the Biology Laboratory, Faculty of Science and Applied Technology, Universitas Ahmad Dahlan, Yogyakarta, with the voucher specimen number 087/Lab.bio/B/VI/2019. *Staphylococcus aureus* ATCC 25923, Mueller Hinton Agar (Oxoid), Brain Heart Infusion medium (Oxoid), 1% BaCl₂ (Merck), 1% H₂SO₄ (Merck), NaCl 0.9% (Merck), 1% Dimethylsulfoxide (Merck), Vancomycin 1% (Vancep), and silica plate GF₂₅₄ (Merck). The instruments used were digital balance (Ohaus), oven (Binder), micropipettes (Soccorex), biosafety cabinet (Monmouth Scientific), incubator (Binder), autoclave (Shenan), TLC chamber (Camag), UV lamps, and glassware (Pyrex).

Methods

Preparation of methanol extract

A total of 2 kg of *L. inermis* leaves were washed and dried in the oven. The dried *L. inermis* leaves were then ground with a blender and sieved with a 50-mesh sieve. An amount of 250 g of *L. inermis* leaves powder was macerated with 1000 mL of methanol. The maceration process was carried out at room temperature for the first six hours while shaking, then allowed to stand for 18 hours. Remaceration was done in the same manner. Afterward, the macerate was filtrated using a Buchner funnel. The filtrate was then evaporated with a rotary evaporator until a thick extract was obtained¹⁵.

Fractionation of methanol extract of L. inermis

A total of 15 g of *L. inermis* extract was subsequently dissolved in methanol and fractionated with *n*-hexane and ethyl acetate. Each *n*-hexane fraction and ethyl acetate fraction were evaporated with a rotary evaporator to get the *n*-hexane, ethyl acetate, and methanol fraction. Every fraction was weighed to give the yield of fractionation.

Antibacterial activity test against S. aureus

The well diffusion method was used to conduct the antibacterial activity test. A sterile cotton swab was used to apply the *S. aureus* bacterium suspension with a 1×10^8 CFU/mL density to the Mueller Hinton agar surface. Then the surface of the agar is perforated and dripped with test and control samples. Next, the plate was incubated at 37°C for 24 hours. After incubation, the diameter of the inhibition zones was measured.

Phytochemical compound testing of the ethyl acetate fraction by reaction test¹⁶

The test solution was made in a concentration of 1% w/v by dissolving 250 mg of the ethyl acetate fraction of L. inermis in 25 mL of distilled water. The test was carried out to determine the presence of naphthoquinone, flavonoid, tannin, and saponin compounds.

Naphthoquinone test

As much as 1 mL of the test solution was added to a few drops of 1 N NaOH, a positive solution containing naphthoquinone will show a red color.

Flavonoid test

The test solution was dropped on filter paper, then treated with ammonia vapor. If it causes a yellow color, it indicates the presence of flavonoids.

Tannin test

A positive solution containing naphthoquinone will show a red color when one mL of the test solution is added to a few drops of 1 N NaOH.

Saponin test

A total of 1 mL of the test solution was shaken vigorously for 10 seconds. If the foam is formed for not less than 10 minutes as high as 3-10 cm and by the addition of 2 N HCl the foam does not disappear, it is positive for saponins.

TLC-Bioautography

As the mobile phase, the ethyl acetate fraction of *L. inermis* leaves was separated using TLC with chloroform : acetone : formic acid (6 : 1.5 : 0.5). The surface medium of MH agar was sprayed with a bacterial suspension evenly. After that, the silica gel plate was placed on the surface of the MHA agar medium in an inverted position and left for 30 minutes to allow diffusion based on the reference with minor modifications¹⁷. Then the plate was removed, and the petri dish was incubated at 37°C for 24 hours. After incubation, the inhibition zone was observed. The inhibition zone that appears was measured by the Rf value and compared with the chromatogram detected with spraying reagents to determine the group of active compounds.

RESULTS AND DISCUSSION

Yield of extraction and fractionation of L. inermis leaves

The maceration of *L. inermis* leaves obtained 47.96 g of methanol extract with a yield of 19.18%. In the study by Sharma and Goel¹⁸, the yield of methanol extract of *L. inermis* nails was 17%. The extraction yield we obtained is greater than that of the previous study due to several factors, such as geographical conditions, sampling time, or other factors.

The fractionation using *n*-hexane obtained a *n*-hexane fraction of 1.4610 g with a yield of 9.74%. The *n*-hexane fraction had a greenish color due to the presence of chlorophyll. With a yield of 25.55%, the ethyl acetate fraction displayed a reddishbrown color of 3.8333 g. The residue in the form of methanol fraction is 8.0585 g with a yield of 53.72%.

Antibacterial activity of the fractions of L. inermis against S. aureus

The antibacterial activity test was performed on MHA media seeded with *S. aureus* using the well diffusion method. **Table I** reveals that the inhibitory zone diameter of the methanol extract from *L. inermis* leaves is 11.33 mm. The *n*-hexane, ethyl acetate, and methanol fractions result in 8.33 mm, 9.50 mm, and 0 mm, respectively. Remarkably, the methanol extract had the most significant inhibitory zone, though the methanol fraction had none. According to Nwodo *et al.*¹⁹, fractionation occasionally led to increased activity but occasionally led to decreased activity. This represents a situation where fractionation leads to loss of activity, suggesting that components of the extract may have acted synergistically or additively to produce the activity observed in the extract. Another study found that some fractions of *Tamarindus indica* showed no activity against *type P. aeruginosa* and *E. coli* strains, unlike the extract.

The antibacterial activity of the methanol extract was greater compared to each fraction. The highest antibacterial activity was confirmed in crude methanol extract, possibly due to all the antibacterial compounds in its fractions²⁰. These results indicate that the active chemical compounds as antibacterial agents were spread into these fractions and were not collected in one certain fraction. Previous studies showed that the chemical compounds contained in plants provide a synergistic or additive effect in causing pharmacological effects²¹. If these compounds are separated, it will cause a decrease in their pharmacological activity. However, the ethyl acetate fraction had the greatest antibacterial activity compared to the other fractions. The positive control in the antibacterial activity test was vancomycin because it is sensitive to *S. aureus*. As a

negative control, 1% DMSO was utilized to dissolve practically all polar and non-polar substances. There was no bactericidal action in 1% DMSO. **Table I** shows the diameter of the inhibitory zones of the methanol extract and the fractions.

Table I.	Diameter of inhibition zones of methan	ol extract and various frac	ctions against S. aureus	using well diffusion method
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Sample tested (^w / _v)	Diameter of inhibition zone (mean± SD in mm)
Methanol extract 10%	11.33 ± 0.29
<i>n</i> -hexane 10%	8.33 ± 0.52
Ethyl acetate 10%	9.50 ± 0.87
Methanol fraction 10%	0.00 ± 0.00
Vancomycin 1%	21.00 ± 0.00
DMSO 1%	0.00 ± 0.00

Furthermore, the antibacterial activity of the ethyl acetate fraction of *L. inermis* leaves was tested at different concentrations to determine the concentration that could inhibit the growth of bacteria. The concentrations of ethyl acetate fraction tested were 5, 15, and 20 %w/v. **Table II** shows that the diameter of the inhibition zone increased as the concentration of the ethyl acetate fraction was raised. The 20% ethyl acetate fraction produced the largest inhibition diameter of 10.67 mm. Statistical analysis with the Kruskal-Wallis test showed that there were differences in the antibacterial activity of each concentration tested.

Table II. Diameter of inhibition zones of the ethyl acetate fraction against S. aureus using well diffusion method

Concentration of ethyl acetate fraction (w/v)	Diameter of inhibition zone (mean ± SD in mm)
Vancomycin 1%	21.00 ± 0.00
DMSO 1%	0.00 ± 0.00
5%	8.25 ± 0.43
15%	9.67 ± 0.72
20%	10.67 ± 0.80

The phytochemical content of ethyl acetate fraction of L. inermis leaves

The results of the phytochemical screening test (**Table III**) show that the ethyl acetate fraction of *L. inermis* leaves contains naphthoquinones, flavonoids, and tannins. In the naphthoquinone test, when the ethyl acetate fraction of *L. inermis* leaves was dripped with 1 N NaOH solution, the color changed to brownish red due to the presence of a chromophore group in the ethyl acetate fraction of *L. inermis* leaves so that the addition of a hydroxyl group from NaOH will give a red color^{6,15}. When testing for flavonoids, a more intense yellow color appears on filter paper that has been treated with ammonia vapor, indicating the presence of flavonoid²².

The test on tannin compounds, when added to the gelatin solution in the ethyl acetate fraction of *L. inermis* leaves, forms a precipitate due to the nature of the tannins, which can precipitate protein so that the tannin test with the addition of gelatin solution, which is a protein will be precipitated by the tannins²³. In the saponin test, our finding showed that within 10 minutes, the foam slowly disappeared when HCl was added, indicating that the ethyl acetate fraction of *L. inermis* leaves did not contain saponin¹⁶.

Table III. The phytochemical screening of ethyl acetate fraction of L. inermis

Reaction test	Result	Presence
Naphthoquinone	Brownish red	Present
Flavonoid	Yellow	Present
Tannin	Brown precipitate	Present
Saponin	No foam	Absent

TLC-Bioautograahy of ethyl acetate fraction of L. inermis

The results of the TLC-bioautography of the ethyl acetate fraction of *L. inermis* leaves can be seen in **Figures 1** and **2. Figure 1** shows two inhibition zones formed on MHA inoculated *S. aureus* with Rf values of 0.25 and 0.53. After the TLC plate was sprayed with 10% KOH, a spot with the Rf value of 0.25 appeared to be a positive red-brown color, indicating the presence of naphthoquinone compounds (**Figure 2** and **Table IV**). The appearance of a reddish-brown color is due to the addition of

a hydroxyl group from KOH¹⁵. After the plate was sprayed with FeCl₃, a spot with the Rf value of 0.53 (**Figure 2** and **Table IV**) showed a blue-black color, indicating the presence of phenolic compounds¹⁶. The reaction forms a blue-black color due to the formation of complex compounds between metal atoms of iron (Fe) and non-metal atoms. The presence of phenolic compounds is in line with previous research, which stated that *L. inermis* contains phenolics^{11,24}. Husni *et al.*²⁵ reported that the ethanol extract of *L. inermis* leaves has a total phenolic content of 16.02 g/100 g.



Figure 1. The bioautography result of the ethyl acetate fraction of *L. inermis* leaves on Mueller Hinton Agar inoculated by *S. aureus*. The inhibition zones are depicted with black circles.



Figure 2. The chomatogram of ethyl acetate fraction of L. inermis leaves after sprayed with FeCl₃ (a), and with KOH 10% (b).

Table IV.Result of	TLC-bioautography of	the ethyl acetate fra	ction of L. inermis leaves
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Rf	Detection	Color	Chemical group
0.25	KOH10%	Brownish red	Naphthoquinone
0.53	FeCl ₃	Blue black	Phenolic compounds

The mechanism of phenolic compounds in inhibiting bacterial growth is to irreversibly bind to nucleophilic amino acids from proteins, causing protein inactivation and becoming non-functional while also inactivating adhesins and enzymes on microbial membranes. The presence of phenolic groups with a high protein binding affinity can inhibit microbial enzymes while also boosting membrane affinity, resulting in increased antibacterial action²⁶. Luis *et al.*²⁷ investigated the mechanism of action of a phenolic compound and hypothesized that it was linked to polyphenol-membrane contact. The presence of a phenolic compound was connected to increased permeability and depolarization of the cell layer, as well as a decrease in respiratory action in the *S. aureus* ATCC 25923 strain. The component of activity of a phenolic compound is connected to cell layer damage and changes in the vigorous metabolism of *S. aureus* cells^{8,27}. A phenolic compound suppresses a hemolysin secretion in *S. aureus*; a membrane-dependent activity further supports the initial findings²⁸. Simple phenols' activities are thought to be mediated through contact with sulfhydryl groups in microbial enzymes, inhibiting those enzymes or nonspecific protein interactions²⁹.

Naphthoquinones are found naturally in various plants and are considered promising antibacterial agents. Increased ROS production, followed by apoptotic cell death, is the mechanism of action for this antibacterial agent. Various naphthoquinone compounds have pharmacological effects, including antibacterial, anticancer, antitubercular, antimalarial, and trypanocidal properties. Naphthoquinone analogs are highly lethal to infected cells due to their capacity to create reactive oxygen species (ROS) and can inhibit cellular enzymes involved in apoptosis and cell proliferation. Consequently, these compounds serve as models for developing clinical antibacterial drugs³⁰. Another study confirmed 2-hydroxy-1/4-naphthoquinone found in *L. inermis* as the main compound that may be an antibacterial agent³¹. However, its specific mechanism of action needs further research. Although the class of compounds with antibacterial action was identified in this investigation, the actual name of the active chemical cannot be determined. Therefore, additional investigation is required to identify and isolate the active substance.

CONCLUSION

These results indicate that the ethyl acetate fraction of *L. inermis* leaves contains naphthoquinones, flavonoids, and phenolic compounds that can inhibit bacterial growth. The results also suggest that other phytochemical compounds may contribute to the antibacterial activity of *L. inermis* leaves, and further study needs to be done to explore them.

ACKNOWLEDGMENT

We want to thank Nurma Harfita Sari for assisting with this research. The authors received no financial support for the study or publication of this article.

AUTHORS' CONTRIBUTION

Sri Mulyaningsih: designed, directed, and managed the study; drafted manuscript preparation; edited and reviewed article. Febriyati Adji Rachmadani: collected data.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 202 – 208 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3694 DOI: https://doi.org/10.33084/bjop.v5i3.3694 e-ISSN: 2621-4814

Research Article

Tyrosinase Inhibition Activity and Phytochemical Screening of Melaleuca leucadendron L. Leaves

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Abstract

Melaleuca leucadendron L. is a plant whose almost all parts (bark, leaves, twigs, and fruit) can be used as medicine, such as antioxidants, antifungals, sedative effects, and anti-hyaluronidase. This research was conducted to determine tyrosinase inhibition activity and compound content of *M. leucadendron* leaves. Maceration of *M. leucadendron* leaves was done in methanol, then carried out liquid-liquid fractionation with n-butanol, chloroform, and water. Methanol extract, butanol fraction, chloroform fraction, and water fraction were tested for phytochemical screening and tyrosinase inhibition using L-DOPA substrate with an ELISA plate well reader. The results of the tyrosinase inhibition activity test at concentrations of 100, 1000 and 10000 µg/mL respectively showed that methanol extract 29.532%, 55.227%, 89.583%; butanol fraction 29.313%, 59.174%, 94.737%, chloroform fraction 21.820%, 24.671%; 53.765%; water fraction 24,086%, 47.661%, 91.118%. Inhibition of the tyrosinase enzyme is shown through the IC₅₀ value from methanol extract, butanol fraction and water fraction, and kojic acid as a positive control, respectively 645.438 µg/mL, 517.935 µg/mL, 669.403 μg/mL, 50.064 μg/mL. Phytochemical screening showed that the extract and fraction contained tannins, flavonoids, saponins, terpenes, and steroids. These results indicate that the butanol fraction is more potent as an anti-tyrosinase agent than the others.

Keywords: Melaleuca leucadendron L Phytochemical screening Tyrosinase



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Received: June 29th, 2022

1st Revised: August 4th, 2022

Accepted: August 14th, 2022

INTRODUCTION

The skin is the outermost part of the human body that plays a vital role in body protection. One of the functions of the skin is to protect the body from UV rays¹. Excessive ultraviolet (UV) light exposure increases the contribution of free radicals known as reactive oxygen species (ROS)². Reactive oxygen species increase pigmentation and cause oxidative stress-induced damage to the melanocytes³. Hyperpigmentation disorders are diseases in which patches of skin are darker than the normal surrounding skin, resulting from the upregulated activity of melanin synthesis, increased numbers of melanocytes, and decreased decomposition of melanosomes⁴. Hyperpigmentation conditions can also be caused by certain drugs, hormonal changes, or autoimmune conditions⁵.

The enzyme that plays an essential role in the melanin synthesis pathway is tyrosinase. Tyrosinase has the activity of tyrosine hydroxylation, oxidation of L-DOPA (3,4-dihydroxyphenylalanine), and oxidation of hydroxyindole⁶. In the process of melanogenesis, tyrosinase acts as a catalyst in two different reactions, the hydroxylation of tyrosine to L-DOPA and the oxidation of L-DOPA to dopaquinone⁷. Dopaquinone is a highly reactive compound that can spontaneously polarize to form melanin⁸.

Bleach acts as an inhibitor of melanin production and is a competitive tyrosinase inhibitor. Various tyrosinase inhibitors are found in cosmetic ingredients to prevent hyperpigmentation, including hyaluronic acid, arbutin, kojic acid, mercury, and

How to cite: Sholikha M, Wulandari A. Tyrosinase Inhibition Activity and Phytochemical Screening of Melaleuca leucadendron L. Leaves. Borneo J Pharm. 2022;5(3):202-8. doi:10.33084/bjop.v5i3.3694

hydroquinone⁹. This compound has immense whitening power despite having severe side effects such as carcinogenesis, hepatotoxicity, and dermatitis¹⁰. Hydroquinone not only inhibits tyrosinase activity and destroys melanosomes but also causes necrosis of melanocytes by modifying the membrane structure¹¹. This is the potential mechanism of action of hydroquinone as a skin-lightening agent and its toxicity mechanism. The use of this ingredient in cosmetics has been banned since 2001 because of the high risk of carcinogenesis in case of prolonged exposure to hydroquinone¹².

Several researchers prefer to identify inhibitors from natural sources due to their less toxicity and better bioavailability, especially for food, cosmetic and medicinal applications¹³. The class of flavonoid compounds that have tyrosinase inhibitory activity is quercetin from the flavonol group. Flavonoid compounds have tyrosinase inhibitor and chelating activity Cu, where the hydroxyl groups on the A and rings B inhibit the action of tyrosinase¹⁴. Besides flavonoids, other polyphenols, also known as tyrosinase inhibitors, include coumarin, stilbenes derivatives¹⁵, terpenoid derivatives¹⁶, and lignans¹⁷. In previous studies, the antioxidant activity test of *Melaleuca leucadendron* L. leaves was extracted with methanol and then fractionated with chloroform and butanol. The total phenolic that has been carried out in previous studies was 289.23 ± 5.21 μ gGAE/g in methanol extract, 107.36 ± 1.88 μ gGAE/g in chloroform extract, and 508.43 ± 2.33 μ gGAE/g in butanol extract. While the IC₃₀- obtained in the *M. leucadendron* extract as an antioxidant was 14.5 μ g/mL in methanol extract, 50.3 μ g/mL in chloroform extract, and 10.1 μ g/mL in butanol extract¹⁸. Based on previous studies, the tyrosinase inhibition test on *M. leucadendron* leaves has never been carried out. This test is necessary because a high total phenolic and a low IC₃₀ value of

antioxidants can act as anti-tyrosinase. We hope this research can contribute to developing new safe, efficient anti-tyrosinase

MATERIALS AND METHODS

agents to prevent hyperpigmentation disorders.

Materials

Melaleuca leucadendron dry leaves were collected from Balai Penelitian Tanaman Rempah dan Obat (Balitro), which has been identified at the Botanical Garden Plant Conservation Center, Lembaga Ilmu Pengetahuan Indonesia (LIPI), number of the certificate B-1222/IPH3/KS/X/2020 (Figure 1). Chemical reagents such as methanol 75%, L-DOPA (Sigma), tyrosinase (Sigma), kojic acid (Sigma), chloroform, butanol, distilled water, HCl 2 N, Dragendorff reagent, Mayer reagent, Wagner reagent, Bouchardat reagent, HCl, NaNO₂ 5%, AlCl₃ 10%, NaOH 1 N, FeCl₃ 1%, NaOH 2 N, ether, H₂SO₄, potassium dihydrogen phosphate, dimethyl sulfoxide (DMSO) (Merck), and phosphate buffer (pH 6.5). At the same time, the equipment used includes a digital analytical scale, rotary vacuum evaporator, multi-well plate reader (ELISA), multilevel fractionation device, pH meter, and incubator.



Figure 1. *Melaleuca leucadendron* leaves (a) simplicia powder of *M. leucadendron* leaves (b).

Methods

Extraction and fractination

Melaleuca leucadendron dry leaves were ground to obtain 500 g of sample powder for extraction. Methanol 75% (5 L) was used as the solvent in the maceration extraction of the samples for 3 x 24 hours. The crude methanol extracts were then dried using a rotary evaporator. Liquid-liquid fractionation was conducted using distilled water, butanol, and chloroform to the methanol extract to obtain fractions with different polarities, then dried using a rotary evaporator.

Phytochemical screening

Extracts and three fractions were carried out in a phytochemical screening test to identify alkaloids, flavonoids, tannins, saponins, steroids/triterpenoids using the classical method¹⁹.

Tyrosinase inhibitory assay

Tyrosinase inhibitory activity was evaluated based on inhibition of the sample (diluted in DMSO) to diphenolase activity. The assay was carried out using an ELISA plate well reader with tyrosinase enzyme, L-DOPA as the substrates, phosphate buffer pH 6.5, with three repetitions²⁰. Kojic acid was used as a positive control. The following **Equation 1** can calculate the percentage of tyrosinase inhibitory activity:

Inhibition (%) =
$$\left[1 - \frac{(A-C)}{(B-D)}\right] \times 100\%$$
 ... [1]

In which,

A: Absorbance of the sample

B: Absorbance of blank

C: Absorbance of sampel control

D: Absorbance of blank control

The IC₅₀ value can be calculated using a linear regression equation, sample concentration (*x*-axis), and %-inhibition (*y*-axis). From the equation $y = a \ln (x) + b$, the IC₅₀ value can be calculated using the **Equation 2**.

$$\ln IC_{50} = \frac{50 - b}{a} \qquad \dots [2]$$

RESULTS AND DISCUSSION

The yields of the extracts and their respective fractions are presented in **Table I**. The extraction method is maceration because the equipment used is simple and easy. Methanol 75% was used as a solvent because it can attract the highest phenolic compounds and has a low antioxidant IC_{50} value¹⁸. During maceration, stirring is carried out so that the pollen liquid penetrates the cell wall and enters the cell cavity containing the active substance. The difference in concentration between the solution inside and outside the cell causes a more concentrated solution to be pushed out so that the metabolite compound can be extracted entirely²¹.

Based on the results of phytochemical screening obtained on *M. leucadendron* leaves extract containing flavonoids, saponins, tannins, and steroids/triterpenoids and negative results in the alkaloid test (**Table II**). Previous research²² showed that *M. leucadendron*'s methanol fraction contains alkaloid compounds, flavonoids, saponins, tannins, steroids, and triterpenoids. The difference in results obtained is due to the use of hexane solvent when maceration. The water fraction shows negative results in the steroid/triterpenoid test; this is because terpenoids can be extracted using non-polar solvents (ether, hexane, chloroform), while in the form of glycosides (generally from triterpenes) the solubility is more remarkable in polar solvents (ethanol, methanol).

Table 1. The yield of the extract and fraction of <i>Ni. leucuaenuron</i> leaves					
Extracts/Fraction	Powder weight (g)	Extract weight (g)	Yield (%)		
Methanol	500	82.02	16.04		
Chloroform	40	12.6	31.5		
Water	40	21	52.5		
Butanol	40	6.5	16.25		

 Table I.
 The yield of the extract and fraction of *M. leucadendron* leaves

Table II. Phytochemical screening test results of M. leucadendron leaves

Test	Sample			
Test	ME	BF	CF	WF
Saponin	+	+	+	+
Alkaloid				
Mayer	-	-	-	-
Wagner	-	-	-	-
Dragendorff	-	-	-	-
Tannins	+	+	+	+
Flavonoids	+	+	+	+
Steroids-terpenoids	+	+	+	-

ME: methanol extract; BF: butanol fraction; CF: chloroform fraction; WF: water fraction

The activity of tyrosinase inhibitors is one of the parameters of skin lightening agents. The mechanism of tyrosinase inhibitors is to decrease skin pigmentation by inhibiting the catalytic of the enzyme to the pigmentation associated with melanin production in the melanogenesis pathway²³. Kojic acid is used as a positive control because it is one of the tyrosinase inhibitors used as a cosmetic ingredient. It is a skin protector from the ultraviolet sun and can whiten the skin. Kojic acid prevents the formation of melanin in human melanocytes due to the reversible inhibition of tyrosinase, but it has some side effects, such as skin irritability and instability²⁴.

The butanol fraction had the highest tyrosinase inhibition value (94.737 \pm 0.767%) at 1000 µg/mL concentration. However, kojic acid as a positive control show better inhibition at a concentration of 500 µg/mL with tyrosinase inhibition value of 91.155 \pm 0.228%. Measurement of the IC₅₀ value was carried out on methanol extract, butanol fraction, water fraction, and kojic acid, while the chloroform fraction was not carried out because of the low percentage value of inhibition at a concentration of 1000 µg/mL (**Table III**).

Sample	Concentrations (µg/mL)	Tyrosinase Inhibition (%)
Methanol extract	100	29.532 ± 0.713
	1000	55.227 ± 1.081
	10000	89.583 ± 0.110
Butanol fraction	100	29.313 ± 0.920
	1000	59.174 ± 1.299
	10000	94.737 ± 0.767
Chloroform fraction	100	21.820 ± 1.245
	1000	24.671 ± 1.245
	10000	53.765 ± 0.444
Water fraction	100	24.086 ± 1.271
	1000	47.661 ± 0.228
	10000	91.118 ± 0
Kojic acid	500	91.155 ± 0.228

Table III. Tyrosinase inhibitory of M. leucadendron leaves

Values are expressed as mean ± SD of triplicate measurements

The IC₅₀ values of tyrosinase inhibition of all samples are presented in **Table IV**. Butanol fraction had the lowest IC₅₀ value with 517.94 µg/mL. Nevertheless, kojic acid as a positive control was more potent with IC₅₀ 50.06 µg/mL. The butanol fraction is more active than other extracts and fractions, while in previous research¹⁸, the total phenolic content was reported to be more significant, 508.43±2.33 µg GAE/g extract, and the antioxidant IC₅₀ value of 4.8 µg/mL. From the research results, it can be seen that there is a correlation between total phenolic and antioxidant activity with tyrosinase activity.

Sample	Concentrations (µg/mL)	Tyrosinase inhibition (%)	IC50 (μg/mL)
Methanol extract	500	47.11±0.39	645.44
	1000	54.18±0.51	
	1500	58.38±0.53	
	2000	58.18±0.84	
	2500	59.71±0.75	
Butanol fraction	500	48.85±0.57	517.94
	1000	60.83±0.84	
	1500	69.65±0.71	
	2000	73.18±0.29	
	2500	74.37±1.03	
Water fraction	500	48.23±0.25	669.40
	1000	51.66±0.53	
	1500	59.91±0.58	
	2000	66.63±0.85	
	2500	67.99±0.54	
Kojic acid	31.25	33.23±0.41	50.06
	62.5	51.74±0.84	
	125	79.20±0.08	
	250	89.65±0.14	
	500	94.84±0.05	

Table IV. IC50 of tyrosinase inhibitory of M. leucadendron leaves

Values are expressed as mean ± SD of triplicate measurements

CONCLUSION

Inhibition of the tyrosinase enzyme is shown through the IC_{50} value from methanol extract, butanol fraction, and water fraction was 645.44 µg/mL, 517.94 µg/mL, 669.40 µg/mL, respectively. As a positive control, the IC_{50} value of kojic acid was 50.06 µg/mL. Phytochemical screening showed that the extract and fraction of *M. leucadendron* leaves contained tannins, flavonoids, saponins, terpenes, and steroids. These results indicate that the butanol fraction of *M. leucadendron* leaves is the most potent anti-tyrosinase agent compared to the others.

ACKNOWLEDGMENT

The authors are thankful to acknowledge the Ministry of Research, Technology, and Higher Education, Republic of Indonesia, for support via Research Grant (26/E1/KPT/2020).

AUTHORS' CONTRIBUTION

Munawarohthus Sholikha: conceptualization, methodology, get a grant for funding, supervised the experimental works, writing and review. **Ainun Wulandari**: contributed in the experimental works and assisted for manuscript writing.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare there is no conflict of interest.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 209 – 228 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3262 DOI: https://doi.org/10.33084/bjop.v5i3.3262 e-ISSN: 2621-4814

Research Article

Metabolite Profiling of the Environmental-Controlled Growth of Marsilea crenata Presl. and Its In Vitro and In Silico Antineuroinflammatory Properties

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Keywords: Environmental-controlled growth HMC3 microglia cells *Marsilea crenata* Presl. Neuroinflammatory Phytoestrogens

Abstract

This study was aimed to evaluate the metabolite contents and antineuroinflammatory potential of Marsilea crenata Presl. grown controlled environmental under а condition. The antineuroinflammatory test has been carried out in vitro using ethanolic extract of M. crenata leaves on HMC3 microglia cells. An in silico approach was applied to predict the active compounds of the extract. The HMC3 microglia cells were induced with IFNy to create prolonged inflammatory conditions and then treated with 96% ethanolic extract of the M. crenata leaves of 62.5, 125, and 250 µg/mL. The expression of MHC II was analyzed using the ICC method with the CLSM instrument. Metabolites of the extract were profiled using UPLC-QToF-MS/MS instrument and MassLynx 4.1 software. In silico evaluation was conducted with molecular docking on 3OLS protein using PyRx 0.8 software, and physicochemical properties of the compounds were analyzed using SwissADME webtool. The ethanolic extract of M. crenata leaves could reduce the MHC II expression in HMC3 microglia cells in all concentrations with the values 97.458, 139.574, and 82.128 AU. The result of metabolite profiling found 79 compounds in the extract. In silico evaluation showed that 19 compounds gave agonist interaction toward 3OLS, and three met all parameters of physicochemical analysis. The ethanolic extract of the environmental-controlled growth of M. crenata leaves antineuroinflammatory activity on HMC3 microglia cells. The extract was predicted to contain some phytoestrogen compounds which act as 3OLS agonists.

Received: February 8th, 2022 1st Revised: May 13th, 2022 2nd Revised: July 3rd, 2022 3rd Revised: July 27th, 2022 Accepted: July 31th, 2022 Published: August 31th, 2022



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How to cite: Ma'arif B, Muslikh FA, Amalia D, Mahardiani A, Muchlasi LA, Riwanti P, et al. Metabolite Profiling of the Environmental-Controlled Growth of Marsilea crenata Presl. and Its In Vitro and In Silico Antineuroinflammatory Properties. Borneo J Pharm. 2022;5(3):209-28. doi:10.33084/bjop.v5i3.3262

INTRODUCTION

The prevalence of postmenopausal women worldwide is gotten higher over several decades¹. This increase is closely related to a direct decline in quality of life^{2,3}. Women in the postmenopause phase will experience various disease complaints caused by estrogen deficiency conditions, one of which is a neurodegenerative disorder⁴.

Neuroinflammation is one of the leading causes of neurodegenerative disorders arising from estrogen deficiency^{5,6}. Neuroinflammation occurs due to an increase in activated microglia in the M1 polarization situation so that it can increase the expression of proinflammatory signaling factors such as major histocompatibility complex II (MHC II) and other inflammatory cytokines such as interleukin-1 (IL-1), interleukin-6 (IL-6), tumor necrosis factor- α (TNF- α), and nitric oxide (NO) in the brain^{7,8}. Increased inflammatory cytokines will reduce synapsis and plasticity functions of neuron cells and induce cell death⁹.

Celecoxib, ibuprofen, minocycline, and aspirin are some medicines used to treat neuroinflammation^{10,11}. However, those medicines appear with potential side effects in the form of gastrointestinal tract (GIT) disorders such as nausea, gastritis, abdominal pain, and digestive tract bleeding, as well as other side effects such as dizziness, hypertension, headache, and vertigo^{12,14}. These side effects encourage the need for various studies on potential new drug sources with minimal side effects, such as phytoestrogens^{15,18}. Phytoestrogens are a group of natural plant products with a structure and function similar to 17β-estradiol^{19,21}.

Marsilea crenata Presl. is one of the plants used as the typical food by the local community in East Java, Indonesia²². Ethanol 96% extract of *M. crenata* leaves been tested by radioimmunoassay (RIA) and shows a high estrogen-like substance²³. Other previous studies also have shown that this plant contains phytoestrogen group compounds, such as flavonoids, that can act as an anti-inflammatory and has other estrogenic activity for maintaining human body homeostasis²⁴⁻²⁸.

In this research, we cultivated *M. crenata* under external controlled factors to gain a standardized raw material of this plant. Cultivation was carried out in Kediri, East Java, Indonesia. This area is a lowland of 0-200 m above sea level (masl), with humidity of 60-90% and an average temperature of 23.8-30.7°C²⁹. The plant was cultivated in a greenhouse under controlled nutrition, soil, irrigation, and some environmental factors, to produce better quality and quantity of the raw material of this plant.³⁰⁻³³.

This study aimed to prove the antineuroinflammatory activity of the 96% ethanolic extract of the leaves of *M. crenata* grown under controlled environmental conditions in inhibiting HMC3 microglia cells. This inhibition was observed in the situation of M1 polarization of these cells, with a decrease of MHC II expression as an indicator. This study also aimed to predict phytoestrogen compounds that play a role in the antineuroinflammatory activity through metabolite profiling using ultraperformance liquid chromatography – quadrupole time of flight – mass spectrometry (UPLC-QToF-MS/MS) and *in silico* studies of those compounds on estrogen receptors β (ER β), which, in this case using protein 3OLS from protein data bank (PDB).

MATERIALS AND METHODS

Materials

Plant materials

The leaves of *M. crenata* were harvested from a controlled farming (greenhouse) in Kediri, East Java, Indonesia. The characteristics of the plants were two weeks old, the stem height was approximately 17 cm, the leaf width was approximately 2 cm, and the color of the leaves was dark green. The leaves were then identified at Unit Pelayanan Teknis (UPT) Materia Medika, Batu, East Java, Indonesia, with the determination key of 1a-17b-18a-1 and identification letter 074/368/102.7/2017. The specification of the cultivation area and the external factors are listed in **Table I**.

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Parameter	Value
Region	Pagu, Kediri, East Java, Indonesia
Height	Lowland, 0-200 masl
Rainfall	130-150 mm per year, with the rainy day number average for 6-15 days
Climate	Tropical with 2 seasons
Temperature	Average maximum temperature of 30.7°C
*	Average minimum temperature of 23.8°C
	Annual average temperature of 27.2°C
Humidity	60-90%
Irrigation	Ground water
Growing Media	Not submerged with water
Fertilizer	Organic fertilizer with specification:
	C Organic ≥ 15%
	C/N Ratio : 15-25
	pH:4-9
	Water Content : 8-20%
Plantation Location	Green house

Table I. Specification of location and external factors in the cultivation of M. crenata

Chemicals

Fetal bovine serum (FBS), penicillin, streptomycin, Eagle's minimum essential medium (EMEM), dimethyl sulfoxide (DMSO), tween 80, phosphate-buffered saline (PBS), paraformaldehyde (PFA), bovine serum albumin (BSA), fluorescein isothiocyanate (FITC) anti-rabbit secondary antibody were purchased from Sigma-Aldrich (St. Louis, USA). MHC II anti-rabbit secondary antibody was purchased from Abcam (Cambridge, UK). Ethanol 96%, dichloromethane, methanol, acetonitrile, and formic acid were purchased from Merck (Darmstadt, Germany).

Hardware and software

The hardware used was an A416MA-EB422TS personal computer with Intel Celeron. The software used is the operating system Windows® 10. ChemDraw Ultra 12.0 was used in drawing 2D structures. Avogadro 1.0.1 was used in structural optimization. The docking process was done with AutoDock Vina using PyRx 0.8. Visualization of docking results was performed using Biovia Discovery Studio 2016.

Methods

Extraction

About 500 g of powdered leaves of *M. crenata* were extracted with 96% ethanol using the ultrasonic method with Soltec Sonica 5300EP S3 for 3 x 10 minutes, filtered, and evaporated at 50°C using a Heidolph G3 rotary evaporator. A 25 g of the 96% ethanolic extract was obtained and subjected to further test and analysis.

Cell culture

HMC3 microglia cells (ATCC® CRL-3304TM) were cultured using complete media in 25 cm²-sized flasks which contained 10% of FBS and a mixture of 1% of penicillin-streptomycin in a ± 5 mL media EMEM. Cells in the flask were then incubated in a 5% CO₂ ThermoScientific Hera Cell 150i incubator at 37°C for a week. The cells were then placed into a 24-well microplate after the confluence was approximately 80%.

Measurement of MHC II expression

As much as 40 mg of the 96% ethanolic extract was suspended in the mixture of 0.5% DMSO and 0.5% Tween 80 to produce the mother liquor of 4,000 μ g/mL; it was then diluted in the concentration of 62.5; 125; 250 μ g/mL. About 40 μ L of genistein was added with the culture media reaching 0.8 mL to produce genistein with the concentration of 50 μ M, which was used as the positive control. Induction of IFN- γ was performed after cells were cultured on a 24-well microplate and reached 80% confluence. After induction of 10 ng IFN- γ for 24 hours, the cells were rinsed with PBS and then treated with 50 μ M genistein for 48 hours. The cells were then fixated with 4% PFA, Triton X-100, and blocking buffer, and also primary and secondary antibodies were added. They were, afterward, rinsed using PBS and visualized MHC II with CLSM (Olympus Fluoview Ver. 4.2a.) 488 nm³⁴.

Metabolite profiling

The process of metabolite profiling was conducted at Pusat Laboratorium Forensik Badan Reserse Kriminal Kepolisian Negara Republik Indonesia (Puslabfor Bareskrim Polri) by using UPLC-QToF-MS/MS instrument. 96% ethanolic extract was prepared using dichloromethane and methanol solvents through the solid phase extraction (SPE) method. After that, 5 μ L was equally injected into ACQUITY UPLC® H-Class System (Waters, USA) with the detector of MS Xevo G2-S QToF (Waters, USA). Samples were separated in the column of ACQUITY BEH C18 (1.7 μ m × 2.1 mm × 50 mm) with acetonitrile of + 0.05% of formic acid and water + 0.05% of formic acid as the mobile phase, with the flow rate of 0.2 mL/minute. The analysis result of UPLC-QToF-MS/MS was processed using MassLynx 4.1 software to get chromatogram data and m/z spectrum from each detected peak. The detected compounds were then confirmed using the online database of ChemSpider (http://www.chemspider.com), PubChem (https://pubchem.ncbi.nlm.nih.gov), and MassBank (https://massbank.eu/MassBank).

In silico study

X-ray protein from ER β was attained from the protein data bank (http://www.rcsb.org) with the PDB ID 3OLS. The antineuroinflammatory impact to be evaluated in this study is the antineuroinflammatory effect that emerges from phytoestrogens in plants, replacing the role of estrogen in the ER-dependent pathway and not through other mechanisms. ER β also has a higher amount than other receptors, is more sensitive to estrogen binding, and plays the most role in regulating nerve cell homeostasis^{35,36}.

The initial preparation was performed to separate native ligand (17 β -estradiol) from 3OLS protein using Biovia Discovery Studio Visualizer 2016 and saved in Sybyl mol2 format. Metabolite profiling compounds drawn 2D using ChemDraw Ultra 12.0 and saved in mol format. Internal validation was performed by adding 3OLS and 17-estradiol ligands and then docking them with PyRx 0.8 software. Native ligand and the result compounds of metabolite profiling were then optimized with Avogrado 1.0.1 using the MMFF94 method. Then, molecular docking was conducted using PyRx 0.8 software and converted to pdbqt format automatically. The determination of the grid box includes setting location according with grid center x = 11.1148, y = -35.813, and z = 12.1403 with dimension of 25 x 25 x 25 Å. Setting the exhaustiveness to number 8 and the work grid through Autogrid to 17-estradiol ligand completed the operation, yielding a binding affinity value and a molecular docking compound in the form of pdbqt. The result of complex visualization between receptor and ligand was observed using Biovia Discovery Studio Visualizer 2016 to see the interaction that occurred. To see the compound's potential as oral medicine, then the compounds which had the agonist interaction were processed with physicochemical analysis using the SwissADME web tool to find out the penetration capability.

RESULTS AND DISCUSSION

Measurement of MHC II expression

Figure 1 was the visualization result using the CLSM instrument, which displayed MHC II fluorescence intensity in the figure. IFNγ induction for 24 hours can activate nuclear factor kappa B (NF-κB) through toll-like receptor 4 (TLR4), which can affect cell protein synthesis, so that it can activate the microglia in M1 polarization and change its morphology into amoeboid, which cause the appearance of the inflammatory mediator, one of them is MHC II^{16,17,37,38}. IFNγ plays the role of activating the microglia and can increase MHC II molecule expression as the transcription activator. MHC II plays a role in producing the exogen antigen, activating the T helper cell through the receptor, and secreting several cytokines to manage the immune response^{39,40}. The strongest intensity was seen on the negative control, and the weakest intensity was seen on the positive control. In the negative control, treatment was not given, so it caused the HMC3 microglia cells to stay active on M1 polarization and produced high MHC II fluorescence intensity. All treatment groups showed lower MHC II fluorescence intensity compared to the negative control.





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Figure 1. MHC II fluorescence intensity on HMC3 microglia cells (**a**) negative control; (**b**) 62.5 μg/mL; (**c**) 125 μg/mL; (**d**) 250 μg/mL; and (**e**) genistein.

Furthermore, **Figure 2** shows MHC II expressions comparison in the concentration of 62.5; 125; 250 μ g/mL with negative control and positive control. In all concentrations, MHC II expression was lower compared to the negative control. The result of ANOVA test showed significant difference in MHC II expression reduction among all concentrations on negative control (p=0.000; p=0.000; and p=0.000) and on positive control (p=0.000; p=0.000; and p=0.000).



Figure 2. Expression of MHC II in 96% ethanol extract of *M. crenata* leaves. The * sign indicates a significant difference from the negative control (K-), while the ** sign indicates a significant difference from the positive control (K+).

In Figure 2, concentration increase was not accompanied by MHC II expression decrease. This probably happened because of the Non-Monotonic Dose Response (NMDR) phenomenon in HMC3 microglia cells, which was indicated by various slope values in the given concentration ranges⁴¹. NMDR often occurred in research by using hormone treatment or sample used as the hormone substitute, in this case, was phytoestrogen compound in 96% ethanol extract of the environmental controlled growth *M. crenata* leaves.

The affinity level difference between the hormone or sample that substituted the hormone and the receptor could cause difficulty in predicting the response following the increased concentration. Another factor causing NMDR was receptor downregulation and receptor desensitization; this may happen because the increasing concentration on the sample could cause the compound to bond with other receptors except for ER or make ER insensitive in bonding with the compound. However, the moment the concentration was continuously increased, it could increase the number of ER degraded and unequal to the produced ER, which caused the cell to produce ER massively and could increase the bond of the compound with ER and the activity response^{41,42}.

A 62.5 μ g/mL concentration was the optimum concentration for reducing MHC II fluorescence intensity. This was because the concentration treatment showed a significant difference from the negative control and a big fluorescence intensity difference between the negative control value and the MHC II expression value of 97.458 Arbitrary Unit (AU). Concentrations 62.5 and 250 μ g/mL were the concentrations that also could reduce MHC II expression well but did not differ from each other significantly in statistics, so 62.5 μ g/mL was chosen as the most optimum concentration because the small concentration could produce a similar effect with the concentration of 250 μ g/mL. The result showed that giving 96% ethanol extract to the controlled environmental growth of M. *crenata* leaves treatment reduced the number of MHC II, which was observed from the expression reduction.

This *in vitro* activity test was carried out to know the activity potential of a plant that was given to a cell⁴³. The result of the in vitro test showed that the 96% ethanol extract of *M. crenata* leaves had antineuroinflammatory activity, which was indicated by a significant MHC II expression decrease. Then, to predict the compound contained in 96% ethanol extract of *M. crenata* leaves, metabolite profiling was conducted⁴⁴, and to predict the compound which had antineuroinflammatory activity, *in silico* analysis was carried out⁴⁵.

Metabolite profiling

The metabolite profiling result of 96% ethanol extract of the controlled environmental growth of M. crenata leaves by using UPLC-QToF-MS/MS instrument on dichloromethane and methanol solvents in the form of total ion chromatogram (TIC)

can be seen in **Figure 3**. In contrast, the value of retention time (RT), % area, m/z, molecule formula, and the compound's name can be overviewed in **Tables II** and **III**.



Figure 3. TIC of 96% ethanol extract of *M. crenata* leaves in solvent (a) dichloromethane and (b) methanol.

No.	RT (min)	% Area	m/z	Molecular Formula and Structure	Compound Name
1	0.971	0.8040	166.0053		2-Nitro-1,2-thiazolidine 1,1-dioxide
2	1.255	1.5705	359.1417	$C_{17}H_{21}N_5O_2S/$	Methyl 2-({[4-amino-6-(1- piperidinyl)-1,3,5-triazin-2- yl]methyl}sulfanyl)benzoate
3	4.058	0.3745	238.1403	NH ₂ C ₇ H ₁₄ N ₁₀ H ₂ N	N",N""'-(5-Methyl-2,4- pyrimidinediyl)dicarbonohydrazonic diamide
4	5.554	0.0696	363.1224	$C_{13}H_{17}N_9O_2S$	2-{[1-(1-Hydroxy-2-butanyl)-1H- tetrazol-5-yl]sulfanyl}-N-(5- methyl[1,2,4]triazolo[1,5- a]pyrimidin-2-yl)acetamide
5	6.028	0.3691	224.1309	C ₁₅ H ₁₆ N ₂	6-Methyl-9,10-didehydroergoline
6	6.407	0.0311	184.1070	$C_6H_{12}N_6O$	N-{(E)-Amino[2-(1-hydrazono-2- propanylidene)hydrazino] methylene}acetamide
7	6.882	20.2706	226.1475	C ₁₅ H ₁₈ N ₂	1-(1-Naphthylmethyl) piperazine
8	8.115	0.2128	268.1938	C ₁₈ H ₂₄ N ₂ N ^{H22}	N-(4-Methyl-2-pentanyl)-N-phenyl- 1,4-benzenediamine
9	9.548	0.5447	284.0996	C ₉ H ₈ N ₁₂	5-Methyl-N-[1-(1H-1,2,4-triazol-5-yl)- 1H-tetrazol-5-yl][1,2,4]triazolo[1,5- a]pyrimidin-2-amine

Table II.	Prediction of comp	oounds in 96% ethan	ol extract of M.	. crenata leaves ir	n dichloromethane solver	nt



Table III. P	Prediction of compou	nds in 96% ethano	extract of M. crenata	leaves in methanol solvent
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No.	RT (min)	%Area	m/z	Molecular Formula and Structure	Compound Name
1	1.013	1.1178	150.0282	C ₃ H ₆ N ₂ O ₅	3,3-Dinitro-1-propanol
2	1.255	15.3535	235.1431	$HO \longrightarrow N^{*} O^{*}$ $C_{11}H_{17}N_{5}O$ $M \longrightarrow N$	4,6-Di(1-pyrrolidinyl)-1,3,5-triazin-2(5H)- one
3	1.930	0.8740	293.1473	С ₁₂ Н ₂₃ NO7	Methyl N-(3-isopropoxypropyl)-β- alaninate ethanedioate (1:1)
4	2.046	0.7608	293.1491	C ₁₃ H ₁₉ N ₅ O ₃	7-(2-Methoxyethyl)-3-methyl-8-(1- pyrrolidinyl)-3,7-dihydro-1H-purine-2,6-
					dione
5	2.109	0.3141	293.1454	C ₁₆ H ₂₃ NO ₂ S	N-Cycloheptyl-2-methoxy-4- (methylsulfanyl)benzamide
6	2.425	0.7979	267.0956		Miserotoxin
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7	2.962	1.9964	165.0790	$C_9H_{11}NO_2$	Benzocaine

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8	3.183	0.4959	327.1324	C ₁₆ H ₂₅ NO ₂ S ₂	N-[3-(Cyclohexylsulfanyl) propyl]-4- methylbenzene sulfonamide
9	3.858	0.6768	187.0639	C4H9N7S	(2-Methyl-2H-tetrazol-5-yl)methyl carbamo hydrazonothioate
10	4.016	0.0231	189.0435	$C_4H_{13}N_3OCl_2$	Girard Reagent D dihydrochloride
11	4.258	0.7756	354.0980		2,2-Dioxido-3,6,9-trioxa-2λ6-thiaundecan- 11-yl ethyl (2E)-2-butenedioate
12	4.532	0.1558	373.1070		(-)-Metanephrine glucuronide
13	4.870	0.7356	359.1002	C ₁₁ H ₂₅ N ₃ O ₄ S ₃	3-(Ethylsulfonyl)-N-methyl-N-[3- (methylamino)propyl]-4- thiomorpholinesulfonamide
14	5.133	0.0955	431.1820	$C_{21}H_{21}N_9O_2$	3,3'-(2,6-Pyridinediyl)bis(6-ethyl-7- methyl[1,2,4]triazolo [4,3-a]pyrimidin-5-ol)
15	5.354	0.4942	464.0975	$C_{23}H_{20}N_4O_3S_2$	2-{[4-Ethyl-5-(2-thienyl)-4H-1,2,4-triazol-3- yl]sulfanyl}-N-(2- methoxydibenzo[b,d]furan-3-yl)acetamide
16	5.533	0.1073	516.1268		1,3-Bis{[(2E)-3-(3,4-dihydroxy phenyl)-2- propenoyl]oxy}-4,5-dihydroxycyclohexane carboxylic acid
17	5.786	1.1176	498.1174	$C_{26}H_{26}O_6S_2$	(1S,4S)-1,4-Dihydronaphthalene-1,4- diylbis(methylene) bis(4- methylbenzenesulfonate)
18	5.944	0.1634	448.1023	C ₂₂ H ₁₆ N ₄ O ₇	N-[2-(3-Methoxyphenyl)-1,3-benzoxazol-5- yl]-4-methyl-3,5-dinitrobenzamide



28	10.781	0.0919	489.2842	C ₂₆ H ₃₉ N ₃ O ₆	Methyl 1-{[(2-methyl-2- propanyl)oxy]carbonyl}prolylphenylalany lleucinate
29	10.906	0.1012	241.2775	° / ° C ₁₆ H ₃₅ N	Cetylamine
30	11.085	0.2922	414.2036		2-{3-[(6-Acetamidohexyl) carbamoyl]-4- chloro-5-isopropyl-1H-pyrazol-1-yl}ethyl acetate
31	11.402	0.0841	508.2642	$C_{23}H_{36}N_{6}O_{7}$	Asparaginylthreonylphenylalanyllysine
32	11.497	1.2700	301.2985	C18H39NO2	Safingol
33	11.644	6.1813	414.2043	ног у со	4,4'-[1,10-Decanediylbis(oxy)] dibenzoic acid
34	11.781	0.9642	693.3952	$C_{34}H_{55}N_5O_{10}$	(2R,3S)-4-[{(2S)-1-[(2S,4S)-4-Hydroxy-2- {[(2S)-2-methyl-5-oxo-2,5-dihydro-1H- pyrrol-1-yl]carbonyl}-1-pyrrolidinyl]-3- methyl-1-oxo-2-butanyl} (methyl)amino]- 3-[(N-methyl-N-{[(2-methyl-2- propanyl)oxy] car bonyl}-L-leucyl)amino]- 4-oxo-2-butanyl oxoacetate
35	12.297	2.1360	598.4022	C ₂₅ H ₅₀ N ₁₂ O ₅	N2-Acetyl-L-arginyl-L-valyl-L-lysyl-L- argininamide
36	12.497	0.0803	700.3621	C35H52N6O7S	N-(3-Amino-3-methylbutanoyl)-O-methyl- L-tyrosyl-N-{(1R,2S)-3-cyclohexyl-1-[(5S)- 3-ethyl-2-oxo-1,3-oxazolidin-5-yl]-1- hydroxy-2-propanyl}-3-(1,3-thiazol-4-yl)- L-alaninamide
37	12.877	1.1958	531.3407		(3R,4S,6S,9R,11R,12R,13S,14R)-6- {[(2S,3R,4S,6S)-4-(Dimethylamino)-3- hydroxy-6-methyltetrahydro-2H-pyran-2- yl]oxy}-14-ethyl-4,12,13-trihydroxy- 3,9,11,13-tetramethyloxacyclotetradecane- 2,10-dione (non-p referred name)
38	12.993	1.1111	671.4090	$\sum_{44}^{3} C_{44} H_{53} N_3 O_3$	1,2,9-Triheptyl-1,2- dihydroisoquinolino[4',5',6':6,5,10]anthra[2 ,1,9-def]cinnoline-3,8,10(9H)-trione



The result of metabolite profiling showed a total of 79 compounds in dichloromethane and methanol solvents which consisted of 54 known and 25 unknown compounds. The use of the two solvents aimed at eluting the extract optimally in the column of UPLC-QToF-MS/MS²⁷. The compound peak analyzed from the result of metabolite profiling was the RT peak between 0 and 14 minutes. The RT peak above 14 minutes could not be considered because the peak was generally impure, like the peak produced from solvent or degradant. From the total of detected 79 compounds, not all peaks in TIC could be identified in the process of metabolite profiling. This was shown by the appearance of 25 unknown compounds. Unknown compounds could not be identified in the database; these compounds could be in the form of impure compounds or degradant which were still detected by the instrument or new compounds which were still not listed in the database, especially unknown compounds which had high content^{27,46}.

In silico study

The 79 compounds from metabolite profiling of 96% ethanol extract of the controlled environmental growth *M. crenata* leaves were then analyzed through molecular docking using PyRx 0.8 software and AutoDock Vina as the docking simulator. Based on the native ligand test (17 β -estradiol) using 3OLS protein, the value of RMSD 1.238 Å was retrieved, which showed that RMSD <2 Å means the docking protocol could be used in the docking process of resulting compounds from metabolite profiling using 3OLS protein^{47,48}. After that, the bond between native ligand and compound towards 3OLS protein was visualized using Biovia Discovery Visualizer 2016 software. Based on the analysis of molecular docking 17 β -estradiol result on 3OLS protein, it was found that the compound was categorized as an ER β agonist compound if it met several parameters similar to 17 β -estradiol. These parameters consisted of a pharmacophore cluster that bonded His 475 amino acid to Glu 305 amino acid or Arg 346 amino acid, which can be viewed in **Figure 4**. The type of bond to the amino acid also influences the bonds' stability. This interaction describes the binding strength of the ligand to the receptor. The

hydrogen bonds can stabilize the interaction between ligands and receptors, in addition to van der walls and electrostatic bonds⁴⁹. Besides, they also had a pharmacophore distance similar to 17β -estradiol, approximately 10.862 Å. The similarity in pharmacophore distance from pharmacophore cluster on 17β -estradiol could be used as a guideline to predict other compounds with the same pharmacological effects⁵⁰⁻⁵². The analysis using Discovery Studio Visualizer 2016 of 79 compounds resulted from metabolite profiling of 96% ethanol extract of the controlled environmental growth of *M. crenata* leaves can be seen in **Table IV**.



Figure 4. Interaction of 17β-estradiol with 3OLS protein.

Table IV.	17β-estradiol and c	compounds in 96%	ethanol extract	of M. crenata le	aves which are	agonists a	gainst ERβ
		r r r r r r r r r r r r r r r r r r r					0 r

No.	Compound Name	% Area	<i>Binding Affinity</i> (kkal/ mol)	Amino Acid (Type of Bond)	Pharmacophore Distance (Å)
-	17β-estradiol	-	-10.5	His 475	10.862
				(Hydrogen)	
				Glu 305	
				(Hydrogen)	
				Arg 346	
				(Hydrogen)	
1	Methyl 2-({[4-amino-6-(1-	1.5705	-3.8	His 475	8.596
	piperidinyl)-1,3,5-triazin-2-yl]methyl}			(Pi-Alkyl)	
	sulfanyl)benzoate			Glu 305 (Carbon)	
2	N",N""'-(5-Methyl-2,4-	0.3745	-7.1	His 475	9.521
	pyrimidinediyl)			(Unfavorable)	
	dicarbonohydrazonic diamide			Arg 346	
	-			(Unfavorable)	
				Glu 305	
				(Salt Bridge)	
3	N-{(E)-Amino[2-(1-hydrazono-2-	0.0311	-3.6	His 475	6.649
	propanylidene)			(Unfavorable)	
	hydrazino]methylene}acetamide			Glu 305	
				(Attractive	
				Charge)	
4	N-(4-Methyl-2-pentanyl)-N-phenyl-	0.2128	-7.9	His 475 (Alkyl)	10.05
	1,4-benzenediamine			Glu 305	
				(Hydrogen)	
5	7-(2-Methoxyethyl)-3-methyl-8-(1-	0.7608	-4.5	His 475	7.898
	pyrrolidinyl)-3,7-dihydro-1H-purine-			(Pi-Alkyl)	
	2,6-dione			Glu 305	
				(Hydrogen)	
6	N-Cycloheptyl-2-methoxy-4-	0.3141	-2.2	His 475	11.430
	(methylsulfanyl) benzamide			(Unfavorable)	
				Arg 346 (Sulfur)	
7	Miserotoxin	0.7979	-6.1	His 475	10.377
				(Unfavorable)	
				Glu305 (Carbon)	
				Arg 346	
				(Hydrogen)	
8	(2-Methyl-2H-tetrazol-5-yl)methyl	0.6768	-5.3	His 475	8.124
	carbamo hydrazonothioate			(Unfavorable)	
				Glu 305	
				(Carbom)	
9	2,2-Dioxido-3,6,9-trioxa-2λ6- thiaundecan-11-yl ethyl (2E)-2-	0.7756	-3.5	His 475 (Hydrogen)	10.887
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	butenedioate			Arg 346 (Hudrogen)	
10	(-)-Metanephrine glucuronide	0 1558	-2.8	His 475	10.377
10	() Metallepilline gluculoinae	0.1000	2.0	(Hydrogen)	10.077
				Glu 305	
				(Hydrogen)	
11	3-(Ethylsulfonyl)-N-methyl-N-[3-	0.7356	-5.6	His 475	8.436
	(methylamino)propyl]-4-			(Hydrogen)	
	thiomorpholinesulfonamide			Glu 305	
12	2 ([4 Ethy] 5 (2 thiony) 4H 124	0 4942	10	(Hydrogen) His 475	10.036
12	2-1[4-Eury1-5-(2-unerry1)-411-1,2,4- triazol-3-vllsulfanvl}-N_(2-	0.4942	1.9	(Unfavorable)	10.950
	methoxydibenzo[b.d]furan-3-			Glu 305	
	vl)acetamide			(Unfavorable)	
13	(1S,4S)-1,4-Dihydronaphthalene-1,4-	1.1176	4	His 475	11.179
	diylbis(methylene) bis(4-			(Hydrogen)	
	methylbenzenesulfonate)			Glu305	
				(Unfavorable)	
				Arg 346	
14	2 E Di O agatril 2 dagur E [2 (2	0.4706	20.1	(Hydrogen)	10.025
14	5,5-DI-O-acetyi-2-deoxy-5-[5-(5-	0.4796	20.1	(Hydrogen)	10.025
	vlluridine			Glu 305	
)- 1			(Unfavorable)	
15	1,5-Anhydro-2,6-bis-O-(3,4,5-	0.0409	85.6	His 475	10.019
	trihydroxybenzoyl) -1-[2,4,6-			(Pi-Sigma)	
	trihydroxy-3-(4-			Glu 305	
	hydroxybenzoyl)phenyl]hexitol			(Attractive	
17		0.0001	4 5	charge)	10.062
16	Etnyl 3-(/-butoxy-b-chloro-4-metnyl-	0.0231	-4.5	His 4/5 (Hudrogen)	10.063
	2-0x0-211-chromen-5-y1)propanoate			Glu 305 (Carbon)	
17	3.4.5-Tris-O-[(2E)-3-(3.4-	0.5161	20.4	His 475	11.026
	dihydroxyphenyl)-2-propenoyl]-D-			(Hydrogen)	
	glucaric acid			Glu 305	
	-			(Hydrogen)	
				Arg 346	
				(Hydrogen)	
18	N2-Acetyl-L-arginyl-L-valyl-L-lysyl-	2.1360	11.1	His 475	10.268
	L-argininamide			(Unfavorable)	
				(Hydrogen)	
19	N-(3-Amino-3-methylbutanovl)-O-	0.0803	26.3	His 475	12.6
	methyl-L-tyrosyl-N-{(1R,2S)-3-	0.0000	_0.0	(Unfavorable)	
	cyclohexyl-1-[(5S)-3-ethyl-2-oxo-1,3-			Glu 305	
	oxazolidin-5-yl]-1-hydroxy-2-			(Hydrogen)	
	propanyl}-3-(1,3-thiazol-4-yl)-L-				
	alaninamide				

The result of *in silico* analysis showed that 19 compounds had the agonist characteristics towards 3OLS protein, which meant that those compounds belonged to phytoestrogen. To predict the compound potential as oral medicine, ER β agonist compounds were then selected using the SwissADME web tool to identify the physicochemical properties of the compounds (The result of the SwissADME test can be seen on https://doi.org/10.5281/zenodo.6904891). The parameters used in the physicochemical analysis were molecule weight < 500 g/mol, HBD (hydrogen binding donors) < 5, HBA (hydrogen binding acceptors) < 10, TPSA < 140 Å⁵³, met Lipinski rule of five⁵⁴, and BBB permeant "yes"⁵⁵. The TPSA value showed the compounds' capability to penetrate the cell membrane, and the BBB permeant showed the compound's capability to penetrate the cell membrane, and the BBB permeant showed the compounds and medicine, which had a specific biological activity designed for oral treatment⁵³.

The analysis result of the TPSA parameter found 11 compounds that met those criteria. Based on the analysis of the Lipinski rule of five, it was found that 14 compounds met those criteria. At the same time, the analysis result of the BBB permeant parameter found that three compounds met those criteria. This indicates that these three compounds may influence the

CNS. Thus, the result of the physicochemical analysis showed that three $ER\beta$ agonist compounds met all parameters: TPSA, Lipinski rule of five, and BBB permeant, which can be seen in **Table V**.

No.	Compound name	Molecule weight (g/mol)	HBD	HBA	BBB Permeant	TPSA ≤140	Lipinski Rule of 5
1.	N-(4-Methyl-2-pentanyl)-N-phenyl-1,4- benzenediamine	268.40	1	0	Yes	29.26	Yes
2.	N-Cycloheptyl-2-methoxy-4- (methylsulfanyl)benzamide	293.42	1	2	Yes	63.63	Yes
3.	Ethyl 3-(7-butoxy-6-chloro-4-methyl-2-oxo-2H- chromen-3-yl)propanoate	366.84	0	5	Yes	65.74	Yes

Table V. Agonist compound that met all parameters of physicochemical analysis

The result of the physicochemical analysis above implied that those compounds were categorized as phytoestrogen, which was indicated by the agonist interaction with 3OLS protein and had the potential to be developed as antineuroinflammatory medicine given orally, which was shown by meeting physicochemical analysis parameters^{56,57}. The correlation of these research findings was to prove that 96% ethanol extract of the controlled environmental growth of *M. crenata* leaves had *in vitro* antineuroinflammatory activity, which was shown by a significant decrease in MHC II expression, and supported by the prediction of 19 secondary metabolite compounds as the result of metabolite profiling on 96% ethanol extract of the controlled environmental growth of *M. crenata* which had *in silico* antineuroinflammatory activity and three of those compounds had the potential to be developed as oral medicine. The correlation result showed that the use of cultivated *M. crenata* had the advantage of decreasing MHC II expression significantly and contained more active compounds because of external factors control which could affect the compound content of the plant⁵⁸.

CONCLUSION

The 96% ethanol extract of the environmental-controlled growth of *M. crenata* has an antineuroinflammatory activity through MHC II expression inhibition on HMC3 microglia cells, with an optimum concentration of $62.5 \,\mu$ g/mL and a value of 97.458 AU. This extract was predicted to contain 19 phytoestrogen compounds with agonist characteristics on ER β , and three met all parameters of physicochemical analysis, including BBB permeant.

ACKNOWLEDGMENT

None.

AUTHORS' CONTRIBUTION

All authors have an equal contribution in carrying out this study.

DATA AVAILABILITY

The result of the SwissADME test can be seen on https://doi.org/10.5281/zenodo.6904891.

CONFLICT OF INTEREST

The authors declare there is no conflict of interest in this research.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 229 – 246 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/2095 DOI: https://doi.org/10.33084/bjop.v5i3.2095 e-ISSN: 2621-4814

Review Article

Monoclonal Antibodies: A Therapeutic Option for the Treatment of Ophthalmic Diseases of the Eye Posterior Segment

Abstract				
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1st Revised: June 1st 2022				
Accented: June 19th, 2022				
Published: August 31th, 2022				

The eye is an organ that allows us to observe the outside world. Pathologies of the eye's posterior segment, such as glaucoma, macular degeneration, diabetic retinopathy, uveitis, and retinoblastoma, cause vision loss. Traditional treatments consist of applying topical medications that do not penetrate properly or using high doses that generate adverse effects. Different laser surgeries stop the pathology's progression but do not allow visual improvement. So, an alternative is to use monoclonal antibodies, proteins produced by different processes that selectively bind to metabolites associated with diseases, reducing the adverse effects of traditional treatments and improving the application of the drug in the area. The two main molecular targets are TNF (adalimumab, infliximab, and certolizumab pegol) and VEGF (bevacizumab and ranibizumab); other possibilities are under investigation.



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INTRODUCTION

The eye is the organ in charge of vision. It is a means by which the human being communicates with the outside¹. This function is performed by converting, through photoreceptors, the energy of the visible spectrum from the periphery into action potentials that the optic nerve conducts towards the cerebral cortex². On this site, it is interpreted to form an image of what is happening within the visual field³. The vision is a sense that people fear losing, being the target of various systemic and local pathologies⁴. Worldwide, about 2.2 billion people are visually impaired or blind. Of these cases, 1 billion could have been avoided or not yet treated⁵.

Different disorders (associated with the posterior segment of the human eye) lead to visual impairment and blindness. They include glaucoma, age-related macular degeneration (AMD), diabetic retinopathy, uveitis, and retinoblastoma⁶. The World Health Organization (WHO) reported that three of the nine leading causes of visual impairment were disorders associated with the posterior segment of the eye (glaucoma, AMD, and diabetic retinopathy)⁷. Related to uveitis, it is one of the five leading causes of blindness in developed countries and represents up to 10% of all cases in the United States⁸. Retinoblastoma is also relevant, being the most common ocular cancer in childhood. Around 8,000 children per year develop this disease globally⁹.

The most utilized route for pharmacological treatment is intravitreal, providing direct administration¹⁰. First-line treatments include corticosteroids, steroids, prostaglandin analogs, beta-blockers, diuretics, cholinergic agonists, and alpha agonists.

How to cite: Ayón C, Castán D, Mora A, Naranjo D, Obando F, Mora JJ. Monoclonal Antibodies: A Therapeutic Option for the Treatment of Ophthalmic Diseases of the Eye Posterior Segment. Borneo J Pharm. 2022;5(3):229-46. doi:10.33084/bjop.v5i3.2095

However, its pharmacokinetics is complicated. There is no uniformity because of variations in the vitreous, such as viscosity or loss of collagen fibril links^{11,12}. Therefore, it has been decided to employ new therapeutic options such as monoclonal antibodies based on the comprehension of the molecular biology of these ocular diseases¹³. An example is the vascular endothelial growth factor (VEGF), related to AMD¹⁴.

The Food and Drug Administration (FDA) approved the first monoclonal antibody in 1986. Since then, the most widely utilized therapeutic proteins are immunoglobulins G (IgGs). These products primarily work by blocking target receptors or ligands and reducing the activity of specific pathways involved in various ophthalmological diseases' pathogenesis, making them a crucial therapeutic alternative in severe eye conditions^{15,16}. Given the tremendous progress in recent years, this work's objective was to check information about monoclonal antibody treatments for the most recurrent ophthalmic pathologies in the eye's posterior segment.

ANATOMIC OVERVIEW OF THE EYE

An image of the eye's anatomy is shown in **Figure 1**. The eyeball occupies approximately one-third of the orbit volume, while the other two-thirds are fat, muscles, nerves, and vasculature¹⁷. The organ can be divided into two segments: anterior and posterior. The former comprises cornea, conjunctiva, aqueous humor, iris, ciliary body, and crystalline lens. Together they represent one-third of the eye. The remaining two-thirds (posterior segment) include the sclera, choroid, Bruch's membrane, retinal pigment epithelium, neural retina, and vitreous humor¹⁸.



Figure 1. Section of an eyeball with its anatomical sites. (1) cornea; (2) anterior chamber; (3) crystalline lens; (4) iris; (5) optic nerve; (6) retina; (7) choroid; (8) sclera; (9) vitreous humor.

When making a lateral eyeball cut, three main layers are distinguished: a fibrous outer, a vascular/muscular medium, and a neural inner. The fibrous outer layer is what surrounds the organ and protects it. It includes the cornea (positioned in the anterior fraction) and the sclera (it extends back to the optic nerve). Both are formed of collagen and elastin. Their difference is the structural organization of the collagen fibers. They are arranged in very regular laminae in the cornea, allowing light rays to pass through without interference. In the sclera, they appear interwoven and extend in all directions¹⁹. The cornea is thin, convex, transparent, smooth, avascular, and highly innervated. Therefore, it is the most sensitive tissue in the body directly exposed to the external environment, constituting 20% of the outer layer. The sclera, commonly known as the eye's white, is a hard, avascular muscle with elastic tissue²⁰.

The middle or uveal layer comprises three pigmented tissue structures: choroid, ciliary body, and iris. They have a nutritional function. In the anterior part is the iris, in the form of a muscular ring. Longitudinal muscle fibers allow the pupil

to dilate when they contract at the edge. In an intermediate position is the ciliary body (formed by the ciliary muscle), in charge of adjusting the shape of the lens and by the ciliary processes, whose function is to produce aqueous humor²¹. Finally, posteriorly and in contact with the retina, the choroid is located. It has a vascular arrangement, which supplies oxygen and nutrients to the outer and inner layers²².

As a complement, the inner or neural layer is the retina. It has photoreceptors (rods and cones), which detect light impulses from the environment. In addition, there are first- and second-order neurons (ganglion cells) and neuroglial elements in command of transmitting impulses to the visual cortex. On the outside is the pigment epithelium. It consists of a single layer of cells with adjacent nuclei joined together by tight junctions. Together, they form the retinal blood barrier²³.

Inside the eyeball are two fluid media: the aqueous humor and the vitreous body, separated by the crystalline lens and the suspensory ligament²⁴. Aqueous humor is a clear liquid secreted by the ciliary epithelium. It helps form the eye's anterior and posterior chambers as a blood substitute for the lens and cornea. This element provides nutrition, eliminates excretory products of metabolism, transports neurotransmitters, stabilizes the ocular structure, and contributes to these ocular tissues' homeostasis regulation. Its main components are carbohydrates, glutathione, urea, proteins, oxygen, carbon dioxide, water, and inorganic ions²⁵.

For its part, the vitreous humor is a transparent gel that provides structural support. It occupies the eye's posterior segment, between the lens and the retina, and consists of 99% water. The remaining 1% is a mixture of collagen fibers, hyaluronic acid, hyalocytes, inorganic salts, lipids, and proteins (albumin being the main one, with 60 to 70% of the total protein concentration)²⁶.

DISEASES THAT COMMONLY AFFECT THE POSTERIOR SEGMENT OF THE EYE

The pathologies associated with this anatomical region are very diverse. Some are specific to each component or may be related to a secondary condition. The most relevant ones are detailed below:

Uveitis

It refers to inflammation of the uveal tract. It can also produce inflammation of adjacent tissues (cornea, sclera, retina, and even optic nerve)²⁷. About 5 to 10% of cases appear in children. Around 30% are associated with juvenile idiopathic arthritis²⁸. Furthermore, it has been linked to other autoimmune diseases such as Behcet's syndrome and sarcoidosis²⁹. Common symptoms are blurred or distorted vision, pain, photophobia, floaters, photopsia, blind spots, and haloes. Cataracts, macular edema, epiretinal membrane, and glaucoma are common complications. Other signs include ciliary flush, corneal or scleral thinning, keratic precipitates, and anterior or posterior synechiae. Some chronic forms are asymptomatic)³⁰.

Most non-infectious uveitis is mediated by helper T lymphocytes (CD4+) through a T helper 1 (Th1) phenotype. Th1 cells induce cytotoxic cells and inflammatory reactions mediated by interleukin-2 (IL-2), interferon-gamma (INF-γ), and tumor necrosis factor-alpha (TNF-α). The primary function of IL-2 is the proliferation and activation of B and T cells³¹. Understanding the ocular inflammation pathology is limited, and most cases are indistinct (inflammatory, infectious, traumatic, genetic, neoplastic, ischemic, or drug-induced mechanisms). There is a transposition between them because there is not likely a single reason³².

Retinoblastoma

It is a tumor located in the nuclear layer of the primary retinal photoreceptor cells. The disease originates from an alteration on chromosome 13, specifically in the q14 band. For its initiation, mutations of both alleles are necessary, usually called Knudson's "two-hit" hypothesis³³.

This malignant neoplasm is the most common in childhood, being equivalent to 10 to 15% of cancer cases that occur in oneyear-old children) and 2.5 to 4% of all pediatric cancers. It develops very quickly and metastasizes if it is not treated. A good prognosis occurs with an early diagnosis. Otherwise, the retina is destroyed within a few weeks, and the tumor spreads within the eye³⁴.

It should be noted that retinoblastoma was first cancer for which it was demonstrated that genetic factors influence its development, with two clinical forms. The bilateral or multifocal hereditary form occurs in 25% of events. The mean onset age is nine months earlier than in unilateral situations³⁵. Germline mutations of the RB129 gene are observed. This gene is a tumor suppressor, transmitted with recessive autonomic inheritance. It encodes the Rb protein in the cell nucleus and regulates the cell cycle³⁶. The mutation can be inherited from an affected person (25%) or be a new germline one (75%). Additionally, trilateral retinoblastoma corresponds to bilateral retinoblastoma association with a primary intracranial tumor (less than 10% of cases)³⁵.

The unilateral or unifocal form is equivalent to 75% of events³⁴. The average onset age is 2 to 3 years. Usually, the illness does not develop in the other eye. Metachronous retinoblastoma occurs when a new lesion in the contralateral eye appears more than 30 days after the unilateral retinoblastoma diagnosis. This situation occurs only in 1.5 to 3% of the case³⁵. It is usually discovered in two-year-old kids. Still, it can be detected from birth. The first symptoms occur in the first year of life but sometimes can be asymptomatic for a period. In the non-hereditary form, neoplastic changes can occur for up to 5 years³³. Mostly, leukocoria is seen in children under two years. It can be noticed after a flash photo. Another common sign is strabismus (related to macular involvement). Moreover, advanced intraocular tumors can become painful due to secondary glaucoma. Common symptoms are redness, tenderness, pain in the eyeball, choroidal inflammation of the eye, and bleeding into the ocular chamber³⁷.

Diabetic retinopathy

It damages the retina microvasculature, a common diabetes complication derived from its increased duration and chronic hyperglycemia³⁸. The disease is one of the leading causes of visual impairment, affecting around 4.2 million people worldwide³⁹. As the diabetes duration augments, chronic hyperglycemia damages the retina's blood vessels, and the pericytes are lost. Consequently, involution in the microcirculation occurs. Besides, loss of regular capillary exchange and leakage of endovascular products are facilitated. The disease progresses from the nonproliferative type to the proliferative one. The first condition is aneurysms, hemorrhages, and exudation in the retinal circulation. The other implies ocular neovascularization in the iris, retina, or optic nerve⁴⁰.

This retinopathy generally does not originate symptoms significantly if only one eye is affected. The internal mechanism includes producing advanced glycated end products, creating a pro-inflammatory microenvironment, and inducing oxidative stress. Visual acuity is gradually lost because of preretinal or intraretinal hemorrhages, diabetic macular edema, and retinal detachment⁴¹.

AMD

It is an acquired disease of the retina. It produces progressive loss of central vision through non-vascular (drusen and atrophy) and neovascular (choroidal neovascular membranes) disorders⁴². Disease evolution presents diverse stages. The early is characterized by extracellular material deposit between the retinal pigment epithelium (RPE) and Bruch's membrane (outer layer close to the choriocapillaris), allowing the passage of nutrients towards the retina while acting as a barrier) known as drusen⁴³. The drusen are medium size (63 to 125 µm) at this stage. Another feature is the pigmentary changes of the retina (hyper or hypopigmentation) in the macular region. There is a slight central distortion and a reduced ability to read in low light. The stage is often asymptomatic⁴⁴.

In the intermediate one, the drusen size exceeds 125 μ m in diameter (large), and there is a greater risk of progressing to the late stage⁴³. In this phase, a severe and permanent visual impairment and legal blindness occur (visual acuity of 20/200 or worse)⁴⁴. It is characterized by neovascular or atrophic AMD signs. The manifestations can coexist in the same eye or one in each organ⁴³.

The late stage progresses faster in the neovascular form (weeks or months) than the atrophic one (years or decades). The first symptoms may be a distorted vision when reading, driving, or watching television and difficulty recognizing faces. If only one eye is affected, the pathology may be asymptomatic until it progresses to the other⁴⁴.

Age is a risk factor. Most late cases occur in people over 60 years old. Also, non-genetic and environmental factors involve smoking and diet. The former is the most substantial modifiable risk factor, generating twice the possibility of developing the late disease. In 2017, 52 common and rare variants were identified at 34 genetic loci independently associated with late AMD⁴⁴.

Glaucoma

It is a group of eye disorders associated with damage to the retinal ganglion cells (RGCs) and optic nerve degeneration. Changes in the optic disc and progressive visual field loss are observed⁴⁵. It is the most frequent cause of irreversible blindness worldwide⁴⁶. Primary open-angle glaucoma (POAG) and primary angle-closure glaucoma (PACG) are common. The angle is the junction between the iris and the cornea, where the trabecular meshwork drains the aqueous humor from the anterior chamber⁴⁷.

The angle remains open in the POAG as the iris tissue unblocks the trabecular meshwork. Intraocular pressure is transmitted to the RCCs axons at the optic nerve as mechanical stress, causing cell death. Nevertheless, about 50% of cases have normal intraocular pressure when diagnosed. After losing 30% of the RGCs, visual field damage is seen in perimetric tests⁴⁷.

PACG implies that the peripheral iris obstructs the exit of aqueous humor, leading to intraocular pressure increase and optic nerve damage. Shorten eyes with a shallower anterior chamber are at higher risk. The disease can have a subacute or acute (after a sudden increase in intraocular pressure) or chronic (insidious and mostly asymptomatic) development⁴⁷.

Most patients are previously diagnosed with a chronic disease of both types and are unaware of any visual field loss. When left untreated, chronic, progressive, and irreversible loss occurs, moving to tunnel vision and the central one. Patients remain asymptomatic even as the disease progresses because the gradual loss is peripheral and asymmetric. This development generates compensation given by the other eye⁴⁷.

The main risk factor is increased intraocular pressure (greater than 21 mmHg), frequently observed in POAG. Vascular factors, oxidative stress, and elevated glutamate or nitric oxide levels are also considered. Furthermore, there is an immunologic component involved⁴⁵. Other risk factors include advanced age, ethnic origin, positive family history of glaucoma, disease stage, high myopia, and thin central cornea⁴⁶.

PRINCIPAL CHARACTERISTICS OF MONOCLONAL ANTIBODIES

Its discovery began at the end of the 19th century from studies seeking defense mechanisms against microbial agents. These investigations found that serum produces substances capable of antagonizing different toxins⁴⁸. Antitoxin is generated by blood cells, producing side chains that react against toxins specifically, like a key with its lock⁴⁹. Subsequently, the term toxin was replaced by antigen and antitoxins by antibodies. These molecules come from B lymphocytes. Each one has its specificity, given by mutations in B cells' maturation⁵⁰.

Structure and isotypes

As shown in **Figure 2**, antibodies are made up of two light chains and two heavy ones, identical to each other and linked by disulfide bridges. Together, they form two binding sites for the antigen. Additionally, they have an amino-terminal end (binds and recognizes the antigen) and a carboxyl-terminal end (effector function). Both chains have variable and constant portions. The variable fragment provides the antibody specificity, and the constant determines the class and the isotype. The five classes are IgA, IgD, IgE, IgG, and IgM⁵⁰.

The light chains have two domains (each with 110 amino acids) with beta sheets, one in the variable portion and the other in the constant fragment. Heavy chains have one domain in the variable portion and three or four in the constant one,

depending on the Ig class. Between the domains of the constant portion is a hinge region, which generates flexibility and a better adaptive coupling. This area gives the antibody a Y shape⁵⁰.

The variable regions of the heavy and light chains generate the antigen-binding site. It consists of three hypervariable segments of 10 amino acids that produce space on the antibodies' surface and interact with antigens⁵⁰. This part, and the constant region of the light chain and the heavy chain's first constant domain, are known as the antigen-binding fragment (Fab). The heavy chain's last two domains are the crystallizable fragment (Fc)⁵¹. This section has the immunological capacity, mainly cytotoxic functions. Therefore, it mediates antibody-dependent cellular cytotoxicity (ADCC), antibody-dependent cellular phagocytosis (ADCP), and complement-dependent cytotoxicity (CDC)^{52,53}.



Figure 2. Structure of an antibody. The constant region of the heavy chain is shown in gray and that of the light in white. The dark gray portions are the variable regions of both chains.

Types of monoclonal antibodies

In 1975, monoclonal antibodies were discovered by Köhler and Milstein⁴⁸. For its development, mouse myeloma cell lines and spleen cells of an immunized mouse were used to fuse the heavy and light chains of antibodies from both cell types, creating hybrid molecules capable of expressing both parents' characteristics and new ones. It resulted from the DNA translocation and the ordering during their transcription. Thus, antibodies were generated toward a specific antigen. This technique is called a hybridoma^{54,55}.

The procedure combines B lymphocytes from an immunized animal spleen with immortalized myeloma cells that cannot produce the enzyme hypoxanthine-guanine-phosphoribosyltransferase (HGPRT), which allows nucleotide production. Their mixture (those of the hybridoma and those that did not fuse) is cultivated in a culture media with aminopterin, inhibiting de novo nucleotide production. Because myeloma cells have a blocked nucleotide production pathway, they will not be viable. In contrast, B lymphocytes can produce them even if this pathway is useless, thus selecting hybridomas⁵⁵.

Monoclonal antibodies have a specific target and are produced from a single cellular clone⁵¹. They are generated to restore, imitate, or improve the immune system's attack by binding to antigens found in the body cells⁵⁶. The first ones were made from murine proteins (they are identified with the -omab suffix). However, they generated many allergic reactions and antibodies against the drug. Furthermore, they showed weak binding to the Fc region in humans and were unsuitable for promoting ADCC and CDC. Therefore, other antibodies were developed^{53,57,58}:

1. Chimeric monoclonal antibodies: chimerization is a technique related to these proteins where the murine variable region (antigen-binding), but they have the constant portions of human heavy and light chains, obtaining 65% human antibodies. They are on the market with the -ximab suffix.

- 2. Humanized monoclonal antibodies: are generated from a human antibody framework and the murine hypervariable region (approximately 95% human). Its suffix is -zumab.
- 3. Fully human antibodies: these molecules were created by animals carrying human immunoglobulin genes. These drugs are less antigenic than the others and have the -umab.

As a result of the immunogenicity decrease, the antibodies' half-life progressively increases, with entirely human ones having the most extended values⁵⁹.

The advancement for the humanization of monoclonal antibodies has been linked to various techniques. One was the creation of phage display libraries from hybridoma technology. The procedure generates clones that encode the Fab region of B lymphocytes in bacteriophage plasmid vectors. Then, the bacteria express genes from a viral capsid. The library obtained can generate new antibodies *in vitro*. Similarly, more antigens can be tested by presenting the ability to engineer and manipulate genes and quickly obtain antibodies. As a complement, the molecules are more stable since the phages can withstand adverse conditions, including temperature, pH, and others⁵⁹.

There are various antibody libraries: immune, naive, semi-synthetic, and synthetic. Immune libraries are made from IgG mRNA from infected or recovered people. They consist of specific antibodies and can be used as direct therapy or diagnosis, generally infectious agents such as viruses. Naive, "single-pot," or universal libraries are made from IgM mRNA of B cells from non-immunized healthy people and are employed to obtain antigen binders, regardless of the person's condition. The last two consists of synthetic or semi-synthetic sequences and are utilized to select antibodies against autoantibodies⁵⁹. They can be highly defined, and natural antibodies are not required⁶⁰.

Other methods are antigen-specific single B cell sorting strategies and B cell culturing methods. Techniques with B lymphocytes present a significant impediment since they require sophisticated instrumentation and great personnel experience⁵⁹. For its part, transgenic mice generate antibodies from the hybridoma technique. Endogenous Ig genes are silenced in rodents, and portions of human heavy and light chain genes are inserted, yielding human antibodies. These humanized mice are immunized against the antigen of interest. Later, the B cells with specificity for this antigen are isolated, generating the desired proteins⁶¹⁻⁶³.

INDUSTRIAL PRODUCTION

Cells suitable for the process must secrete the desired membrane protein for production. Mammalian cells can produce complex molecules and patterns compatible with the human immune system. Some are Chinese hamster ovary (CHO), human embryonic kidney (HEK293), mouse myeloma (NS0), and transformed human embryo retina (PER.C6) cells. These cell lines have been modified to express a specific membrane protein through transient transfection of expression vectors or stable integration of a transgene. Therefore, they can produce humanized and chimeric antibodies in large quantities. Other cells come from genetically modified plants, insects, and microorganisms. The latter offer ease of handling and modification and reproducible production⁶⁴⁻⁶⁶.

Regarding the culture media, they should be free of any animal component. Its conditions are already established. Typically, when the temperature and pH decrease to lower values than usual, the compound's production increases. Additionally, the CHO cell line generated antibodies glycosylation by the presence of n-acetylglucosaminyltransferase III in the cell. Without this enzyme, they will have a lower ADCC⁶⁷. Furthermore, glycosylation can affect antibody stability, receptor binding, effector functions, clearance, and half-life⁶⁸.

The current processes for monoclonal antibody production are upstream cell culture and downstream purification. These procedures are not the same for all since they have various properties. However, there is a general method to perform its production. Upstream cell culture refers to the rapid growth and high-specific-productivity manufacture of cell cultures with determined media. Thus, effective expression systems must be defined, and markers within the cell line development vectors must be previously determined. They are genes that encode dihydroxy folate reductase and glutamine synthetase, using promoters that enhance cell messenger RNA (mRNA) transcription⁶⁴.

The selection of cell lines with high specific productivity can be made by fluorescence-activated cell sorting, choosing those that produce the highest antibody levels. For its large-scale production (upstream cell culture), a bioreactor with controlled dissolved oxygen, pH, and temperature conditions must be employed⁶⁴. The types comprise stirred tanks, airlifts, hollow fiber bioreactors, and rotatory cell culture systems. The usually chosen for antibody production is the stirred tank bioreactor⁶⁹.

One way to accomplish production is by fed-batch mode. There are two methods. First, a near-optimal basal media is added, and its concentration is maintained by putting concentrated nutrients as cell growth occurs. The second way is to incorporate concentrated nutrients into the complete media with or without standard amino acids, glucose, and glutamine, increasing antibody production at the beginning. This fed-batch technique allows the product concentration to augment and has given the best manufacture and yield results. Still, other strategies are perfusion and fed-perfusion culture^{64,69}.

Perfusion feeding involves retaining cells in a culture vessel while the spent culture medium is removed and an equal volume of fresh one is incorporated. As only the media is renewed, dead cells accumulate, and toxic metabolites are released. Then, a small stream containing cells is removed. In contrast, fed-perfusion culture involves replenishing depleted components and keeping nutrients constant, minimizing the toxic metabolite generation⁶⁹.

For the second part, the downstream purification is based on a filtration sequence of the bioreactor harvest through various chromatographic columns. This process depends on the components' physicochemical properties, so that the chromatography type may differ⁷⁰. Filtration is usually done through a series of depth filters or by centrifuging the bioreactor harvest. The first step is capture chromatography, where the impurities binding is generated with their subsequent elution, increasing the product safety⁷¹.

The column's stationary phase is protein A, for which the antibody exhibits affinity and interacts with the column. Cellular proteins, DNA, and other impurities pass through it. The pure antibody is obtained by its Fc region affinity with the protein A ligand at low pH^{64,71,72}. This protein A comes from *Staphylococcus aureus*, which is highly immunogenic⁷³. The process is precise. After performing the chromatography, the sample is further purified, and impurities are removed. Then, viral elimination and inactivation must be ensured by filtration. Finally, ultrafiltration/diafiltration is executed to reduce the volume⁶⁴.

Other proteins such as G and L can be considered in the stationary phase, depending on the type of antibody purified, the matrices employed, and the available culture supernatant. G is derived from *Streptococcus sp*, and L comes from *Peptostreptococcus magnus*⁷³.

The possibility of purification without a protein related to them should be noted because it dramatically increases production costs. They are more complicated techniques based on small-molecule ligands with similar selectivity to protein A^{64,70}. They are presented as resins. Its ability to bind with the antibody depends on its density and concentration in the load material — moreover, some work by its ionic strength⁷⁴.

One consideration is the microheterogeneity of these molecules, which produces structural variations, affecting their biological activity and presenting more adverse effects. They could be generated by post-translational modifications during production or by physicochemical modifications during the purification, formulation, or storage process. Therefore, quality control is focused on verifying its physicochemical properties throughout the production process. Some tests to ensure drug quality are capillary electrophoresis, liquid chromatography techniques (size exclusion, ion exchange, reversed-phase), polyacrylamide-gel electrophoresis, capillary zone electrophoresis, and capillary isoelectric focusing. These methods allow the determination of the size and charge variants and antibody glycosylation through the procedure⁷⁵.

Its administration in the eye can be done by direct intravitreal, subconjunctival, or systemic intravenous injections. Each has its advantages and limitations. The intravitreal option is the most used with the most significant number of studies. This pathway reduces pro-inflammatory agents and retinal edema, preserves the retinal structure, and prevents ganglion cell neuronal death⁷⁶.

APPLICATIONS

Ophthalmic monoclonal antibody offers many advantages over traditional treatments due to a considerable reduction in side effects and a better therapeutic response. The main molecular targets are TNF and VEGF, whose three-dimensional structure and main features appear in **Table I**. Likewise, intravitreal products against these molecular targets offer better safety and efficacy in treating the previously described diseases⁷⁷. In the first place, commercialized monoclonal antibodies, whose molecular target is TNF, will be discussed. Then, those active principles made against VEGF will be addressed. Finally, these diseases' products in different development phases will be mentioned.





Note: images were taken from the Protein Data Bank (https://www.rcsb.org)

TNF

In the case of autoimmune ocular inflammation, TNF- α is the central molecule to consider. The target receptors are TNFR-1 or p55 (involved in pro-apoptotic and inflammatory signals) and TNFR-2 or p75 (participated in cell growth and proliferation)⁸³. The ophthalmic drugs used against this target are adalimumab, infliximab, certolizumab pegol, and golimumab. They are utilized for the treatment of uveitis.

Adalimumab

It is a fully human IgG1 monoclonal antibody. It interacts with TNF and prevents its binding to the p55 and p75 receptors^{83,84}. This drug showed a lower risk of failure than a placebo in clinical studies. Furthermore, it controlled many uveitis aspects without glucocorticoid support. Nonetheless, the vitreous haze was the primary cause of failure in the placebo group compared to those receiving adalimumab. Likewise, chorioretinal lesions were more frequent in patients receiving a placebo concerning the management of said antibody⁸⁵.

Infliximab

Chimeric IgG1 antibody that has two murine antigen-binding sites. It neutralizes the biological activity of TNF. Therefore, the drug has been used to treat non-infectious uveitis^{84,86,87}. A single intravitreal dose of infliximab (15 µg/eye) or control vehicle was applied in a preclinical investigation, and the samples were analyzed with flow cytometry. In mice who received the monoclonal antibody, a significantly reduced CD45+ infiltrate was seen on day 14, showing a decrease in CD4+ lymphocytes. In contrast, the control group presented in the same period the typical symptoms of the disease (vasculitis and choroidal lesions)⁸⁸.

Later, a clinical study with 72 patients demonstrated efficacy since 81.8 % showed clinical remission. However, 58.3 % of these patients required additional therapy with immunomodulators. The most common adverse effects were skin rash and fatigue⁸⁶.

Certolizumab pegol

Certolizumab is a humanized monoclonal antibody⁸⁹. It does not have the Fc portion, impeding to induce of CDC, ADCC, apoptosis, or granulocyte degranulation. In addition, it has a Fab fragment conjugated to polyethylene glycol (PEG) to enhance plasma half-life⁹⁰. The latter showed efficacy in a clinical study with 21 patients receiving either golimumab or certolizumab pegol⁹¹. Meanwhile, some case reports show good outcomes as a therapy against refractory, non-infectious uveitis⁹⁰.

VEGF

Drugs against this target have emerged as a tool widely utilized in intravitreal therapy in recent years. This alternative offers excellent safety, although there may be systemic absorption⁹². The main medications administered through the ophthalmic route are listed below.

Bevacizumab

It is a humanized IgG1 antibody. The concentrations required for its adequate pharmacological effect are deficient (around 1800 pM). Its intravitreal employment is considered for diabetic retinopathy and AMD^{80,93}. It can cross ocular barriers and generates an inhibitory effect of VEGF in plasma (systemic effects cannot be ruled out)⁹⁴.

Preclinical studies have shown that VEGF neutralization with bevacizumab could inhibit the differentiation of retinoblastoma cells by blocking the extracellular pathway regulated by kinases. Also, it affects cell growth and differentiation *in vitro*. Although this therapeutic strategy may play a role in its clinical management, further studies and tests are required to optimize therapy for patients with this illness⁹⁵. Moreover, safety and improved disease progress were demonstrated in a clinical trial in which 26 eyes with neovascular glaucoma were treated using intravitreal bevacizumab. The average intraocular pressure passes from 39.79 mmHg to 16.51 mmHg one week after injection⁹⁶.

Ranibizumab

It is a humanized monoclonal antibody that only has its variable fraction. This structure is endowed with activity against VEGF, binding to the active form of VEGF-A. The constant fraction absence in its structure implies the impossibility of binding to the neonatal Fc receptor and the lack of blood transport. Consequently, its systemic bioavailability is nil after intravitreal administration, avoiding effects on other human body's anatomical sites. The formulation is prepared for intraocular administration, avoiding problems derived from handling^{94,97}.

In a clinical study of 54% patients with neovascular AMD who were given bevacizumab or ranibizumab intravitreally, they gained an average of 15 letters in visual acuity, and no statistically significant difference in efficacy was shown. The most frequent adverse effects were increased intraocular pressure and ocular inflammation⁹⁸. Both antibodies showed similar efficacy in other clinical investigations, although bevacizumab reported a higher proportion of adverse effects, as it has a much longer half-life (20 versus 0.5 days). Nevertheless, bevacizumab is applied more widely for its lower cost⁹⁷.

OTHER MONOCLONAL ANTIBODIES UNDER CLINICAL TRIALS

In addition to those mentioned above, there are currently commercialized products to treat other pathologies. Their clinical studies are being performed for the ophthalmic diseases of the posterior segment of the eye.

Golimumab

The fully human monoclonal antibody of the IgG1 type selectively binds to TNF. It is approved for rheumatoid arthritis, ankylosing spondylitis, and Crohn's disease⁸⁴. It is currently in phase II clinical studies to treat refractory Behcet's uveitis⁹⁹.

Brolucizumab

Humanized, single-chain fragment antibody that targets VEGF-A. It was approved in 2019 for the treatment of AMD. It has presented efficacy similar to aflibercept in preclinical studies and with fewer adverse effects^{100,101}. The data obtained shows a higher affinity than other VEGF-A antagonists with scarce side effects, making it an excellent option to manage AMD and diabetic retinopathy. The most common adverse effects in clinical trials were conjunctival hemorrhage, eye pain, and hyperemia, which were mild in intensity and resolved within a few days without treatment¹⁰¹. It is currently in phase III clinical investigations to treat diabetic retinopathy and AMD¹⁰².

THERAPEUTIC TARGETS UNDER CLINICAL INVESTIGATION

Tocilizumab

It is a humanized monoclonal antibody of the IgG1 type acting as an antagonist of the IL-6 receptor. It is widely utilized in rheumatic diseases such as juvenile idiopathic arthritis¹⁰³. In a clinical study with 11 patients who presented refractory uveitis associated with Behcet's disease, the antibody treatment combined with traditional immunosuppressants significantly improved compared to the group that only received therapy with traditional immunosuppressants¹⁰⁴. Phase II clinical studies have been done¹⁰⁵.

Ustekinumab

It is an IgG1 human monoclonal antibody that binds to the p40 subunit of IL-12 and 23. It is employed to treat Crohn's disease¹⁰⁶. In studies made in humans, increased levels of IL-23 have been detected compared to control patients, doing it a relevant therapeutic target. Therefore, phase II clinical investigations are being done for uveitis treatment¹⁰⁷.

Faricimab

It is the first bispecific monoclonal antibody designed for intravitreal use, binding VEGF and angiopoietin-2¹⁰⁸. Its good safety profile was established in phase I clinical studies, and no toxic effects were observed up to the highest dose (6 mg). Besides, all the parameters to define visual acuity improved significantly in most patients¹⁰⁹. Also, in phase II clinical investigation, the efficacy of ranibizumab was compared with faricimab. The latter demonstrated greater efficacy and better gain in visual acuity¹¹⁰. Phase III clinical studies are in progress¹¹¹.

CONCLUSION

Monoclonal antibodies have been developed to treat disorders associated with the eye's posterior segment by blocking TNF (adalimumab, infliximab, and certolizumab pegol) and VEGF (bevacizumab and ranibizumab). Other options with different targets are studied through clinical trials, like golimumab, brolucizumab, tocilizumab, ustekinumab, and faricimab. Therefore, it is expected that more research will be done in the next future to find novel molecules for the treatment of these diseases.

ACKNOWLEDGMENT

None.

AUTHORS' CONTRIBUTION

All authors have an equal contribution in carrying out this study.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare there is no conflict of interest in this research.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 247 – 254 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3293 DOI: https://doi.org/10.33084/bjop.v5i3.3293 e-ISSN: 2621-4814

Research Article

Antibiotics Susceptibility Profile of Gram-Positive Bacteria from Primary Health Centers in Jega, Kebbi State

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Keywords: Antibiotics susceptibility Bacteria HCAI McFarland standard

Abstract

Nosocomial or healthcare-associated infection (HCAI) is an infection acquired during receiving health care that was not present during admission. The research aimed to determine the antibiotic susceptibility pattern of gram-positive bacteria isolated from Primary Health Centers in Jega Town. A total of fifty (50) swab samples were collected from 10 different health centers and analyzed using the streak plate technique. Pure bacterial isolates were maintained and characterized using biochemical tests; their percentage of occurrence show; Staphylococcus aureus 18 (43.9%), Enterococcus feacalis 8 (19.5%), Streptococcus spp 8 (19.5%), Bacillus cereus 4 (9.8%), and Staphylococcus epidermidis 3 (7.3%). McFarland standard solution was prepared and used to control inoculants, after which the antibiotic susceptibility pattern of the isolates was determined using the disc diffusion method. Staphylococcus epidermidis was resistant to Gentamycin, and other isolates were multi-drug resistant. In light of this research, there is a need for thorough disinfection and conscientious contact control procedures to minimize the spread of these pathogens in health centers where interaction between patients, HCWs, and caregivers is widespread and frequent.

Received: February 23rd, 2022 1st Revised: May 13th, 2022 Accepted: June 19th, 2022 Published: August 31th, 2022



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INTRODUCTION

Nosocomial or healthcare-associated infections (HCAI) appear in a patient under medical care in the hospital or other healthcare facility which was absent at the time of admission¹. These infections can occur during healthcare delivery for other diseases and even after the discharge of the patients. Additionally, they comprise occupational infections among the medical staff. Invasive devices such as catheters and ventilators employed in modern health care are associated with these infections². With much medical equipment in hospitals coming in direct contact with healthcare workers, patients, technicians, cleaners, and sometimes caregivers, it is essential to pay close attention to their capacity to harbor potentially harmful pathogens³.

Nosocomial infections affect many patients globally, leading to increased mortality and financial impact on healthcare systems⁴. While the actual global burden of healthcare-associated infection (HAI) remains unknown due to the lack of reliable data and surveillance systems. The endemic burden of HAI appears to be higher in developing countries⁵. A pooled analysis of data from developing countries showed an HAI prevalence of 15.5%, most of which occur as ventilator-associated pneumonia (VAP) and neonatal infections in intensive care settings⁶.

According to the Extended Prevalence of Infection in Intensive Care (EPIC II) study, the proportion of infected Patients within the ICU is often as high as 51%⁷. Out of every hundred hospitalized patients, 7% in developed and 10% in developing

How to cite: Jega BG, Maishanu IM, Aliyu B, Kasim MN. Antibiotics Susceptibility Profile of Gram-Positive Bacteria from Primary Health Centers in Jega, Kebbi State. Borneo J Pharm. 2022;5(3):247-54. doi:10.33084/bjop.v5i3.3293

countries can acquire one of the healthcare-associated infections¹. Healthcare-associated infection (HAI) complications are broad and depend on the type of infection, the severity of illness, and implicated pathogen. The most prevalent nosocomial infections were pneumonia, urinary tract infection, bloodstream infection (BSI), and meningitis/ventriculitis⁸. Significant independent associations with pneumonia included older age, poor Hunt and Hess grade, intubation/mechanical ventilation, and loss of consciousness *at ictus*⁹.

Identifying common fomites and associated pathogens in any hospital setting is essential because the most critical factor in preventing disease is simply identifying what has been transferring the disease in the first place¹⁰. Fomites are, therefore, an opportunity to interrupt the spread of infection by recognizing them, avoiding them, disinfecting them, or cleansing the hands after touching them; the spread of many infections can be halted¹¹. Ikeh and Isamade¹², in their study of bacterial flora of fomites in a Nigerian multi-disciplinary intensive care unit, reported that the majority of the isolates were Gram-positives organisms (52.2%: 12/23) as compared to the Gram-negative (47.8%: 11/23).

Staphylococci were isolated from all the fomites; *Staphylococcus epidermidis* (8.7%: 2/23) from the IVF stand, stethoscope, and *Staphylococcus aureus* (21.7%: 5/23) from the other fomites. Isolation of more Gram-positive organisms is consistent with previous reports^{13,14} and agrees with Inweregbu *et al.*¹⁵ and Ikeh and Isamade¹² that Gram-positive bacteria have overtaken the Gram-negative as the predominant bacteria isolated from fomites. Gram-positive organisms have earlier been noted by Gopinathan *et al.*¹⁶ to be causing more severe infections than ever in surgical patients, who are increasingly aged, ill, and debilitated.

The present study necessitates investigating the constant drug resistance in the area, as the number of prevalent cases is frequently referred to the general hospital. It is also discovered that people are contracted some diseases that are not transported from their homes but within the hospital settings, where proper environmental sanitation is not practiced. This study was therefore conducted to isolate Gram-positive bacteria (more prominent for nosocomial infections) from Primary Health Centers in Jega and to determine their antibiotic susceptibility pattern to the commonly prescribed antibiotics in primary health centers.

MATERIALS AND METHODS

Research area/Sites

The research area was Jega Local Government Area (**Figure 1**), located at the latitude 12.3667°N and longitude 4.6333°E, with a total area of 891 km² and a population of 193,352 as of the 2006 Nigeria census estimate. The area has one General Hospital and 11 Primary Health Cares (PHC) that work daily to safeguard the health status of the inhabitants, predominantly Gimbanawa, with minority groups of Kambari, Zamfarawa, and Zabarmawa. The samples were collected at PHC Birnin Yari, PHC Tudun Wada, PHC GRA, PHC Town Council, PHC Jandutsi, PHC Basaura, PHC Bumbegu, PHC Gindi, PHC Nassarawa, and PHC Kimba.

Sample collection

A total of 50 samples from fomites were collected from ten distinct Primary Health Centers (five samples each); this was aseptically performed using sterile swab sticks as described in the report of Olise and Simon-Oke¹⁷.

Isolation of bacterial isolates

The swab samples were cultured on Mannitol Salt Agar medium using the streak plate technique to select only Grampositive bacteria. The incubations were demonstrated at 37°C for 18-24 hours; isolates were sub-cultured and further maintained on Nutrient Agar slants¹⁸.

Biochemical identification of bacterial isolates

Citrate utilization, Indole, Methyl red, Voges–Proskauer, Triple sugar ion, Catalase, and Coagulase tests were employed to determine the biochemical reaction of the isolates¹⁹.



Figure 1. Map of the research area indicating different sampling sites.

Antibiotic susceptibility testing

The antibiotics susceptibility profile of the isolates was determined using the disc diffusion method, the antibiotic discs used were those of Maxi disc; Septrin (30 µg), chloramphenicol (30 µg), sparfloxacin (10 µg), ciprofloxacin (30 µg), amoxicillin (30 µg), augmentin (10 µg), gentamycin (30 µg), pefloxacin (30 µg), Tarivid (10 µg), streptomycin (30 µg). The McFarland standard was prepared by adding 1 mL of sulphuric acid into 99 mL of water and 0.5 g of dehydrated barium chloride into 50 mL of distilled water, each in a separate conical flask mixed. About 0.6 mL of barium chloride solution and mixed. The small volume of the solution was transferred into the Bijou bottle and was used to control inoculants. Aliquots of 100 µL from each suspension were spread-plated on Mueller-Hinton Agar plates and incubated at 37°C for 6 hours. Antibiotic discs were applied to the plates using sterile forceps, and the plates were incubated at 37°C for 24 hours. The zone of inhibitions of the plates was measured and classified as resistant (R), intermediate (I), and or sensitive (S) to a particular antibiotic using standard reference values according to the Clinical Laboratory Standards Institute (CLSI)²⁰.

Data analysis

All the experiments were performed in triplicates, and the data obtained were analyzed as mean plus standard deviation. The statistical analysis was performed using the analysis of variance (ANOVA), and the least significant difference between means and standard deviation was expressed using SPSS version 20.0.

RESULTS AND DISCUSSION

Isolation and identification of bacteria

The biochemical identification of the isolates and their occurrence (**Figure 2**) revealed five bacterial genera; *S. aureus* 18 (43.9%), *Enterococcus feacalis* 8 (19.5%), *Streptococcus sp* 8(19.5%), *Bacillus cereus* 4 (9.8%) and *S. epidermidis* 3 (7.3%). The occurrence of the bacteria could probably be because they are members of the body flora of both asymptomatic carriers and sick persons. These organisms can be spread by the hand, expelled from the respiratory tract, or transmitted by animate or inanimate objects²¹. Their primary source(s) of colonization on the fomites might likely be nasal carriage by hospital personnel²², facilitated by hand-to-mouth or hand-to-nose contact while using these fomites, and poor hand-washing habits²³. This finding is consistent with the reports of Neely and Maley¹³ as well as Chikere *et al.*²⁴ and agrees with Inweregbu *et al.*¹⁵ that Gram-positive bacteria have overtaken the Gram-negative as the predominant bacteria isolated from hospital fomites. Gram-positive organisms have earlier been noted to be causing more severe infections than ever in surgical patients, who are increasingly aged, ill, and debilitated²⁵.

The highest occurrence of *S. aureus* from almost all the samples shows its ubiquity in nature and that they can be sources of infection in patients, as previously noted by previous research^{12,15}. Although the strains of the isolated *S. aureus* were not determined in this study, methicillin-resistant *Staphylococcus aureus* (MRSA) strains are transmissible from many fomites to the skin. For example, earlier studies showed that one in three stethoscopes tested to harbor *S. aureus* and that 15% of all stethoscopes tested were contaminated with MRSA²⁶. *Staphylococcus epidermidis* was isolated with the lowest frequency in this study. Though these strains are known to be non-pathogenic to the body, when they harbor antimicrobial resistance genes, they constitute a severe health hazard. This *S. epidermidis* has been isolated from keyboards on multiple user computers²⁷, and increased virulence of this organism resulting from the acquisition of methicillin-resistance has been recognized²⁸.



Figure 2. Percentage occurrence of the identified bacteria.

Antibiotic susceptibility profile of the bacterial isolates

The diameter of the zone of inhibition of the antibiotics (**Table I**) revealed that all the bacterial isolates were susceptible to streptomycin (S) and ciprofloxacin (CPX) at \geq 25.0±0.03 mm, with the intermediate pattern on sparfloxacin (SP), amoxicillin (AM) and Tarivid (OFD) at \leq 24.0±0.0 mm, while all the bacterial isolates exhibit resistance to augmentin (AU) and gentamicin (CN) at \leq 16.0±0.05 mm, with amoxicillin (AM) showing resistance to *S. aureus, E. feacalis,* and *Strep. sp.* at \leq 16.0±0.05mm. The susceptibility of bacterial isolates to antibiotics (**Figure 3**) indicates the ineffectiveness of the AU, CN, and AM in treating HAIs that might result from infection with these pathogens.

This implies that these fomites might act as vehicles for transferring these pathogens. Many studies have shown uniforms to be potential reservoirs for hospital organisms, potentially reinfecting the hands of HCWs, thereby causing resistance patterns to antibiotics²³. Treakle *et al.*²⁹ showed a large proportion of HCWs' white coats to be contaminated with *S. aureus*, including MRSA and postulated that white coats might be an essential vector for patient-to-patient transmission of *S. aureus*. Potential pathogens such as *S. aureus*, *Acinetobacter* spp., and enterococci have been recently isolated from hands that were used to touch uniforms²³.

The resistance of the isolates is in line with the findings by Sani *et al.*³⁰ and Ogunshe *et al.*³¹, who reported gram-positive isolates to demonstrate a low-to-moderate sensitivity to gentamicin (20.0–57.1%), streptomycin (21.7–57.1%), and ciprofloxacin (20.0–42.9%); a moderate sensitivity to ceftriaxone (57.1–60.9%); and high sensitivity to imipenem (85.7–87.0%) except for *S. epidermidis* which showed a low sensitivity (20.0%) to imipenem. The Gram-positive cocci were least resistant to imipenem and ceftriaxone, with the isolates from acute wounds demonstrating slightly higher resistance.

Chikere *et al.*²⁴ reported a similar weakness and activity of some antibiotics against bacteria from clinical specimens; as more bacteria become resistant to antibiotics, the ability to control the spread of these bacteria with antibiotic treatments decreases. These findings also align with the investigation of Lee *et al.*³², who found a strong correlation between oxacillin resistance and co-resistance to non– β -lactam antimicrobials such as gentamicin, erythromycin, and ciprofloxacin (p >.01). Such high rates of co-resistance suggest the presence of multidrug-resistant MRSA strains. The strong resistance of the augmentin (AU), gentamicin (CN), and amoxicillin (AM) obtained agreed with the findings of Sani *et al.*³⁰ and Ogunshe *et al.*³¹. in their studies on antibiotic susceptibility of wound swab isolates in a tertiary hospital in southwest Nigeria and microbiological evaluation of antibiotic resistance in bacterial flora from skin wounds respectively.

Antibiotic	Potency (µg)	S. aureus	E. feacalis	B. cereus	Strep. sp	S. epidermidis
SXT	30	26.0ª±0.0	21.0 ^b ±0.3	24.0 ^{ab} ±0.0	30.0ª±0.3	28.0ª±0.3
СН	30	30.0ª±0.3	28.0ª±0.4	22.0 ^b ±0.02	28.0ª±0.0	30.0 ^a ±0.3
SP	10	25.0ª±0.0	28.0ª±0.4	25.0 ^a ±0.03	26.0ª±0.1	25.0ª±0.2
CPX	30	30.0ª±0.4	30.0 ^a ±0.3	30.0 ^a ±0.3	30.0ª±0.3	31.0 ^a ±0.3
AM	30	14.0ª±0.0	2.0 ^b ±0.0	20.0c±0.0	16.0 ^{ac} ±0.05	25.0 ^d ±0.1
AU	10	5.0 ^a ±0.0	$00.0^{b}\pm0.0$	$00.0^{b}\pm0.0$	5.0ª±0.0	00.0 ^b ±0.0
CN	30	11.0ª±0.0	8.0 ^{ab} ±0.01	5.0 ^b ±0.0	00.0°±0.0	6.0 ^b ±0.0
PEF	30	31.0ª±0.2	30.0 ^a ±0.3	28.0 ^{ab} ±0.1	26.0 ^b ±0.1	25.0 ^b ±0.1
OFD	10	21.0ª±0.5	26.0 ^b ±0.1	25.0 ^b ±0.2	21.0ª±0.3	22.0ª±0.02
S	30	32.0ª±0.6	30.0 ^a ±0.0	30.0ª±0.3	32.0ª±0.03	30.0 ^a ±0.0

Table I. Mean ± standard deviation of the zone of inhibition (mm) of the antibiotics to the bacterial isolates

Mean values with different alphabet appearing on the same row are significantly different otherwise they are the same





CONCLUSION

Based on the study findings, it is concluded that the hospital equipment (Benches, beds, stethoscopes, door handles, tables, cupboards, and chairs) harbored infectious pathogens with the potential of causing hospital-acquired infections (HAIs), which may eventually lead to diseases like urinary tract infections (UTIs), gastroenteritis, meningitis, pneumonia, septicemia, endocarditis and or wound infections. In light of this, there is a need for thorough disinfection and conscientious contact control procedures to minimize the spread of these pathogens in health centers where interaction between patients, HCWs, and caregivers is ubiquitous and frequent.

ACKNOWLEDGMENT

The authors acknowledge the consent of the entire health centers covered and all that have contributed to the success of this study.

AUTHORS' CONTRIBUTION

All authors have an equal contribution in carrying out this study.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

No conflict of interest among the study participants exist.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 255 – 267 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3367 DOI: https://doi.org/10.33084/bjop.v5i3.3367 e-ISSN: 2621-4814

Review Article

Anti-inflammatory and Immunostimulant Therapy with Lactobacillus fermentum and Lactobacillus plantarum in COVID-19: A Literature Review

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Keywords: Anti-inflammatory COVID-19 Immunostimulant Lactobacillus fermentum Lactobacillus plantarum

Abstract

Inflammatory diseases are diseases characterized by inflammatory symptoms. Acute inflammatory disease can cause dysregulation of the inflammatory immune response, thereby inhibiting the development of protective immunity against infection. Among the acute inflammatory disease is COVID-19. The initial viral infection causes the antigen-presenting cells to detect the virus through a phagocytosis mechanism in the form of macrophage and dendritic cells. Lactobacillus fermentum and L. plantarum are gram-positive bacteria potentially serving as immunomodulators caused by inflammation and immune system response. Short-chain fatty acids (SCFA) produced by Lactobacillus can induce immune response through tolerogenic dendritic cells. This probiotic bacterium can induce the production of different cytokines or chemokines. Following the results of *in vitro* and *in vivo* tests, *L. fermentum* and *L.* plantarum can induce IL-10 release to activate regulatory T-cell and inhibit tumor necrosis factor-a (TNF-a) binding activity of nuclear factor kappa B (NF-KB). Literature review showed that dysregulation of inflammatory immune response disorders due to inflammatory disease could be treated using probiotic bacteria L. fermentum and L. plantarum. Therefore, it is necessary to conduct further studies on the potential of indigenous Indonesian strains of these two bacteria as anti-inflammatory and immunostimulants.

Received: March 30th, 2022 1st Revised: April 30th, 2022 2nd Revised: June 20th, 2022 Accepted: June 22nd, 2022 Published: August 31th, 2022

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INTRODUCTION

Inflammation is a defense process of the body's system due to infections from bacteria and viruses and can also be caused by damage to body tissues¹. Acute inflammation is the first line of defense due to infection. Coronavirus 2019 (COVID-19) is an acute inflammatory disease that can cause an impaired inflammatory immune response². COVID-19 disease is a clinical syndrome caused by SARS-CoV-2. Originally discovered in China in December 2019, this disease has spread worldwide and was declared a pandemic by WHO on 11 March 2020. This disease causes human acute respiratory system like other betacoronavirus types such as human coronavirus 229E, NL63, OC43, HKU1, Middle-East respiratory syndrome (MERS), dan Severe Acute Respiratory Syndrome (SARS)³⁵.

How to cite: Noviardi H, Iswantini D, Mulijani S, Wahyudi ST, Khusniati T. Anti-inflammatory and Immunostimulant Therapy with Lactobacillus fermentum and Lactobacillus plantarum in COVID-19: A Literature Review. Borneo J Pharm. 2022;5(3):255-67. doi:10.33084/bjop.v5i3.3367

SARS-CoV-2 is transmissible through respiratory droplets, with a viral incubation period around 4-5 before initial symptoms emerge. About 97.5% of patients were reported to exhibit symptoms in 11.5 days⁶. The symptoms include fever, dry cough, breathing difficulty, muscle soreness, headache, and diarrhea. SARS-CoV-2 infections can turn into Acute Respiratory Distress Syndrome (ARDS) approximately 8-9 days after the first symptoms⁷. Severe ARDS in COVID-19 patients can be indicated by breathing difficulty and low blood oxygen level⁸. ARDS is known to cause respiratory failure leading to death in 70% of COVID-19 cases. Viral infection or secondary infection in patients is known to cause cytokine storm and sepsis symptoms, which result in death in 28% of the patients⁹. Uncontrolled inflammation in COVID-19 disease is reported to lead to multiorgan damage, eventually resulting in organ failure, especially heart, liver, and kidney failures¹⁰. However, this inflammation can be treated using probiotic bacteria.

Probiotic bacteria are the potential to treat diseases caused by inflammation and immune system responses¹¹. Probiotic bacteria play roles in humoral immunity by interacting with intestinal epithelial cells and lamina propria-related cells through toll receptors. The probiotic bacteria are reported to lower cytokines that produce inflammatory cells and immune system decline through NF-KB transcription factor pathways¹². Immune response and inflammation in the cell can be affected by NF-KB. In this regard, NF-KB has become the object of developing a treatment for diseases caused by inflammation¹³. Inflammatory response and immune system can be stimulated using *Lactobacillus* strain probiotic¹⁴.

Lactobacillus is a gram-positive, non-spore-forming, lactic acid bacteria. This bacterium generates lactic acid as its primary product through carbohydrate fermentation. Morphologically, *Lactobacillus* can be in the form of a non-shortening bar in the chain form. *Lactobacillus* is a part of microbiota colonizing the mouth and digestive tract¹⁵. *Lactobacillus* colony species commonly found in the digestive tract are *Lactobacillus plantarum* and *L. fermentum*¹⁶. *Lactobacillus plantarum* and *L. fermentum* exhibit high probiotic potentials and become potential anti-inflammatory and immune responses by modulating pro-inflammatory cytokines¹⁷. This paper reviews the anti-inflammatory and immunostimulant potentials of *L. plantarum* and *L. fermentum* and *L. fermentum* reported *in vitro*, *in vivo*, and in clinical studies. This paper also provides information about the metabolite compounds of *L. plantarum* and *L. fermentum* as anti-inflammatory and immunostimulants in treating COVID-19.

INFLAMMATION AND IMMUNE RESPONSE

The virus is attached to the host through a receptor. Angiotensin 2 (ACE2) and TMPRSS2¹⁸ are known to be the host receptor used by SARS-CoV-2 to infect the cell. This target receptor can be found in the respiratory tract, such as epithelial cells, alveolar epithelial cells, vascular endothelial cells, and macrophages in the lungs¹⁹⁻²¹. Viral replication and release may cause pyroptosis in the host cell and damage the associated molecular pattern, including ATP, nucleic acid, and ASC oligomer. The virus is recognized by epithelial cells, endothelial cells, and alveolar macrophages, triggering the formation of pro-inflammatory cytokine and chemokine (including IL-6, IP-10, macrophage inflammatory protein 1 α (MIP1 α), MIP1 β , and MCP1). This protein attracts monocyte, macrophage, and T cell to the infected area and promotes further inflammation by adding interferon- γ (IFN- γ) produced by T cells.

The damaged immune response can cause further accumulation of immune cells in the lungs, leading to excessive proinflammatory cytokines and eventually damaging the lungs. The produced cytokine storm circulates to other organs, causing multiorgan damage. Bronchoalveolar fluid (BALF) patients with COVID-19 symptoms are reported to contain Chemokine CCL2 and CCL7. Both chemokines are responsible for recruiting Cc-chemokine receptor 2-positive (CCR2+)²². Several cytokine and chemokine monocytes are reported to play roles in the inflammatory process in COVID-19 patients^{15,23-²⁵. The inflammation severity is indicated by the increase in cytokine and chemokine levels. Macrophage activation due to the viral infection can cause increased cytokine IL-6, IL-7, TNF-α, and inflammatory chemokine, including Cc-chemokine 2 (CCL2), CCL3, CXC-chemokine 10 (CXCL10), and IL2. The irregularity of mononuclear phagocyte activation may cause hyperinflammation in COVID-19 patients. Some hypotheses exist on the mechanism contributing to monocyte hyperactivity due to macrophage in COVID-19 patients^{26,27}.} The delayed type 1 interferon production leads to the increased cytopathic effect. The increased microbial threat may enhance the chemoattractant by alveolar epithelial cells, macrophages, and stromal cells, increasing the number of monocytes in the lungs. The monocytes then differentiate into pro-inflammatory macrophages through Janus-activated kinase (JAK)-signal transducer and activator of transcription (STAT). The T-cell will induce the monocyte-derived macrophages by producing granulocyte-macrophage colony-stimulating factor (GM-CSF), TNF- α , and IFN γ .

Oxidized phospholipids (OxPLs) deposit in the lungs' infected area and activate monocyte-macrophage through Toll-like receptors 4 (TLR4), TRAF6, and NF- κ B. The virus infection can trigger the TLR7 activation through single-stranded RNA virus recognition. The virus enters the macrophage cytoplasm through the type-1 interferon receptor. The virus activates the NLRP3 inflammasome and causes mature IL-1 β and IL-18 secretions. The IL-1 β cytokine can increase macrophage activation in autocrine or paracrine. It can also decrease interferon type I production in the infected lungs. Macrophage activated monocyte contributes to the formation of cytokine storm of COVID-19 by releasing many pro-inflammatory cytokines²⁸.

SARS-CoV-2 hampers the body's normal immune response, causing immune system damage and uncontrolled inflammatory response in severe COVID-19 patients. COVID-19 patients are reported to exhibit lymphopenia, lymphocyte activation and dysfunction, granulocyte and monocyte disorder, high cytokine levels, increased immunoglobulin G (IgG), and a total of antibodies²⁹. Immune response patterns in Covid-19 patients are depicted in **Figure 1**.

Lymphopenia is the primary marker of severe COVID-19 patients. Patients will likely exhibit declined CD4+ T, CD8+ T, and B cell levels³⁰. T cell activation due to the virus infection may increase the IFN- γ , TNF- α , and IL-2 levels. In addition, lymphocytes are reported to release phenotypic programmed cell death protein-1 (PD1), T-cell immunoglobulin domain, mucin domain-3 (TIM3), and killer cell lectin-like receptor subfamily C member 1 (NKG2A). COVID-19 patients will likely exhibit increased neutrophil and decreased eosinophil, basophil, and monocyte. They also exhibit increased cytokine production, especially IL-1 β , IL-6, dan IL-10. A higher IgG and total antibody titers are also observed in COVID-19 patients²⁹.



Figure 1. COVID-19 Immunopathological mechanism²⁹.

Lactobacillus METABOLITE COMPOUND

Lactobacillus produces intracellular and extracellular metabolism. The produced metabolite can provide information regarding the potential of bacteria on nutrition and its toxicity effect on the disease. Some metabolites are reported to be defrosting agents, antioxidants, antimicrobial agents, natural diet additives, and anti-inflammatory agents³¹.

The fingerprint analysis of metabolite compounds can be performed using gas chromatography to determine *Lactobacillus*'s intracellular and extracellular metabolite analysis³². Gas chromatography-Mass spectrometry (GC-MS) is a chromatography with high-resolution separation results and good sensitivity and specificity. This instrument can analyze metabolic products such as carbohydrates, fatty acids, organic acids, and amino acids³³. The sample derivatization is necessary before performing GC-MS analysis³⁴. Chaudary *et al.*³⁵ identified 40 metabolites and five bacteria isolations, including *L. plantarum* DB-2, *L. fermentum* J-1, *Pediococcus acidilactici* M-3, *L. plantarum* SK- 3 dan *P. pentosaceus* SM-234. Metabolite compounds generated by *Lactobacillus* are presented in **Table I**.

Table I.	Identification of metabolite compo	unds of L. 1	plantarum and L.	fermentum ³⁵
				/

1		
Lactobacillus plantarum DB-2	Lactobacillus fermentum J-1	Lactobacillus plantarum SK-3
2-ethoxyethylamine (PubChem ID: 66970)	2-propanol,1-hydrazino (PubChem ID: 236167)	2-propanol,1-hydrazino (PubChem ID: 236167)
2-hydrazino ethanol (PubChem ID: 8017)	(Z)-9-octadecenamide (PubChem ID: 5283387)	4-amino-1-butanol (PubChem ID: 25868)
2-propanol,1-hydrazino (PubChem ID: 236167)	2,4,dimethylbenzaldehyde (PubChem ID: 61814)	(Z)-9-octadecenamide (PubChem ID: 5283387)
(Z)-9-octadecenamide (PubChem ID: 5283387)	benzoic acid (PubChem ID: 243)	2,4-dimethylbenzaldehyde (PubChem ID:
		61814)
acetic acid, acetic formic anhydride (PubChem	decane (PubChem ID: 15600)	benzoic acid (PubChem ID: 243)
ID: 75269)	, , , , , , , , , , , , , , , , , , ,	
2,4-dimetilbenzaldehyde (PubChem ID: 61814)	dodecane (PubChem ID: 8182)	decane (PubChem ID: 15600)
benzoic acid (PubChem ID: 243)	dodecanoic acid (PubChem ID: 236167)	dodecane (PubChem ID: 8182)
decane (PubChem ID: 15600)	eicosanoid acid (PubChem ID: 10467)	dodecanoic acid (PubChem ID: 236167)
dl-2,3-butanediol (PubChem ID: 225936)	Isovaleric geraniol (PubChem ID: 5362830)	2-propoxy-ethanamine (PubChem ID: 111878)
dodecane dodecane (PubChem ID: 8182)	Hexadecane (PubChem ID: 11006)	2-(2-propenyloxy)- ethanol (PubChem ID: 8116)
dodecanoic acid (PubChem ID: 236167)	2,6,11,15-tetramethylhexadecane (PubChem ID:	isovaleric geraniol (PubChem ID: 5362830)
	136331)	
ethylamine (PubChem ID: 6341)	1-methylhexyl hydroperoxide (PubChem ID:	Hexadecane (PubChem ID: 11006)
	12981)	
formamide (PubChem ID: 713)	isopropyl alcohol (PubChem ID: 3776)	2,6,11,15-tetramethylhexadecane (PubChem ID:
		136331)
isovaleric geraniol (PubChem ID: 5362830)	isopropyl myristate (PubChem ID: 8042)	pentyl hydroperoxide (PubChem ID: 135961)
hexadecane (PubChem ID: 11006)	lactic acid (PubChem ID: 107689)	isopropyl alcohol (PubChem ID: 3776)
2,6,11,15-tetramethylhexadecane (PubChem ID:	hexadecanoic acid (PubChem ID: 985)	isopropyl myristate (PubChem ID: 8042)
136331)		
isopropyl alcohol (PubChem ID: 3776)	phenol,2,4-bis-(1,1dimethylethyl)(PubChem ID:	lactic acid (PubChem ID: 107689)
	7311)	
lactic acid (PubChem ID: 107689)	propinoic acid, 2-hydroxymethyl ester (PubChem	nitrosomethane (PubChem ID: 70075)
	ID: 126674963)	
nitrosomethane (PubChem ID: 70075)	hexahydro-3-(2-methylpropyl) pirolo[1,2-	hexadecanoic acid (PubChem ID: 985)
	a]pirazin-1,4-dion (PubChem ID: 102892)	
hexadecanoic acid (PubChem ID: 985)	tetracosane (PubChem ID: 12592)	phenol,2,4-bis-(1,1dimethylethyl)(PubChem
		ID: 7311)
phenol,2,4-bis- (1,1dimethylethyl) (PubChem	tetradecane (PubChem ID: 12389)	propylene glicol (PubChem ID: 1030)
ID: 7311)		
propylene glicol (PubChem ID: 1030)	tetradecanoic acid (PubChem ID: 11005)	hexahydro-3-(2-methylpropyl) pirolo[1,2-
		a]pirazin-1,4-dion (PubChem ID: 102892)
hexahydro-3-(2-methylpropyl) pirolo[1,2-	undecane (PubChem ID: 14257)	(R)-1,2-propanediol (PubChem ID: 259994)
a]pirazin-1,4-dion (PubChem ID: 102892)		
(R)-1,2-propanediol (PubChem ID: 259994)		tetradecane (PubChem ID: 12389)
tetracosane (PubChem ID: 12592)		undecane (PubChem ID: 14257)
tetradecane (PubChem ID: 12389)		
undecane (PubChem ID: 14257)		

The identified metabolites, such as isopropyl alcohol, dodecane, hexadecane, tetradecane, hexahydro-3-(2-methyl propyl) pirolo[1,2-a], pyrazine-1,4-dion, 2,4-dimethyl benzaldehyde, isovaleric geraniol, phenol, 2,4 bis (1,1-dimethyl); 2,6,11,15-tetramethyl-hexadecanoic acid, (Z)-9-octadecenamide, are reported to be potential defrosting, antioxidant, antimicrobial, and anti-inflammatory agents³¹. In addition, short-chain fatty acids (SCFA) produced by probiotic bacteria, such as acetate,
butyrate, and propionate, play roles in decreasing nitric oxide (NO)^{36,37}. Inflammation causes an immune response to activating cytokine in producing NO, resulting in increased NO. SCFA produced by Lactobacillus can induce immune response through tolerogenic dendritic cells (**Figure 2**). Fatty acid compounds can have an inhibitory effect on inflammation, especially omega-6 fatty acids. However, the interaction mechanism of omega-6 fatty acids and their lipid mediators in inflammation is still not well understood³⁸.

The tolerogenic process of dendritic cells makes the T-cell (CD4+) differentiate into T-cell regulators (Treg) and inhibits cytokine production by neutrophils and macrophages. Tolerogenic dendritic cells produce anti-inflammatory cytokines, interleukin-10 (IL-10), and transforming growth factor- β (TGF- β). A tolerogenic dendritic cell is a potential candidate for specific immunotherapy³⁷.



Figure 2. SCFA's work mechanism in decreasing inflammatory activities³⁷.

ANTI-INFLAMMATORY AND IMMUNOSTIMULANT ACTIVITIES OF Lactobacillus

Anti-inflammatory and immunostimulant activities of *Lactobacillus* have been widely studied through *in vitro* and *in vivo* research. **Table II** displays several studies on the anti-inflammatory and immunostimulant activities of *L. plantarum* with different strains. *Lactobacillus'* immunostimulant activities can occur through the increase in cytokine IL-10 production in mononuclear cells (macrophage and T-cell) in the intestine³⁹. A study shows that *L. plantarum* CM can inhibit the binding activity of NF- κ B in response to TNF- α . This response weakens the release of monocyte chemotactic protein 1 (MCP-1), pro-inflammatory chemokine, and NF- κ B gene and inhibits the proteasome functions. *Lactobacillus plantarum* CM inhibits the activation of NF- κ B from TNF through MyD88-dependent and MyD88-independent pathways. *Lactobacillus plantarum* can also inhibit TNF- α -induced MCP-1 production in Caco-2 cells and lower NF- κ B, mitogen protein kinase, and production of TNF- α or IL-1 $\beta^{40.42}$.

In vivo studies report that *L. plantarum* and *L. fermentum* possess inflammatory activities^{43,44}. The effective dose of probiotic bacteria to treat inflammation is reported to be $1\times10^8 - 10^9$ CFU/mL^{44,45}. *Lactobacillus fermentum* is reported to significantly lower malondialdehyde levels, TNF-a, IL-6, and resistin in mouse blood serum. *Lactobacillus* bacteria is also reported to increase catalase, superoxide dismutase, glutathione peroxidase, and adiponectin activities, suppressing the inflammation-inducing- oxidative stress. Most studies show that *L. plantarum* induces IL-10 secretion in splenocytes and mesenteric lymphocytes, blocking the expression of pro-inflammatory cytokines, IL-1 β , IL-6, TNF-a, COX-2, forkhead box P3 (Foxp3), suppressor of cytokine signaling 3 (SOCS3). *In vivo* study shows a decline in mucose IL-12, IFN- γ , and immunoglobulin G2a in mice⁴⁶. The treatment using L. plantarum BiocenolTM LP96 was reported to lower the expression of IL-1a, and IL-8 genes increase the IFN- γ and cytokine IL-10 secretion⁴⁷. This paper reviewed *in vitro* and *in vivo* studies to show *Lactobacillus*' metabolite product potential in inhibiting inflammatory activities.

Bacterial Strain	Method	Animal/cell	Dose	Inhibitory effect	Reference
<i>L. plantarum</i> APsulloc 331261	in vitro	THP1 cell	-	Inducing the expression of macrophage cytokine, IL-1 β , inflammatory cytokine, and IL-10.	48
L. plantarum L15	in vitro	Caco- 2	-	Lowering the expression of TLR4 and MyD88 genes and genes associated with NF-kB signalling pathways.	49
L. plantarum M2 and L. plantarum KO9	in vitro	Caco-2	-	Inhibiting TNF-a production	50
L. plantarum MYL26	in vitro	Caco- 2	-	Inhibiting NF- κB, MAPK, TOLLIP, SOCS1, SOCS3, and IκBα expression	51
L. plantarum Lp62	in vitro	Intestinal epithelial cell HT-29, macrophage J774	-	Inhibiting production of IL-8, TNF- α , IL1- β , and IL-17.	52
L. nlantarum CA111055	in vitro	RAW2647 cells	-	Inhibiting production NO TNF-a IL-6	53
L. plantarum K8	in vitro	Intestinal epithelial cell HT-29	-	Inhibiting NF- κ B and MAPK,	41
L. plantarum A41 and L. fermentum SRK414	in vitro	Intestinal epithelial cell HT-29	-	Decreasing the regulation of mRNA expression from proinflammatory cytokine TNF- α , IL1 β , and IL-8 and enhancing intestinal barrier integrity by increasing protein ZO-1 expression	17
L. plantarum K8	in vitro	Monocytic THP-1 cell human	-	Inhibiting TNF- α, IL-1, NF-κB Increasing MAPK, Inhibiting NOD2 production	42
L. fermentum MCC 2760	in vitro	Caco- 2, intestinal epithelial cell HT-29	-	Increasing cytokine IL-10 production and inhibiting IL-6 production	54
L. fermentum CECT5716	in vitro	RAW 264.7 cells	-	Decreasing the proinflammatory cytokine TNF- α , IL1 β , and IL-6	55
L. plantarum CGMCC1258	in vivo	Mouse without IL-10	10º CFU/mL	Decreasing IFN- γ , TNF- α , and MPO production	56
L. plantarum Lp91	in vivo	Mouse without IL- 10	10º CFU/mL	Reducing expression of TNF- α and COX-2, Increasing the production of IL-10	57
L. plantarum OLL2712	in vivo	obese and type 2 diabetic KKAy mice	-	Increasing cytokine IL-10, suppressed proinflammatory cytokine level	58
L. fermentum DALI02	in vivo	Mouse hyperlipidemia	10º CFU/mL	Decreasing expression of TNF- α , IL- 6, and resistin and significantly increase APPN level	43
L. fermentum SNR1	in vivo	Wistar Albino Rats	10 ⁸ CFU/mL	Increasing IL- 10, IL-6	59
L. fermentum and L. salivarius	in vivo	DSS mouse colitis	5×10 ⁸ CFU/mL	Improving the colonic expression of markers in immune response	60
<i>L. fermentum</i> KBL374 and <i>L. fermentum</i> KBL375	in vivo	Female mouse C57BL/6N	10º CFU/mL	Increasing cytokine level associated with Th1, Th2-, and Th17, Increasing IL- 10, and increasing CD4+CD25+Foxp3 +Treg	61
L. plantarum LP-Onlly	in vivo	Mouse without IL-10	10º CFU/mL	Lowering the inflammation and histological injury value, increasing the number of bifidobacteria and lactobacili	62

Table II. Results of *in vitro* and *in vivo* studies on anti-inflammatory and immunostimulant activities of *L. plantarum* and *L. fermentum*.

$L. plantarum LP3457 in vivo Mouse ZDF 10^8 CFU/mL for expression, Increasing IL-1\beta, IL-6, and CRP 63expression, Increasing IL-1\beta, IL-6, and CRP 63expression, Increasing IL-1\beta, IL-6, and IL-6 64L. plantarum K8 in vivo Healthy mouse 10° CFU/mL Reducing expression of TNF-\alpha and IL-6 64L. plantarum ZS2058$ in vivo Specific pathogen- free mice CFU/mL factor (TNF)- α , IL-10 and myeloperoxidase (MPO) $L. fermentum MCC2760$ in vivo Gastric injury model 1×10° Reducing expression of TNF- α , IL-12 66 $L. fermentum DALI02$ in vivo Hyperlipidemic 10° CFU/mL Reducing expression of TNF- α , IL-12 67 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-12 43 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-16 43 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-16 43 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-16 43 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-16 43 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Reducing expression of TNF- α , IL-17 45 $L. fermentum CQPC07$ in vivo Obessed mouse 10° CFU/mL Decreasing the number of inflammatory exploxine interlevel (IL)-1 β , tumor necrosis factor- α (INF- α), IL-6, and interferon- γ (IFN- γ), and increasing the production of cytokine IL-10, or provement of the production of cytokine IL-10, or provement IL-10, or prevent IL-10, or						
L. plantarum LP3457in vivoMouse ZDF 10° CFU/mLDecreasing IL-1 β , IL-6, and CRP63L. plantarum K8in vivoHealthy mouse 10° CFU/mLDecreasing IL-1 β , IL-6, and CRP63L. plantarum K8in vivoHealthy mouse 10° CFU/mLReducing expression of TNF- α and IL-664L. plantarum ZS2058in vivoSpecific pathogen- free mice $5 \times 10^{\circ}$ Changing in the levels of tissue necrosis65(ZS2058) and L. rhamnosus GGfree miceCFU/mLfactor(TNF)- α , IL-10and myeloperoxidase (MPO)L. fermentum XY18in vivoGastric injury model $1 \times 10^{\circ}$ Reducing expression of TNF- α , IL-1266L. fermentum MCC2760in vivoHypercholesterolemic C57BL6 Mice0.95 logIncreasing cytokine IL-10, suppressed67L. fermentum DALI02in vivoHyperlipidemic mouse 10° CFU/mLReducing expression of TNF- α and IL-643L. fermentum CQPC07in vivoObessed mouse 10° CFU/kgDecreasing the number of inflammatory cytokine interleukin (IL)-1 β , tumor necrosis factor- α (TNF- α), IL-6, and interferon- γ (IFN- γ), and increasing the production of cytokine45					good bacteria, decreasing the number of	
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IL-6, and interferon- γ (IFN- γ), and increasing the production of cytokine	L. fermentum CQPC07	in vivo	Obessed mouse	10º CFU/kg	Decreasing the number of inflammatory cytokine interleukin (IL)-1β, tumor necrosis factor-α (TNF-α),	45
increasing the production of cytokine					IL-6, and interferon- γ (IFN- γ), and	
					increasing the production of cytokine	
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Lactobacillus IN THE TREATMENT OF COVID-19

Probiotics have an essential role in the eubiosis of the human microbiota⁶⁸. Patients with COVID-19 symptoms had lower intestinal bacteria counts than normal patients⁶⁹. These gut bacteria can enhance the immune response⁷⁰. Probiotics and their metabolites can be used as a complementary strategy other than vaccines that can inhibit COVID-19⁷¹. *Lactobacillus* can inhibit the development of viruses through various mechanisms, direct interaction between probiotics and viruses; stimulation of the immune system; and virus-inhibiting metabolites⁷². The metabolites produced by lactic acid bacteria can inhibit the development of pathogenic bacteria and viruses⁷³. These metabolites include amino acid derivatives (indolelactic acid, phenyllactic acid 2-hydroxy-4-,2-hydroxy-4-methylpentanoic acid, and 2-hydroxy-4-methylthio butanoic acid), fatty acids (3-hydroxy-5-cis-dodecanoic acid and 3-hydroxydodecanoic acid), organic compounds (acetic acid, lactic acid, propionic acid, succinic acid, and benzoate acid), cyclic peptides (cyclo(L-Phe-L-Pro) reutericyclin), and other groups of chemical compounds (δ-dodecalactone)⁷⁴.

Clinical trials showed that 75.61% of patients treated with probiotic bacteria had a shorter treatment time than those not treated with probiotics. These bacteria can reduce secondary infections and moderate the patient's immune system based on the analytical parameters of IL-6, CRP, total T lymphocytes, NK cells, B lymphocytes, CD4 + T cells, CD8 + T cells, and CD4/CD8 ratio⁷⁵. In another study, patients receiving probiotic bacteria *L. plantarum* (KABP022, KABP023, and KAPB033) with a combination of *P. acidilactici* KABP021 for 30 days showed inhibition against the COVID-19 virus⁷⁶. *In silico* studies have also carried molecular docking on the metabolite *L. plantarum* Probio-88 to the SARS-COV-2 helicase. The high binding affinity and hydrogen bonding suggests that the association of PlnE and PlnF on the helicase of SARS-COV-2 may inhibit virus replication⁷⁷.

Indonesia abounds in biodiversity, including microorganisms. *Lactobacillus plantarum* and *L. fermentum* indigenous strains of Indonesian have potential as anti-inflammatory and immunostimulant. Our preliminary research showed that the superior candidate bacteria from the two strains had antibacterial activity and could withstand acidic conditions and high temperatures. Therefore, further study is needed to determine the anti-inflammatory and immunostimulant activities to be used as an immunomodulator for COVID-19.

CONCLUSION

Based on the results of experimental and clinical research data, *L. plantarum* and *L. fermentum* have activities as antiinflammatory and immunostimulants in COVID-19 patients. *Lactobacillus* can reduce the activity of inflammatory cytokines IL-1 β , IL-6, TNF-, COX-2, Foxp3, SOCS3 suppressor, and increase IL-10. Patients treated with probiotics had a faster recovery time than those not treated with *Lactobacillus*. *Lactobacillus* can reduce secondary infection and increase immune response in COVID-19 patients. Bioactive compounds from these bacteria can also cause anti-inflammatory and immunostimulant activities.

ACKNOWLEDGMENT

We would like to thank LPPM IPB University for supporting this research in the "Konektivitas Pembelajaran Mahasiswa Pascasarjana" Program.

AUTHORS' CONTRIBUTION

All authors are the main contributors in carrying out the research and writing this review article.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors have declared no conflict of interest.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 268 – 278 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3156 DOI: https://doi.org/10.33084/bjop.v5i3.3156 e-ISSN: 2621-4814

Research Article

Taro (Colosia esculenta) Leaves Extract Inhibits Streptococcus mutans ATCC 31987

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Keywords: Antibacterial activity Colocasia esculenta Streptococcus mutans Talas Taro leaves extract



Abstract

Dental caries was the most common disease in both adults and children. *Streptococcus mutans* is the main bacteria causing plaque formation and was the initiator of dental caries. Antibacterials derived from plants can be used to prevent plaque formation. Taro (Colosia esculenta) has been used in traditional medicine. Antibacterial compounds have been discovered in C. esculenta leaves. This study aimed to determine the ability of C. esculenta leaf ethanol extract to inhibit the growth of S. mutans ATCC Simplicia preparation, extract preparation, 31987 and phytochemical screening was carried out. Then, the antibacterial activity test was performed using the disc diffusion method to determine the zone of inhibition at various concentrations of 10, 20, 30, 40, 50, 60, and 70%. Colosia esculenta leaf ethanol extract contains alkaloids, flavonoids, triterpenoids, saponins, and produces an inhibition zone at each concentration variation. Very strong antibacterial activity was produced at a concentration of 70% at 21.11±0.46 mm, which was higher than the positive control.

Received: January 19th, 2022 1st Revised: July 7th, 2022 Accepted: July 20th, 2022 Published: August 31th, 2022

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INTRODUCTION

The Global Burden of Disease Study reported that oral diseases afflicted about 2.3 billion people worldwide. Dental caries was the most common cause, accounting for 65% of infected permanent teeth and 15% of infected primary teeth¹. Caries are caused by bacterial metabolism as a biofilm or plaque that changes sugars to acid, demineralizing the hard tissues of the teeth (enamel and dentine)². Bacterial acid decreased the pH of tooth surfaces, causing demineralization from calcium ions and phosphate dentine release, which resulted in cavities³. The early stages of dental caries are frequently asymptomatic, but advanced stages can cause discomfort, infections, abscesses, and even sepsis. A severe condition in adults causes pain and infection, which may necessitate tooth extraction⁴. This caries might make children prone to infections in other parts of their bodies. The pain can make chewing meals excruciating, and getting enough nutrition can be problematic⁵.

The most prevalent bacteria that cause caries were *Streptococci* and *Lactobacilli*. *Streptococci* lead to caries, and *Lactobacilli* contribute to further infection⁶. *Streptococcus mutans* was not only the basic bacterium engaged in the development of plaque but also in the commencement of dental caries. *Streptococcus mutans* have been linked to other extraoral pathologies such as cerebral microbleeds, IgA nephropathy, and atherosclerosis as a human pathogens⁷⁸.

Plaque treatment can be done mechanically or chemically. Brushing and flossing are mechanical techniques of plaque control, whereas mouthwash is a chemical plaque control treatment^{9,10}. Mouthwash contains chemical compounds with antiseptic or antibacterial characteristics that aid in preventing plaque formation. On the other hand, regular utilization may cause tooth discoloration and temporary gustatory problems¹¹. Pizzo *et al.*¹² stated another negative impact was that it induces mouth dryness, burning, and is harmful if ingested. Hence, plant components can be used as antibacterial agents.

How to cite: Haerussana ANEM, Ayuhastuti A, Yuniar SF, Bustami HA, Widyastiwi. Taro (Colosia esculenta) Leaves Extract Inhibits Streptococcus mutans ATCC 31987. Borneo J Pharm. 2022;5(3):268-78. doi:10.33084/bjop.v5i3.3156

According to a World Health Organization (WHO) report, approximately 80% of the world's population was treated using plants or plant-derived products¹³. Plants have long been employed as the primary human therapy source and have helped address the world's healthcare demands¹⁴. Medicinal plants have proven to be a remarkable source of newer and potent therapeutic agents and have taken the central stage in most research centers worldwide¹⁵.

Colocasia esculenta, also known as taro (*talas* = Indonesian), was a nutritious plant widely consumed by the locals¹⁶. *Colocasia esculenta* tuber is used as ethnomedicine to treat diabetes, ringworm, cough, sore throat, wounds, asthma, arthritis, diarrhea, internal bleeding, neurological disorders, skin disorders, and it has been reported to have antihelminthic and anticancer properties^{17,18}. Agyare *et al.*¹⁹ stated that a decoction of the leaves was drunk to promote menstruation and was used to treat stomach problems and cysts. In addition, *C. esculenta* leaf extract has anti-inflammatory and antioxidant properties.

Colocasia esculenta biological properties were derived from natural products such as alkaloids, flavonoids, tannins, phytates, and minerals¹⁷. Elmosallamy *et al.*²⁰ showed that the significant constituents of *C. esculenta* leaves are flavonoids β -sitosterol and steroids. Anthocyanins, isoschaftoside, vicenin, apigenin, catechin, anthraquinones, β -amyrin, α -amyrin, riboflavin, and niacin were also reported in leaves^{21,22}. The flavonoids in *C. esculenta* include orientin, isoorientin, vitexin, isovitexin, and luteolin-7-O-sophoroside²³. Orientin flavonoids are reported to have antibacterial activity²⁴.

Wang *et al.*²⁵, in previous research, reported the presence of antimicrobial activity in tests using *C. esculenta*. The research of Singh *et al.*²⁶ stated that the water extract of *C. esculenta* leaves showed the diameter of the inhibition zone of *Staphylococcus aureus* MTCC 96 and *S. mutans* MTCC 890 at a concentration of 400 mg/mL was 8.50±0.09 mm and 15.33±0.13 mm, respectively. A different solvent produced a more significant inhibition zone, ethanol extract of *C. esculenta* leaves against *S. aureus* of 14.3±1.45 mm at a similar concentration²⁷.

The selection of the solvent and methods used for extraction was an important factor, so it must be fully considered²⁸. The maceration extraction method has the advantage of being easy to use and requires less equipment. Since the maceration method was used at room temperature, thermolabile flavonoid compounds are appropriate²⁹. Antimicrobial compounds are most commonly found in the phenolic compounds terpenoids but also found in flavonoids, saponins, and alkaloids classes³⁰⁻³². Orientin was a flavonoid compound with low polarity, making it easily soluble in semipolar solvents. Since 96% ethanol was a semipolar solvent, it was chosen as the extraction solvent³³. Based on the prior studies of 96% ethanol extract against *S. mutans* ATCC 31987, researchers intend to investigate the antibacterial activity of *C. esculenta* leaf ethanol extract against the growth of the primary bacteria responsible for dental caries.

MATERIALS AND METHODS

Materials

The materials used in this study were old fresh *C. esculenta* leaves, collected from Balai Penelitian Tanaman Sayuran (Research Center of Agriculture Ministry) Lembang, West Java, Indonesia. *Streptococcus mutans* ATCC 31987 isolates from Biology Department Universitas Indonesia, 96% ethanol, dimethyl sulfoxide (DMSO), chlorhexidine, 0.9% sterile physiological NaCl, Mueller Hinton Agar (MHA), blood agar, H₂SO₄, BaCl₂, 70% ethanol, HCl, acetic acid, *n*-hexane, Mg metal, Mayer reagent, Wagner reagent, aquadest, chloroform, FeCl₃, and blank disc. The instruments used in this study were an autoclave (Hirayama®), incubator (Memmert®), blender (Philips®), vacuum rotary evaporator (Buchi®), biological safety cabinet (Thermo Scientific®), oven (Memmert®), microscope (Leica®), spectrophotometer (Shimadzu®), analytic scale (Mettler Toledo®), waterbath (Electro-mag®), micropipette (Effendorf®), refrigerator, caliper, inoculation loop, and laboratory glassware.

Methods

Preparation of ethanolic extraction

Preparations of simplicia adapted from Arnida *et al.*³⁴ including wet sorting, washing, chopping, drying, and dry sorting (**Figure 1**). The drying was done in an oven at 50±2°C. Dry leaves or simplicia could be crushed by hand into small pieces

with a water content of 10% or less. Gravimetric methods are used to determine the water content. **Equation 1** was used to calculate the yield extract:

Water content (%) =
$$\frac{(W1-W0)-(W2-W0)}{(W1-W0)} x100\%$$
 ... [1]

W0 = weight of container (g)

W1 = weight of container + weight of moist simplicia (g)

W2 = weight of container + weight of dry simplicia (g)

Simplicia was ground to a powder with a blender and sieved at 60 mesh. *Colocasia esculenta* leaves simplicia were macerated in 96% ethanol. Simplicia powder was soaked in ethanol (1:10) for 24 hours at room temperature, stirring occasionally. This process was repeated until the pellucidity was achieved. Following filtration of the suspension through filter paper, *C. esculenta* leaf extract was evaporated at 50°C using a rotary vacuum evaporator and a waterbath (Figure 1). The crude extract was kept at 40°C until it was analyzed. Equation 2 was used to calculate yield extract:

Yield extract (%) =
$$\frac{\text{crude extract weight (g)}}{\text{simplicia weight (g)}} x \ 100\% \qquad \dots [2]$$



Figure 1. *Colocasia esculenta* leaves before chopping (fresh) (**a**), drying process in the oven (**b**), and thickening extract process to evaporate the remaining solvent (**c**).

Phytochemical analysis35,36

Phytochemical compounds were identified by qualitative analysis. The extract's content of flavonoids, alkaloids, saponins, tannins, steroids, and terpenoids was determined qualitatively. The extraction solvent affects the secondary metabolite content of the extract.

Alkaloid (Wagner and Mayer test): About 5 mg extract was dissolved in chloroform, then 0.5 mL of 1 M sulfuric acid was added and slowly shaken. The mixture was allowed to stand for a few moments until two layers formed. The transparent top layer was divided into two parts, one receiving 2-3 drops of Wagner's and the other receiving 2-3 drops of Mayer's reagent. The brown precipitate indicated the alkaloid compounds by Wagner's and the white precipitate by Mayer's reagent. Flavonoid (Wilstater test): About 5 mg of extract was dissolved in 5 mL of hot water, boiled for 5 minutes, and then filtered. The filtrate was mixed with Mg metal, 1 mL of concentrated sulfuric acid, and 2 mL of 70% ethanol. The mixture was shaken vigorously and set aside. The presence of flavonoid compounds was indicated by the formation of a red, yellow, or orange color on the ethanol layer.

Tannins and Polyphenol (FeCl₃ test): About 0.5 g of the extract was dissolved in 2 mL of 70% ethanol, boiled in 10 mL of distilled water, and filtered in a test tube. Three drops of 0.1 % FeCl₃ were added, and a brownish-green or blue-black color formed indicating the presence of tannins and phenols.

Saponin (Foaming test): *Colocasia esculenta* extract was dissolved in 10 mL of hot water and allowed to cool. Once cool, the mixture was vigorously shaken vertically for 10 seconds. The presence of saponin compounds was indicated by a stable foam as high as 1 cm if the foam remains stable after adding one drop of 1% HCl.

Triterpenoids and Steroids: In a test tube, 0.5 mg of extract was placed. The mixture was then treated with 2 mL of anhydrous acetic acid and 0.5 mL of concentrated sulfuric acid. A blue or green color indicated the presence of steroids, while a brownish or purple ring indicated the presence of triterpenoids.

Bacterial preparations

The bacteria were obtained, and then Gram stained to examine cell morphology. Gram staining was tested by dripping the reagents in a specific order. The first reagent was gentian violet as a primary stain, followed by iodine solution as a mordant, alcohol as a decolorizer, and safranin as a counterstain. Gram-positive bacteria retain the first color, making them appear violet under a 100x magnification microscope. The bacteria were recultured by streaking a loop of bacteria in blood agar media and incubating it at 37°C for 18-24 hours before using the bacteria to make suspensions.

Antibacterial activity

McFarland standard 0.5 was made by combining 0.05 mL of 1% BaCl₂ with 9.95 mL of 1% H₂SO₄. The turbidity produced in the test tube was equivalent to 1.5×10^8 CFU/mL of bacteria. The mixture of the two solutions was attempted for no more than 15 minutes to serve as a standard^{37,39}.

Recultured *S. mutans* in a sterile inoculation loop were suspended in a tube containing 10 mL of 0.9% physiological NaCl. The turbidity was then compared to McFarland 0.5 standard. Turbidity was measured with a spectrophotometer equal to 0.1 at 625 nm. The too high turbidity could be reduced by adding 0.9% physiological NaCl or bacterial colonies⁴⁰.

The test bacteria were planted in the solidified MHA media using the spread plate method. The prepared bacterial suspension was taken $100 \,\mu$ L with a micropipette and dripped on the surface of the solidified MHA media. The suspension droplets were spread using a sterile L-rod, with repeated rotation of the petri dish, to ensure that the test bacteria spread evenly. *Colocasia esculenta* leaf ethanol extract was prepared in various concentrations of 10, 20, 30, 40, 50, 60, and 70% dissolved in DMSO. The positive control was chlorhexidine, the negative control was DMSO solution, and the growth control was suspension only. Blank discs with a diameter of 6 mm were immersed in that test solution for 10 minutes to make sample discs. Sample discs were given to solid media mixed with the test bacteria. The samples were incubated at 37°C for 24 hours in an inverted position to prevent condensation from dripping onto the media⁴¹.

Furthermore, the presence or absence of the formed inhibition zone was observed. The apparent diameter of the clear zone around the disc was measured using a caliper diagonally, vertically, and horizontally and averaged. The diameter of the clear zone was reduced by the diameter of the disc³⁷.

Statistical analysis

The inhibition zone values were calculated using IBM SPSS Statistic 25 for Windows and expressed as mean (n=3) per plate of three repetitions±standard deviations (SD). Suppose the data had a normal distribution (p < 0.05), the normality test was performed using Analysis of Variance (ANOVA) and Kruskal-Wallis if not. Then a Post Hoc (p < 0.05) analysis was performed.

RESULTS AND DISCUSSION

Ethanol extract preparations

The water content of *C. esculenta* leaves was 7.07±0.05%, less than 10%. Microbes will easily overgrow in water with content greater than 10%. The simplicia was then mashed to facilitate the extraction process. A large surface area will increase the effectiveness of the solvent in breaking down plant cell walls, so it was expected that the extracted compounds would be maximal⁴².

Antibacterial compounds such as orientin in *C. esculenta* leaves were extracted with 96% ethanol. Other compounds such as luteolin, apigenin, isoorientin, vitexin, and isovitexin have similar solubility. Previous studies show ethanol was the best choice because it contains the tremendous variety and extent of bioactive components in *C. esculenta* extract²⁰. The resulting yield extract was 20.53%, which was calculated to determine the adsorption value of the solvent in extracting the extract.

Phytochemical analysis

Qualitative identification of compound groups was performed to determine the content of compound groups in *C. esculenta* leaf extract that may have antibacterial properties. The presence of alkaloids, flavonoids, triterpenoids, and saponins was detected in the qualitative test on *C. esculenta* leaf extract shown in **Table I**. Eddy⁴³ stated that the water extract of *C. esculenta* leaves contains saponins and tannins. Meanwhile, the ethanol extract of *C. esculenta* leaves, apart from containing saponins and tannins, also contains terpenoids, anthraquinones, flavonoids, and alkaloids. Different solvents can lead to the extraction of various phytochemical compounds. The precipitate formed in the alkaloid test was potassium-alkaloid because the alkaloid compound contains a nitrogen atom with a lone pair of electrons that can be used to form coordinate covalent bonds with metal ions. The alkaloids' nitrogen will react with the metal ions K⁺ from potassium tetraiodomercurate (II) to form a precipitated potassium-alkaloid complex⁴⁴.

Flavonoid testing was carried out by adding HCl and Mg metal, which reduced the benzopyrone core contained in flavonoid compounds, resulting in the formation of red color in these compounds⁴⁵. Meanwhile, the saponin test was performed by adding hot water to the ethanol extract. Saponins are polar in that they can dissolve in solvents such as water, though they are also non-polar in that they contain a hydrophobic group, an aglycone (sapogenin). The presence of glycosides, which can form foam in water and hydrolyze into glucose and other compounds, causes the foam produced in the saponin test⁴⁶.

Triterpenoid testing was carried out by adding acetic acid and sulfuric acid, which can produce a color change reaction to a brownish or purple ring. This can occur due to condensation or release of water and incorporation with carbocations. This reaction begins with the acetylation of the hydroxyl group using anhydrous acetic acid. Furthermore, the release of the hydrogen group and its electrons causes the double bond to move and experience resonance which acts as an electrophile or carbocation. The presence of a carbocation causes electrophilic addition, followed by the release of hydrogen. Then the hydrogen group and its electrons are removed. As a result, the compound undergoes conjugation extension, which shows the appearance of a brownish ring⁴⁷.

Phytochemical analysis	Description	Result	Conclusion
Alkaloid	The color changed, but no white precipitate or white turbidity was formed in the Mayer's reagent, whereas a brick-red precipitate was formed in the Wagner's reagent.		+
Flavonoid	Formation of red color on the top layer when compared to the blank		+
Tannin	Same as blank, no brownish-green or blue-black color was formed.		-
Triterpenoid	A concentrated dark color resulted, and the color of the blank was lighter than the test results.	P	+
Saponin	The foam was formed and the foam that was formed was stableIya	No. Take	+

Table I. Phytochemical analysis of C. esculenta leaves extract

Note: (+) presence; (-) absence

Antibacterial activity

The extract diffuses on the agar and inhibits the test microbes' growth, resulting in a clear zone formation. The zone of inhibition can be seen as the formation of a clear zone around the disc, with the visible diameter of the zone concluding as the extract's inhibition zone against the test microbes. Outside the zone, turbidity indicates the growth of microbes that are not inhibited by the extract. **Table II** shows the results of testing a 96 % ethanol extract of *C. esculenta* leaves against the caries-causing *S. mutans*. Each variation of the concentration of 96% ethanol extract of *C. esculenta* leaves has antibacterial activity, and a clear zone around the disc indicates an inhibition zone.

Tests revealed that a concentration of 70% can provide inhibition of 21.11 ± 0.46 mm, indicating that it has a very strong antibacterial ability. Ponce *et al.*⁴⁸ classified the diameter of the inhibition zone into four categories: weak inhibition zone of 8 mm, moderate inhibition zone of 8-14 mm, strong inhibition zone of 15-19 mm, and very strong inhibition zone of >20 mm. The lowest concentration was in the weak category, and the highest was in the very strong category, according to the above categories. This could occur because the lower the concentration of an extract, the more dilute the extract produced and the smaller the inhibition zone formed to inhibit *S. mutans*.

The test revealed that chlorhexidine inhibited the microbes by 9.37±0.27 mm. Chlorhexidine was known to have bacteriostatic and bactericidal properties, and it can effectively inhibit and kill *S. mutans*. Chlorhexidine was an effective mouthwash in the treatment of dental caries⁴⁹. The mechanism of chlorhexidine causes changes in the permeability of the bacterial cell membrane, resulting in the release of cytoplasm and cell components from within the cell through the cell membrane, resulting in bacterial death⁵⁰. The 0.2% chlorhexidine concentration was chosen because it was the concentration commonly used as a mouthwash. Furthermore, increasing the concentration of chlorhexidine will make it toxic to dental cells.

The negative control showed no inhibition zones against the *S. mutans*. The negative control (10% DMSO), a solvent used in extract dilution, does not inhibit bacterial growth. DMSO was a neutral solvent capable of dissolving both polar and non-polar substances⁵¹. According to Trisia *et al.*⁵², who examined the antibacterial activity test of the ethanolic extract using the disc diffusion method, DMSO had no inhibitory effect on the growth of *S. aureus* (Kirby-Bauer).

Previous research by Dutta and Aich²⁷ demonstrated that the diffusion of ethanol extract of *C. esculenta* leaves at a concentration of 400 mg/mL inhibited *S. aureus* by 14.3±1.45 mm. Our research yielded an inhibition of 7.33±0.64 mm at the same concentration (40%). Meanwhile, at a concentration of 20 mg/mL, the inhibition zones formed by *C. esculenta* leaves chloroform and methanol extract against *S. aureus* were 16.23±1.53 and 20±1.00 mm, respectively⁵³. Singh *et al.*²⁶ tested the antibacterial activity of *C. esculenta* leaves aqueous extract against *S. mutans* and found an inhibition zone of 15.33±0.10 mm at 400 mg/mL.

The extract's phytochemical content influenced the antibacterial activity of *C. esculenta* leaf extract. Flavonoids, saponins, alkaloids, and terpenoids are found in *C. esculenta* leaves ethanol extract. Alkaloid group compounds can function as antibacterials by interfering with the peptidoglycan components in bacterial cells, causing the cell wall layer not to form entirely and causing the bacterial cell to die⁵⁴. Furthermore, flavonoid compounds inhibit cell membrane function, DNA gyrase, and bacterial metabolism⁵⁵. Other groups of compounds that are positive in the extract and have an antibacterial function are saponins and triterpenoids. Saponins can work as an antibacterial by disrupting the permeability of cell membranes so that the membrane becomes unstable and causes lysis⁵⁶. Meanwhile, the mechanism of action of triterpenoids by damaging the bacterial cell membrane. Cell membrane damage can occur when active antibacterial compounds react with the active site of the membrane⁵⁴.

Table II showed that the test solution has a more significant zone of inhibition against *S. mutans* than the positive control (60 and 70%). The greatest concentration of 70% was twice as strong as the positive control, which had a concentration of 0.2%. According to the results of the tests, *C. esculenta* leaf extract can be utilized as an alternative to *S. mutans* inhibition.

Commle	Inh	$\mathbf{A}_{\text{max}} = \mathbf{a}_{\text{max}} + \mathbf{c} \mathbf{D}_{\text{max}} $		
Sample	P1	P2	P3	Average±SD (mm)
C. esculenta leaves extract (10%)	3.97	3.73	3.37	3.69±0.3
C. esculenta leaves extract (20%)	5.6	4.87	4.57	5.01±0.53
C. esculenta leaves extract (30%)	6.3	5.07	6.70	6.02±0.85
<i>C. esculenta</i> leaves extract (40%)	8.07	6.9	7.03	7.33±0.64
C. esculenta leaves extract (50%)	9.1	7.07	8.46	8.21±1.04
C. esculenta leaves extract (60%)	12.13	12.97	11.13	12.13±0.93
C. esculenta leaves extract (70%)	20.93	21.63	20.77	21.11±0.46
Chlorhexidine (0.2%)	9.67	9.13	9.33	9.37±0.27
DMSO (10%)	-	-	-	-

Table II.	Inhibition zone of	C. esculenta	leaves extract and	d control against S. mutans
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Note: The diameter of the inhibition zone was reduced with the disc diameter (6 mm)

Statistical analysisis

All data on the antibacterial activity of the ethanol extract of *C. esculenta* leaves against *S. mutans* were analyzed using statistical tests. This study's variables were categorical and unpaired numeric variables and had more than two groups. Therefore, the statistical test that can be used is the ANOVA test with the condition that the data obtained must be normally distributed and have homogeneous data variances. The data obtained were first analyzed using the normality test, which aims to see whether the resulting data were normally distributed or not. The normality test results have two results: the Kolmogorov-Smirnov and the Shapiro-Wilk test. The normality value was seen in the Shapiro-Wilk test because the data obtained was less than 50. The normality value of each treatment was more than 0.05, so it can be concluded that the data obtained are normal.

After the normality test, the data from the antibacterial activity test results should be tested for homogeneity, which aims to see the homogeneity of the data variants. The homogeneity of variances test shows a p-value of >0.05. Therefore, it can be concluded that there are at least two groups that have significantly different data variances. Based on the normality and homogeneity test results, we used the ANOVA test because the data obtained were normally distributed, and the data's variance was homogeneous. Analysis was conducted Post hoc to find out which groups had significantly different data. **Table III** showed that the negative control significantly differed from the positive control. The overall activity data was significantly different from the negative control. Furthermore, the test group was significantly different from the positive control, significantly smaller or larger, with a p-value of <0.05.

Table III.	Statistical	analysis	of antibacteria	l activity of	C. esculenta	leaves extract
				1		

Samples	Negative control	Positive control	10%	20%	30%	40%	50%	60%	70%
Negative control	-	0.000*	0.000*	0.000*	0.000*	0.000*	0.000*	0.000*	0.000*
Positive control		-	0.000*	0.000*	0.000*	0.001*	0.040*	0.000*	0.000*
C. esculenta 10%				0.022*	0.000*	0.000*	0.000*	0.000*	0.000*
C. esculenta 20%				-	0.071	0.000*	0.000*	0.000*	0.000*
C. esculenta 30%					-	0.023*	0.000*	0.000*	0.000*
C. esculenta 40%						-	0.113	0.000*	0.000*
C. esculenta 50%							-	0.000*	0.000*
C. esculenta 60%								-	0.000*
C. esculenta 70%									-

Note: (*) a significant difference with a 95% confidence level

CONCLUSION

The results showed that the best inhibition zone was 21.11±0.46 mm at a 70% concentration of *C. esculenta*, which was more significant than the control. *Colosia esculenta* leaves had very strong antibacterial activity against *S. mutans*.

ACKNOWLEDGMENT

The author would like to express gratitude to the Poltekkes Kemenkes Bandung for financial funding through the PDP research grant scheme.

AUTHORS' CONTRIBUTION

Ayu Nala El Muna Haerussana: concept and design, research team leader and coordinator, validation, antibacterial assay, and article writing. Angreni Ayuhastuti: concept and design, validation, and article writing. Siti Fira Yuniar: sampling and simplicia preparation. Hana Alifah Bustami: extraction and phytochemical screening. Widyastiwi: data analysis.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare that they have no conflicts of interest to report regarding the present study.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 279 – 287 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3692 DOI: https://doi.org/10.33084/bjop.v5i3.3692 e-ISSN: 2621-4814

Research Article

Isolation of Endophytic Fungus from Leaves of Uncaria cordata (Lour.) Merr and Antibacterial Activity Against Propionibacterium acnes and Escherichia coli

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Keywords: Antibacterial Endophyte fungi Isolation *Uncaria cordata*



Uncaria cordata (Lour). Merr (akar kaik-kaik) is one of the medicinal plants used as antibacterial because it contains bioactive compounds that can inhibit the growth of microorganisms. The plant is one of the sources of endophyte fungal isolates that can be developed as an alternative to producing antibacterial compounds. This research aimed to isolate the endophytic fungus from the leaves of U. cordata and know the antibacterial activity against Propionibacterium acnes and Escherichia coli by disc diffusion. The Fungi that were isolated from the leaves of U. cordata were 17 isolates. The isolates were continued for antibacterial activity testing: IFED 1 (Nigrospora sp.), IFED 2 (Aspergillus sp.), IFED 3 (Fusarium sp.), and IFED 4, whose genus was unknown. The results obtained were fungal isolates IFED 1 to IFED 4 had activity in inhibiting the growth of *P. acnes* with moderate category (18.16 mm) and weak categories (6.21, 6.16, and 6.68 mm) and in E. coli with moderate category (14.56 mm) and weak categories (6.53, 6.71, and 7.23 mm). The results of One-Way ANOVA and Tukey's test showed a significant difference (p < 0.05) between the diameter of the inhibition zone with the type of endophytic fungus supernatant isolated from the leaves of U. cordata. The best isolate of endophytic fungi inhibiting P. acnes and E. coli bacteria was IFED 1 (Nigrospora sp.).

Received: June 29th, 2022 1st Revised: August 4th, 2022 Accepted: August 14th, 2022 Published: August 31th, 2022



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INTRODUCTION

Infectious diseases are disorders caused by organisms such as bacteria, viruses, fungi, or parasites. Many organisms live in and on our bodies¹. They are generally harmless or even helpful. However, certain organisms that may cause disease are called pathogens under certain conditions². Pathogenic bacteria consist of Gram-positive bacteria such as *Staphylococcus aureus*, *Staphylococcus epidermidis*, and *Propionibacterium acnes*, while Gram-negative bacteria, for example, *Escherichia coli*, *Salmonella typhi*, and *Pseudomonas aeruginosa*³⁴.

Bacterial infections can be treated with antibiotics⁵. However, excessive use of antibiotics can cause drug side effects and even antibiotic resistance⁶. Therefore, people return to using natural materials such as medicinal plants⁷. Medicinal plants have certain parts that can be used, including roots, rhizomes, stems, leaves, and fruit⁸. The lack of side effects from natural ingredients is an alternative for treatment for the community⁹.

Bioactive compounds from medicinal plants can be used by extracting certain parts¹⁰. However, this method can make the existence of plants even more scarce if bioactive compounds are taken directly from rare medicinal plants¹¹. One efficient way to overcome this is to use endophytic fungi¹².

How to cite: Octaviani M, Ameliah WY, Frimayanti N, Djohari M, Fadhli H. Isolation of Endophytic Fungus from Leaves of Uncaria cordata (Lour.) Merr and Antibacterial Activity Against Propionibacterium acnes and Escherichia coli. Borneo J Pharm. 2022;5(3):279-87. doi:10.33084/bjop.v5i3.3692

Endophytic fungi are microorganisms with a living habitat in organs such as seeds, roots, stems, and leaves for a certain period, colonizing plant tissues without harming the host plant¹³. Endophytic fungi can live in symbiotic mutualism with their host plants and produce secondary metabolites that have bioactivity, such as antimicrobial, antifungal, anticancer, antiviral, and antiparasitic¹⁴. Endophytic fungi produce secondary metabolites similar to those of the host plant. Therefore, efforts have been made to identify endophytic fungi isolated from medicinal plants so that they do not have to be extracted from their host plants¹⁵.

Based on the description above, in plants of the *Uncaria* genus, endophytic fungi have antibacterial activity. Therefore, researchers are interested in researching the leaves of *Uncaria cordata* (Lour.) Merr or *akar kaik-kaik* (Indonesian). This study aimed to isolate the endophytic fungus from the leaves of the *U. cordata* and determine the antibacterial activity against *P. acnes* and *E. coli* using the disc diffusion method.

MATERIALS AND METHODS

Materials

The materials used include 70% ethanol, sterile distilled water, 5.3% sodium hypochlorite, chloramphenicol antibiotic disc, Nutrient agar (NA) (Merck), Potato Dextrose agar (PDA) (Merck), Potato Dextrose yeast (PDY) (Merck), Potato Dextrose broth (PDB) (Himedia), 0.9% NaCl solution, 2N sulfuric acid, concentrated hydrochloric acid, 1% iron (III) chloride, chloroform, 0.005N ammonia chloroform, magnesium metal, activated carbon, Liebermann-Burchard reagent, Dragendorff's reagent, and Mayer's reagent. The main instruments used in this study were an autoclave (GEA Model YX-280B), oven (Memmert), incubator (Memmert), incubator shaker (Selecta), analytical balance (Shimadzu), microscope (Shimadzu), UV-Vis spectrophotometer (Shimadzu). The sample used in this study was the leaves of *U. cordata* taken in Special Purpose Forest Area (*Kawasan Hutan dengan Tujuan Khusus*; KHDTK) Bukit Suligi, Rokan Hulu Regency, Riau, Indonesia. Endophytic fungi isolated from leaves of *U. cordata*.

Methods

Identification of the sample

The sample was identified at the Botanical Laboratory of the Biology Department, Faculty of Mathematics and Natural Sciences, Universitas Riau, Pekanbaru, with the letter 88/UN19.5.1.1.3-4.1/EP/2021. The *U. cordata* plants used in this study are shown in **Figure 1**.



Figure 1. Uncaria cordata plants.

Phytochemical screening

A phytochemical screening test was carried out on fresh leaf samples and endophytic fungus supernatants. The screening test included alkaloids, flavonoids, saponins, tannins, steroids, and terpenoids¹⁶.

Isolation and purification of endophytic fungi

Endophytic fungi were isolated from the leaves of the *U. cordata*. The leaves were washed with running water to remove dirt on the surface and then cut into 1-1.5 cm sizes. The clean leaves were surface sterilized by soaking successively in 70% ethanol for a minute, 5.3% sodium hypochlorite for five minutes, and 70% ethanol for 30 seconds, then rinsed with distilled water three times. The sterilized leaves were dried on filter paper, and then the leaves were split using a sterile scalpel on a sterile slide, after that the pieces of the leaf halves were placed on PDA media that had been given 25 mg of chloramphenicol and then incubated at 28°C for seven days¹⁷.

Purification of endophytic fungi

Purification of endophytic fungi was carried out to obtain pure endophytic fungal cultures. The medium used to purify endophytic fungi was the new Potato Dextrose agar chloramphenicol (PDAC) media. Endophytic fungi growing on PDAC media were purified each on new PDAC media, then incubated at 28°C for seven days. After incubation, observations were made on the shape and color of the colonies on PDAC media. Each colony with different shapes and colors was subcultured again on new PDAC media.

Identification of fungus isolates

Identification of fungi was carried out by observing the morphological characteristics and characteristics macroscopically and microscopically from fungal colonies grown on PDAC media at 28°C. Macroscopically the observed characters included the color of the colony surface, the color at the bottom of the Petri dish, the shape of the surface, concentric circles, and diameter. Microscopic observations include septal hyphae or not. Hyphae are hyaline (colorless) or dark pigmented. Hyphae are spiral-shaped, nodular, or rhizoid in shape¹⁸.

Fermentation of endophytic fungi

Fermentation of endophytic fungi was carried out by liquid fermentation using PDY media. Seven days old on PDAC media in a Petri dish, endophytic fungi were taken using a sterile scalpel. A total of four pieces of mushrooms were put into 50 mL of PDY liquid fermentation medium. Furthermore, shaken fermentation was carried out using an incubator shaker at a temperature of 28°C at a speed of 100 rpm for 14 days. Centrifugation was carried out for 20 minutes at a speed of 2000 rpm to obtain the fermentation results. The endophytic fungal supernatant was filtered using Whatman No.1 filter paper. The supernatant obtained was used to test the antibacterial activity¹⁹.

Antibacterial activity test of endophytic fungus

The method of testing the antibacterial activity of agar diffusion method using NA medium. Antibacterial activity test of the endophytic fungus supernatant against *P. acnes* and *E. coli* bacteria was carried out using the Kirby-Bauer test method using disc paper. Disc paper was made from Whatman filter paper with a pore size of 0.22 m by cutting with a paper punch to obtain a paper disc with a diameter of 6 mm.

The suspension of the test bacteria aged 24 hours was transferred to a Petri dish containing the test medium at a temperature of 40-50°C, then homogenized and allowed to solidify. Sterile disc paper was dripped aseptically with 20 L of endophytic fungus supernatant and allowed to stand for 15 minutes, and then the disc paper was placed aseptically on the surface of the media that had been inoculated with the test bacteria. Petri dishes were then incubated at 37°C for 24 hours. The diameter of the clear zone formed was measured using a caliper. Paper disc chloramphenicol 30 g was used as a positive control, while 10 L sterile distilled water was used as a negative control. The test was carried out with three repetitions²⁰.

Statistical analysis

The data were analyzed statistically using the One-Way ANOVA method with the SPSS program if the data distribution was normal and homogeneous. If the result of One-Way ANOVA is p <0.05, there is a significant difference between each

endophytic fungal supernatant and the inhibition diameter of the tested bacteria. Further testing can be carried out using Tukey for One-Way ANOVA to find out which treatments are significantly different in providing inhibition.

RESULTS AND DISCUSSION

Phytochemical screening of fresh samples aims to determine the content of secondary metabolites contained in fresh samples. The secondary metabolites contained in the fresh samples were alkaloids, flavonoids, terpenoids, saponins, and phenolics. The results of the observations can be seen in **Table I**.

Secondary metabolites Description Reagent Result Alkaloid Mayer White precipitate Mg + HCl Flavonoid Red color + Phenolic FeCl₃ Green color + Saponin Foam test Produce foam + Steroid Liebermann-Burchard No green color Liebermann-Burchard Terpenoid Red color

 Table I.
 Results of phytochemical screening of fresh samples of leaves of U. cordata

The leaves of the *U. cordata* plant that have been taken are washed using running water until they are clean of stains attached to the leaf surface. Then the leaves were cut into small fragments with an area of 1 cm² using a sterile scalpel. Then the leaf pieces were sterilized using 5.3% NaOCl solution and 70% alcohol to kill and inhibit epiphytic microbes during the incubation of endophytic fungi. The sterile leaf pieces were then cut in half using a sterile scalpel, placed into a Petri dish containing PDAC media, and then incubated at 28°C for seven days. The isolates of endophytic fungi from the leaves of *U. cordata* were purified and incubated for seven days at 28°C to obtain pure isolates based on different morphological characteristics with isolate codes IFEDs 1 to 17.

Macroscopic observation IFED 1 had the characteristics of culture growth within 3-4 days, the colonies were white and gray, the color at the bottom of the Petri dish was brown to black, the colony size was medium, the texture was rough, had concentric circles, and the growth diameter was 5 cm. Microscopic observation of hyphae insulated, conidia black. Based on the macroscopic and microscopic characteristics described and compared with the literature, IFED 1 belongs to the genus *Nigrospora*²¹⁻²³. *Nigrospora* has white and then gray colonies; the color on the bottom of the Petri dish is brown to black; the hyphae are hyaline and insulated, and the conidiophores are simple and round.

Macroscopic observations of IFED 2 had the characteristics of colony growth within 3-5 days, white colonies then rapidly growing black, the color at the bottom of the Petri dish was black, the surface was downy, had concentric circles, and the growth diameter was 9 cm. Microscopic observations of hyphae are insulated and branched; conidiophores are hyaline in color, and conidia are round and oval. Based on the macroscopic and microscopic characteristics described and compared with the literature indicating that IFED 2 belongs to the genus *Aspergillus*²¹⁻²³. *Aspergillus* has a white colony color, then quickly grows black and has concentric circles. Insulated hyphae and conidiophores are hyaline in color and round in shape. The mycelium is initially white, and then the sporangium becomes yellowish brown, green, or blackish.

Macroscopic observations of IFED 3 had colony growth characteristics within four days, and colonies were white like cotton and round in shape; the color at the bottom of the Petri dish was cream and had concentric circles and a growth diameter of 3.6 cm. Microscopic observations of hyphae are not insulated and are hyaline in color, branched conidiophores. Based on the macroscopic and microscopic characteristics that have been described and compared with the literature, IFED 3 is included in the genus *Fusarium* and has the characteristics of white colony color, short, simple, or branched conidiophores²¹⁻

The observation results of the morphological characteristics of IFED 4 had the characteristics of white-green colonies. The color at the bottom of the Petri dish was dark green yellow, had concentric circles, and a growth diameter of 7.7 cm. Microscopic observations of the hyphae are hairline and insulated. The macroscopic and microscopic characteristics

described and compared with the literature indicate that IFED 4 is not yet known²¹⁻²³. Isolates of endophytic fungus leaves of U. cordata can be seen in Table II and Figure 2.

Table II. Identification results of isolates of endophytic fungus of leaves of U. cordata

Fungal isolates code	IFED 1	IFED 2	IFED 3	IFED 4
Colony color	Grayish white	white	white	white
The color of the bottom of the Petri dish	Yellow dark brown	blackish green	White cream	White yellow
Diameter	5 cm	9 cm	3.6 cm	7.7 cm
Concentric circle	Yes	Yes	No	Yes
Texture	Coarse	Smooth	Cotton	Smooth
Hyphae	Insulated hyphae	Insulated hyphae	Insulated hyphae	Insulated hyphae
Hyphae color	Hyaline	Hyaline	Hyaline	Hyaline
Genus	Nigrospora sp.	Aspergillus sp.	Fusarium sp.	Unknown



b

а





d



Figure 2. Isolates of endophytic fungus leaves of U. cordata. Respectively, the following are macroscopic and microscopic views of IFED 1 (**a** and **b**); IFED 2 (**c** and **d**); IFED 3 (**e** and **f**); and IFED 4 (**g** and **h**).

In this study, the IFEDs 1 to 4 has been identified by macroscopic and microscopic stages so that these isolates could be tested for antibacterial activity. As for the other isolates, the identification stages have not been carried out yet. The antibacterial activity test was used as supernatant of fermented endophytic fungi. Fermentation of endophytic fungi was carried out for 14 days by shaking using an incubator shaker. The fermentation process aims to remove secondary metabolites contained in endophytic fungal colonies. The formation of secondary metabolites occurs in the stationary phase, namely the phase when the rate of cell division and the rate of microbial death reach equilibrium, starting when the nutrients in the growth medium of microorganisms have been exhausted. The limitation of nutrients in the medium can cause the accumulation of secondary metabolite enzymes and secondary metabolite genes, which are thought to increase the production of secondary metabolites²⁴.

The fermentation process of endophytic fungi uses liquid media because fermentation with liquid media is more effective in producing biomass and bioactive compounds than fermentation in solid media. Fermentation of endophytic fungi using PDY media because this medium contains carbon from potatoes, dextrose, and yeast as nitrogen sources. Fermentation media must contain nutrients for growth, energy source, a constituent of cell substances, and biosynthesis of fermentation products. The most important media components are carbon and nitrogen sources because microbial cells and fermentation products are mainly composed of carbon and nitrogen elements. In addition, it also contains organic salts as well as several vitamins and minerals²⁴.

The formation of microbial fermentation products can be influenced by several factors, such as substrates and nutrients. In fermentation, substrates are needed that are cheap, easy to obtain, and efficient in their use. Some substrates that can be used as carbon sources are molasses and starch. Meanwhile, ammonium salts, urea, nitrates, and soybean flour can be used as nitrogen sources. The second factor is pH; pH measurements are carried out to maintain the medium at the optimum pH during fermentation. Molds have an optimum pH between 5 and 7, and can grow in the pH range of 3-8.5^{24,25}.

The third factor is temperature; the fermentation temperature is carried out at a temperature where cell growth or metabolite production is highest. Most microorganisms can only grow in a temperature range of 20-30°C. Based on the optimum growth temperature, the microorganisms used in the fermentation were classified as mesophiles with an optimum temperature of 20-45°C and thermophiles with an optimum temperature of 45°C. Microorganisms with a reasonable growth rate below 20°C are classified as psychrophiles. The fourth factor is aeration and agitation; aeration aims to provide adequate oxygen supply, maintain aerobic conditions and remove carbon dioxide gas produced during fermentation. Agitation also aims to even out the spread of microorganisms, nutrients, and oxygen in the medium^{24,26}.

Phytochemical screening of the leaf endophytic fungus supernatant *U. cordata* using the TLC method. Phytochemical screening is a preliminary stage to provide an overview of the class of compounds contained in the endophytic fungal supernatant. Phytochemical screening of endophytic fungal supernatants was carried out using TLC, sprayed with staining reagent on the TLC plate, and observed the color changes that occurred on the TLC plate. The phytochemical screening found that secondary metabolites were contained in the endophytic fungal supernatant of the leaves of the *U. cordata*; IFED 1 contained alkaloids, flavonoids, phenolics, and terpenoids. The results of phytochemical screening of endophytic fungal supernatants at IFED 2 were positive for phenolic compounds and flavonoids. In IFED 3, there are alkaloids, phenolic, and flavonoid compounds. Meanwhile, IFED 4 contains alkaloids and terpenoids. The results of the *u. cordata* showed different activities of each isolate in producing its antibacterial metabolites. Antibacterial activity of endophytic fungus leaves of *U. cordata* can be seen in **Table III** dan **Figure 3**.

D / '		Diamete	r of inhibition zo	Mean diameter of	
Dacteria	Treatment	I	II	ÍII	inhibition zone±SD (mm)
Propionibacterium acnes	K(-)	-	-	-	-
	K(+)	23.6	23.2	22.1	22.96±0.77
	IFED 1	17.6	18.7	18.2	18.16±0.55
	IFED 2	6.1	6.4	6.15	6.21±0.16
	IFED 3	6.1	6.25	6.15	6.16±0,07
	IFED 4	6.6	6.7	6.75	6.68±0.07
Escherichia coli	K(-)	-	-	-	-
	K(+)	24.5	25.1	23.3	24.3±0.91
	IFED 1	14.9	14.5	14.3	14.56±0.3
	IFED 2	7.1	6.4	6.1	6.53±0.51
	IFED 3	7.4	6.6	6.15	6.71±0.63
	IFED 4	6.3	7.5	7.9	7.23±0.83

Table III. Antibacterial activity of endophytic fungus of leaves of *U. cordata*

Note: K(-): negative control; K(+): positive control

One-Way ANOVA analysis showed a significant difference (p <0.05) between each endophytic fungal isolate with positive control and negative control on the diameter of the inhibition formed. Tukey's analysis showed that each endophytic fungal isolate differed significantly from *P. acnes* and *E. coli*. The best isolate of endophytic fungi inhibiting *P. acnes* and *E. coli* was IFED 1 (*Nigrospora* sp.).

This study showed that the inhibition zone formed in Gram-positive bacteria was more significant than that of Gramnegative bacteria. This is due to differences in the sensitivity of the bacteria. Gram-positive bacteria have a simpler cell wall than Gram-negative bacteria, which have a more complex cell wall. According to Harti²⁷, the cell wall structure of Gramnegative bacteria is relatively more complex; the cell wall structure has two layers, namely the outer layer in the form of lipopolysaccharide and protein and the inner layer in the form of peptidoglycan. While the cell wall structure of Grampositive bacteria is simple, it has one layer of peptidoglycan²⁸.



Figure 3. Antibacterial activity of endophytic fungus leaves of *U. cordata* against *P. acnes* (a) and *E. coli* (b).

CONCLUSION

The fungi that were isolated from the leaves of *U. cordata* were 17 isolates. The isolates were continued for antibacterial activity test: IFED 1 (*Nigrospora* sp.); IFED 2 (*Aspergillus* sp.); IFED 3 (*Fusarium* sp.); and IFED 4, whose genus was unknown. The results were that fungal isolates IFED 1 to 4 had activity inhibiting the growth of *P. acnes* and *E. coli*. The results of One-Way ANOVA and Tukey's test showed a significant difference (p < 0.05) between the diameter of the inhibition zone with the type of endophytic fungus supernatant isolated from *U. cordata* leaves. The best isolate of endophytic fungi in inhibiting *P. acnes* and *E. coli* was IFED 1 (*Nigrospora* sp.).

ACKNOWLEDGMENT

We thank Sekolah Tinggi Ilmu Farmasi Riau for financing research funds through the Applied Research Grant year 2021 with grant number 12j.15.P3M.STIFAR.VIII.2021. This research was presented at the 2nd International Conference on Pharmacy Science and Practice (ICPSP) 2022 in Pekanbaru, Riau, Indonesia, on January 27th, 2022.

AUTHORS' CONTRIBUTION

Melzi Octaviani: conceptualization, funding acquisition, methodology, visualization, writing-original draft, writing-review & editing. Winda Yusma Ameliah: formal analysis, investigation, project administration, resources, writing-original draft. Neni Frimayanti: funding acquisition, methodology, supervision, validation. Meiriza Djohari: supervision, validation. Haiyul Fadhli: supervision, validation, writing-review & editing.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 288 – 298 http://journal.umpalangkaraya.ac.id/index.php/bjop/article/view/3267 DOI: https://doi.org/10.33084/bjop.v5i3.3267 e-ISSN: 2621-4814

Research Article

Bibliometric Analysis of the Utilisation of FINDRISC in Patients with Diabetes: 2005-2021

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Keywords: Bibliometric Diabetes FINDRISC Review Risk factors Screening

Abstract

Research on risk factors for diabetes (DM) is growing. Identification of these risk factors aims to prevent DM as early as possible. This study intends to identify the utilization of the Finnish diabetes risk score (FINDRISC) and its development using bibliometric analysis. The keywords "FINDRISC AND Diabetes" were used to search for articles published in 2005-2021 in PubMed. A total of 249 articles were analyzed based on the number of publications per year, journals that publish the papers, number of publications by author and year of publication, number of publications by affiliation and year of publication, number of publications by country of origin of authors and year of publication, number of keywords, number of citations, types of articles, specific topics, and theme mapping. The data visualization was obtained from the Scopus database and the VOSviewer and Biblioshiny applications. Despite the increase in publications, the number of publications on FINDRISC in DM patients is still very few per year, with 92.8% being the primary study. Based on clusters of the country of origin, publications are still dominated by researchers from countries in the European region, and the researchers intensely relate to each other through citations. Research themes related to FINDRISC are not limited to DM risk factors. This study is the first study of a bibliometric analysis of the utilization of FINRISC in DM patients. The analysis results can be used to evaluate existing research gaps and identify future research opportunities.

Received: February 12th, 2022 1st Revised: April 17th, 2022 Accepted: June 19th, 2022 Published: August 31th, 2022



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How to cite: Rokhman MR, Arifin B, Zulkarnain Z, Rauf S, Perwitasari DA. Bibliometric Analysis of the Utilisation of FINDRISC in Patients with Diabetes: 2005-2021. Borneo J Pharm. 2022;5(3):288-98. doi:10.33084/bjop.v5i3.3267

INTRODUCTION

The International Diabetes Federation estimates that there has been an increase in the number of people with diabetes by 21% between 2013 and 2019¹². The number of people with diabetes is estimated to be 463 million in 2019 and will increase to 700 million by 2045. It is estimated that 50.1% of people with diabetes are still undetected³. In addition, people with prediabetes as a high-risk group for developing diabetes usually go undetected clinically⁴. Improper and late intervention in this group will cause prediabetes to develop progressively into type 2 diabetes mellitus within 2-3 years, which in 70% of patients will remain throughout their lives⁵. Diabetes mellitus will burden patients, families, and the health care system⁶.

A systematic review and meta-analysis have discovered that lifestyle change interventions such as exercise, weight loss, and dietary management can prevent prediabetes and even slow the progression of type 2 diabetes⁷. Identification of individuals with prediabetes in the population is essential. However, prediabetes is difficult to trace because it is asymptomatic. Therefore, an instrument is needed to identify individuals with a high risk of developing type 2 diabetes so that lifestyle change interventions can be more targeted⁸.

The Finnish diabetes risk score (FINDRISC) is an instrument in the form of a questionnaire aimed at identifying individuals with a high risk of developing diabetes⁹. The question items in this instrument are a set of the main risk factors for type 2 diabetes. Initially, this instrument was developed to detect the risk of diabetes in the next ten years in the Caucasian population. However, this instrument has been translated, adapted, and validated over time so it can be applied to other populations, such as Asian populations¹⁰⁻¹². Several other studies have also compared the performance of the original version of FINDRISC with the simplified version of FINDRISC^{13,14}.

A study showed that FINDRISC could screen individuals at high risk of developing type 2 diabetes and that lifestyle intervention for these individuals effectively treats their obesity, one of the risk factors for type 2 diabetes¹⁵. In addition to its ability to identify individuals at high risk of developing diabetes, several studies have also evaluated the ability of FINDRISC to detect individuals with undiagnosed type 2 diabetes, the presence of impaired glucose tolerance, and the risk of developing metabolic syndrome¹⁶⁻¹⁸. Individuals with higher FINDRISC are also associated with a decreased quality of life¹⁹. No studies precisely quantify the development of research trends toward the FINDRISC instrument. Bibliometric analysis can be used for this purpose and has been widely used in many disciplines to observe research trends on a particular topic, population, or region. It can also be used to identify the potential for future research development. Therefore, this study aimed to identify the utilization of the FINDRISC using bibliometric analysis.

MATERIALS AND METHODS

Bibliometric analysis was performed by conducting a literature search on PubMed and Scopus with the keywords: "FINDRISC" AND "Diabetes". A total of 249 articles were obtained and analyzed based on the number of publications per year, journals that publish the articles, number of publications by author and year of publication, number of publications based on affiliation and year of publication, number of publications by country of origin and year of publication, number of keywords per year, number of citations per year, types of articles, specific topics, and theme mapping. The data visualization was obtained from the Scopus database with the VOSviewer and Biblioshiny applications.

Data analysis and visualization

The data in the Scopus database are visualized automatically. In contrast, we used VOSviewer and Biblioshiny to show data from the PubMed database. Only four of the 11 figures in this article are obtained from Scopus, notably Figures 1, 2, 8, and 9. We used VOSviewer/Biblioshiny to visualize the rest of the data from PubMed.

RESULTS AND DISCUSSION

From the literature search on PubMed and Scopus, the same 249 articles were obtained, with the annual distribution shown in **Figure 1**. Despite the increase in the number of publications, the number of publications on the topic of FINDRISC in patients with diabetes mellitus is still very few per year, where every year, only less than 35 articles are published. The highest number of published articles, 34 articles, was in 2020.



Figure 1. Number of articles on the topics of FINDRISC and diabetes for the period 2005-2021.

A bibliometric analysis of the number of publications related to the utilization of FINDRISC in patients with diabetes revealed an increasing trend since 2005. The overview of publication productivity based on country clusters showed that those researchers from European countries still dominate publications. This situation is likely because the FINDRISC instrument was first developed in a population at high risk of developing diabetes in Finland^{20,21}. In 2003, a new Diabetes Risk Screening program was started in Finland, with the development of an instrument called the Diabetes Risk Score instrument. Furthermore, the first publication discussing this topic was in 2005²². This finding is in line with the Word Cloud analysis (**Figure 10**), which shows that the word "Finland" is the word with the highest frequency of occurrence.

Figure 2 shows the journals that published articles related to FINDRISC and diabetes from 2005-2021. PLoS One was the journal that published the most articles on this topic in 2016. In 2021, Diabetes Research and Clinical Practice and Primary Care Diabetes published three articles on FINDRISC and diabetes. Research topics regarding FINDRISC and diabetes still have the potential to be explored, as evidenced by PLoS One publishing many articles related to FINDRISC and diabetes.

Figure 3 displays the authors of articles related to FINDRISC and diabetes based on the year of publication and the number of publications. There are eight clusters of authors of articles that are also related to each other. The number of relationships between authors is 344. The authors with yellow circles are included in the latest publication cluster, although the number of published articles is still limited. Tuomilehto was the author with the most publications around 2012-2016, followed by Lindstrom at the same time range.

Figure 4 displays the number of articles by institutional affiliation of the author and year of publication. There are 10 relations between institutions to which the authors are affiliated, and these institutions are divided into three clusters based on the year of publication. Research in 2018 was conducted mainly by the Diabetes Research Group, Dasman Diabetes Institute, and the Department of Chronic Disease. The institution that conducted the most extended years of research was the National Institute for Health.



Figure 2. Number of published articles related to FINDRISC and diabetes by journal.



Figure 3. Number of publications on the topics of FINDRISC and diabetes for the period 2005-2021 by author and year of publication.



Figure 4. Number of articles with FINDRISC and diabetes topics in publications for the period 2005-2021 by author affiliation and year of publication.

2013 2014 2015 2016 2017 2018

Figure 5 shows the number of articles by country of origin of the author and year of publication. There are five clusters of countries involved based on the year of publication, with 111 relationships with each other. Recent publications have been by authors from Saudi Arabia, Brazil, Venezuela, Greece, Belgium, and Colombia, although the number of publications is still relatively small. Most publications were by authors from Finland in 2015. This is understandable because FINDRISC originates from Finland.



Figure 5. Mapping of publications with FINDRISC and Diabetes topics for the period 2005-2021 by country of origin of author and year of publication.

Figure 6 shows the keywords used by the authors. There are five clusters of these keywords based on the year of publication with 199 relationships with each other. The keyword "diabetes" appeared in 2017 and is almost the same as "type 2 diabetes," which appeared in 2015.



Figure 6. Mapping of keywords related to FINDRISC and Diabetes topics in publications for the period 2005-2021 based on keyword type and year of publication.

Since 2015, articles have been published by researchers from countries in the Americas and Asia. Even though the number of articles is still relatively small, the researchers who research the topic of FINDRISC seem to be intensely related and interact with each other through citations. The lack of publications regarding the utilization of FINDRISC in Asian populations provides an opportunity to conduct a comparative analysis of the validity of the FINDRISC screening instrument in Asian populations. The different characteristics of populations with diabetes mellitus in Europe and Asia are very important to understand by clinicians and policymakers for the prevention of risk factors and management of diabetes. Compared to the European population, the incidence of diabetes in the Asian population is dominated by young people with insulin resistance due to excessive accumulation of body fat and abdominal obesity²³.

Figure 7 exhibits a mapping of citations by author and year of publication. There are six clusters based on the year of publication with 115 relationships between authors. The article by Tuomilehto was most cited in 2014, while the most cited articles published in 2020 were those by Cardon and Iotova. **Figure 8** shows the types of published articles, most of which are research articles (92.8%). While **Figure 9** displays the subject areas of the research, most of which are medicine (58.4%).



Figure 7. Mapping of citations related to FINDRISC and Diabetes topics in publications for the period 2005-2021 by author and year of publication.



Figure 8. Types of articles on the topics of FINDRISC and Diabetes in publications for the period 2005-2021.

Documents by subject area



Figure 9. Subject areas of research with the topics of FINDRISC and Diabetes in publications for the period 2005-2021.

The overview of the types of published articles reveals that most of the documents in this bibliometric analysis are original papers or research articles. The number of review articles was found to be less than 5%. It indicates an opportunity to conduct a systematic literature review, scoping review, or meta-analysis method to examine the validity and performance of FINDRISC as an instrument for screening various populations at risk of developing diabetes or having prediabetes. In addition, the existing publications that test the validity of FINDRISC in the new population mainly used a cross-sectional design, and there are still few publications that used prospective data²⁴.

Figure 10 shows the most frequently occurring words in publications about FINDRISC and diabetes. "Finland" is the most mentioned word in the publications. **Figure 11** is a mapping of themes based on articles found in publications for 2005-2021. The theme clusters can be seen from the color difference. The cluster in gray is the cluster of most discussed themes in research on FINDRISC and diabetes, which include: consensus, diet restriction, clinical effectiveness, Spain, questionnaire, glucose blood level, and others.



Figure 10. Word Cloud in research related to FINDRISC and Diabetes in publications for the period 2005-2021.


Figure 11. Mapping of themes of research with the topics of FINDRISC and Diabetes in publications for the period 2005-2021.

It seems that the research themes related to FINDRISC are not only limited to immediate diabetes risk factors such as diet restriction, glucose blood level, cardiovascular risk, and lifestyle modification but also intersect with broader themes such as disease course, mortality, morbidity, and costs. Several themes that were also discussed, such as screening tests, high-risk patients, and clinical effectiveness, indicate that the FINDRISC instrument has the potential to be studied further at the clinical level and community level, and it is possible for this instrument to be used to screen for other metabolic disorders such as metabolic syndrome. In addition, the attempt to include FINDRISC in the practice guidelines for primary medical care has become a growing theme²⁵. A cost-effectiveness analysis is necessary for the evaluation²⁶.

On the other hand, although nearly 60% of the subject areas of research on FINDRISC and diabetes are medicine, research from other subject areas such as biochemistry, nursing, dentistry, agriculture, pharmacology, and others provides opportunities for collaborative research on this topic in the future. Various reports on the results of studies related to FINDRISC are still popular and exciting to publish. This is indicated by articles on this topic continuously published by reputable and prestigious journals such as PLoS One, BMC Public Health, and Primary Care Diabetes.

One limitation of this study is that the only databases used were PubMed and Scopus. Scopus will repeat the number of articles based on contributing authors from different countries in one article, so some articles may be counted multiple times if the contributing authors are from several countries²⁷. Nevertheless, this is sufficient to serve as a basis for evaluating the utilization of FINDRISC in diabetes screening and identifying research gaps and future research opportunities. Opportunities to conduct research using Indonesia's FINDRISC instrument are still ample. This instrument can be one of the government's considerations, especially in measures for the early detection of diabetes, for example, in the integrated post guidance for non-communicable diseases (*Pos Binaan Terpadu; Posbindu*) and the Healthy Campus program initiated by the Ministry of Health of the Republic of Indonesia.

CONCLUSION

Despite the increase in publications, the number of publications on FINDRISC in patients with diabetes mellitus per year is still relatively small, with 92.8% of publications being primary studies. The publications are still dominated by those of researchers from countries in the European region, and these researchers intensely relate to each other and interact with each other through citations. Research themes related to FINDRISC are not limited to diabetes risk factors.

ACKNOWLEDGMENT

We want to thank all those who have helped us in the data collection process and the process of writing this article. Also, thanks to the Office of Research and Publication, Faculty of Medicine, Public Health, and Nursing, Universitas Gadjah Mada, Yogyakarta, Indonesia.

AUTHORS' CONTRIBUTION

DAP was the first to propose this research concept. Then, DAP and MRR collect and analyze data. In addition to being the corresponding author, **BA** also ensures that the final draft of the manuscript complies with the guidelines of the intended journal. **ZZ** contributes to data visualization. **SR** support in budgeting. All authors provided feedback from the initial draft to the final manuscript and approved the overall process.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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Borneo Journal of Pharmacy Vol 5 Issue 3 August 2022 Page 299 – 306

Research Article

Comparison of Patient's Satisfaction with Pharmaceutical Care Services in Ownership-Based Pharmacies in Semarang, Indonesia

Nisa Febrinasari*ᅝ	Abstract
Abdur Rosyid©	Implementation of pharmacists services provided in all pharmacies
Fadhila Huswatunnida	must meet the standard of pharmaceutical services guidelines, including the provision of drug information. The study aims to compare the patient's perception of drug counseling services by
Department of Pharmacy, Universitas	pharmacy staff based on the type of pharmacy ownership
Islam Sultan Agung, Semarang, Central	(franchise/non-franchise) in Semarang. This research is an
Java, Indonesia	observational study with a cross-sectional design. Samples were
*email: nisafebrie@unissula.ac.id	were collected using an online google form questionnaire tested for validity and reliability. The statistical analysis results used the Mann-Whitney test with a p-value of <0.05. There is no significant difference between the patient's perception of the drug information counseling services by pharmacy staff at the franchise or non- franchise pharmacies in Semarang with a p-value of 0.264. This study also found that the standard information given by pharmacy staff is healthy eating and education about antibiotics used in the common cold. In addition, only 55% of respondents were sure that the pharmacy staff who gave them drug information in pharmacies was a pharmacist. Consequently, we humbly recommend that pharmacists consistently wear their pharmacist identification.
Keywords:	Received: Echrycony 25th 2021
Franchise and non-tranchise	1st Revised: Max 26th 2022
pharmacies Madiaira information	2nd Revised: July 27th 2022
Pharmacy services	Accented: July 31th 2022
Pharmacy staff	Published: August 31th, 2022

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INTRODUCTION

Pharmaceutical services are part of a healthcare system oriented toward patient care and quality medication provision¹. Pharmacy practice in pharmacies has complied with the pharmacy service standard in pharmacies. The medicine information service is one critical aspect of clinical pharmacy service². The process of providing information by pharmaceutical personnel to patients is obligatory. Pharmaceutical personnel must be proactive in providing medication information services provided to patients³. Some medication information that needs to be conveyed to patients includes dosage, method and time of use, amount of consumption in a day, storage method, and how to deal with possible side effects⁴.

The pharmaceutical services implementation in Semarang has been evaluated by research conducted in hospitals. The results show that there are still differences in implementing pharmaceutical service standards in several public and private hospitals in Semarang that can potentially prevent medication errors. The difference in the implementation of the service standard will undoubtedly affect the quality of pharmaceutical services provided to patients⁵. Likewise, the pharmaceutical services provided in pharmacies, the implementation of pharmaceutical services provided in the network/franchise, and non-network pharmacies must meet the standards of pharmaceutical services in pharmacies, in the provision of medicine, medical devices, and consumable medical materials, or the clinical pharmacy services, including the provision of medical information⁶. A study of the pharmaciest community in 2009 showed that pharmaciests are not quite ready, according to the

How to cite: Febrinasari N, Rosyid A, Huswatunnida F. Comparison of Patient's Satisfaction with Pharmaceutical Care Services in Ownership-Based Pharmacies in Semarang, Indonesia. Borneo J Pharm. 2022;5(3):299-306. doi:10.33084/bjop.v5i3.2158

Department of Health and the Association of Indonesian Pharmacists (*Ikatan Apoteker Indonesia; IAI*). The pharmacists in non-franchise pharmacies are even more unprepared than the franchise pharmacies. Franchise pharmacies' pharmacists in the metropolitan city are preparing to face the patient-oriented paradigm and fulfilling the pharmacy service standard. In contrast, the pharmacists in the independent non-franchise pharmacies still emphasize fast service and the lower price of medicine⁷.

The government has enforced a standard of pharmaceutical services in pharmacies through the Minister of Health Decree Number 73 of the Year 2016 concerning the standard of pharmaceutical services in Pharmacies, which includes two aspects. The first aspect is the provision management of pharmacy, medical devices, and consumable medical materials; the second is the clinical pharmacy services. Implementing these standards is a practice guide for pharmaciests in carrying out the profession in pharmacies, protecting the public from unprofessional services, and carrying out pharmaceutical practices⁸. Pharmacists must improve knowledge, skills, and behavior in interacting with patients by providing complete information on medication usage, side effects, and monitoring. Therefore, pharmacists must comply with pharmaceutical service standards in pharmacies to ensure the quality of public pharmaceutical services⁹.

Drug information services are an essential part of the clinical pharmacy service¹⁰. The quality of pharmaceutical services at networked/franchise and non-networked/non-franchise pharmacies will affect the completeness of the information provided to patients, so it is necessary to pay attention to good service and meet the Pharmacy Service Standards at the Pharmacy (*Standar Pelayanan Kefarmasian di Apotek; SPKA*)¹¹. Research on the completeness of drug information to patients is a study that can be carried out to assess and measure the quality of service provided by pharmacists and pharmaceutical personnel in pharmacies¹². The pharmacy service provider acts as the health worker who provides medicine preparation services and information and education services to improve the health and quality of life¹³. Therefore, it is necessary to investigate the completeness of the information by pharmacy personnel in Semarang pharmacies, either networked/franchise or non-network pharmacies. The purpose of this study is to compare patients' perceptions of drug information services by pharmacy staff according to the type of pharmacy ownership (franchise/non-franchise) in Semarang. Through the research, pharmacies can be informed about the medical information services provided by the pharmacy personnel at the respective pharmacies and, at the same time, can be used as evaluation materials to play a more significant role in improving the quality of medication information services to patients.

MATERIALS AND METHODS

A franchise pharmacy is an authorization or official permission or approval granted by a pharmacy company to distributors, groups, or individual owners to establish a pharmacy, for example, Kimia Farma, K24, and Viva Generik. Non-franchise pharmacy is a pharmacy in the general community. Inclusion criteria for respondents in this study were subjects who had redeemed drugs or purchased pharmaceutical products at a pharmacy in Semarang within a maximum of the last three months, had received direct pharmaceutical services from pharmacists and pharmacy technical staff, the minimum age was 17 years, and subjects who were willing to be respondents. The exclusion criteria were respondents who did not complete their questionnaire. The study design and protocol were approved by the Faculty of Medicine Ethics Committee, Universitas Islam Sultan Agung, with the number EC/244/VII/Komisi Bioetik. The tool used in the research was a modified questionnaire Investigating Consumer Attitudes toward Community Pharmacy Services¹⁴. The questionnaire obtained permission from the previous author and was translated "backward-forward" into the Indonesian version by the Center for International Language Development (CILAD) Universitas Islam Sultan Agung with DOI https://doi.org/10.5281/zenodo.6777035. From calculation from the Slovin formula with a population assumed as 1000 people, the study requires 286 and 30 respondents for the validity and reliability test. The respondents were recruited by quota sampling from May until October 2020. Data collection was carried out with a Google Form questionnaire. The questionnaire distribution was through Google Form link sharing as https://bit.ly/pelayananfarmasi by social media. The Questionnaire item was available in the Supplement file. Data analysis was conducted with the Mann-Whitney test.

RESULTS AND DISCUSSION

The research was carried out on Google Form, in which all questions were valid and reliable with R > 0.361 for 30 respondents with a significance level of 5%. The reliability test shows that Cronbach's α value was 0.832. **Table I** shows that from 286 respondents who met inclusion criteria, franchise pharmacies have more patients than non-franchise ones, with 167 respondents at franchise and 119 at non-franchise pharmacies.

ies

Pharmacy type	Total respondents	0/0
Franchise	167	58.4
Non-franchise	119	41.6
Total	286	100

Table II shows that in each pharmacy, the number of respondents with females was more dominant than males, with a relatively large ratio. The female respondents in franchised and non-franchised pharmacies were 130 people (77.8%) and 89 people (74.8%), respectively; the rest were males. Most respondents are between 17 and 25 years old with an education diploma or bachelor's degree. The same results were also shown in previous research¹⁵, which explains that women were more concerned about the health of each family member, which affected the frequency of female respondents visiting the pharmacy. In addition, another previous study¹⁶ also shows that women have an essential role as decision-makers in health services for themselves and their families.

Table II. Demographic characteristic of respondents

Devenators	Franchise pha	armacy	Non-franchise p	oharmacy
rarameters	Total respondents	%	Total respondents	%
Gender				
Man	37	22.2	30	25.2
Woman	130	77.8	89	74.8
Ages (y.o.)				
17 – 25	135	80.8	87	73.1
26 - 35	19	11.4	11	9.2
36 - 45	5	3	9	7.6
46 - 55	8	4.8	11	9.2
56 - 65	0	0	1	0.8
>65	0	0	0	0
Education				
Elementary school	4	2.4	0	0
High school	32	19.2	23	19.3
Diploma/Bachelor	130	77.8	95	79.8
Magister	1	0.6	1	0.9
Work background				
Health worker	38	22.8	25	21
Other	129	77.2	94	79

Table III describes that of 167 respondents who visited franchise pharmacies, 93 people (55.7%) believed that those who served respondents in pharmacies was pharmacist, followed by 19 people (11.4%) who answered that those who served respondents were not pharmacists or person staff, and 55 people (32.9%) chose to answer that they did not know the person profession who served them, whether it was a pharmacist or person staff. In non-franchise pharmacy have similar results with 45.4%, 20.2%, and 34.4%, respectively. **Table III** analyzes the response to information about drug services for patients, indicating that only 55.7% of patients recognized pharmacists in franchise pharmacies and only 45.4% in non-franchised pharmacies. About 33.7% of patients, in general, did not know whom pharmacy staff in charge provided the services. This study shows that pharmacist roles are still not well known by the community. Since pharmacists are health workers obliged to provide drug counseling, they should not be replaced by pharmaceutical technical personnel. In addition, identity as a pharmacist in pharmacies is essential, so it is always advised to use/wear a special identity sign that shows a pharmacist's profession when performing service in the pharmacy¹⁷.

A more cologomy	Franchise pha	pharmacy Non-fran		harmacy
Answer category	Total respondents	%	Total respondents	%
Yes	93	55.7	54	45.4
No	19	11.4	24	20.2
Unsure	55	32.9	41	34.4
Total	167	100	119	100

Table III. Distribution of respondents answers to the question "Are you served by a pharmacist?"

Table IV explains that from 167 respondents in franchise pharmacies, 98 people (58.7%) answered agreed with the assessment that the pharmacy staff who served were experienced, trustworthy, and confident. However, 69 people (41.3%) answered neutrally in that regard. In non-franchise pharmacies have similar results with 58% and 41.2%, respectively.

 Table IV.
 Distribution of respondents' answers to the question "How would you rate the pharmacy staff who served you? Are their experienced/trustworthy/confident/useful?"

A new or catogony	Franchise ph	Franchise pharmacy		oharmacy
Allswei category	Total respondents	%	Total respondents	%
Agree	98	58.7	69	58
Netral	69	41.3	49	41.2
Disagree	0	0	1	0.8
Total	167	100	119	100

Table V indicates that the majority of the respondent, 140 respondents (83.8%) in franchise pharmacies and 91 (76.5%) in non-franchise pharmacies, admitted that they had been given advice or information by pharmacy staff at the time of service. However, 27 respondents (16.2%) in franchise pharmacies and 28 (23.5%) in non-franchise pharmacies answered that they were not given advice or information during service. **Table VI** shows that 57 respondents (34.1%) in franchise pharmacies and 31 (26.1%) in non-franchise pharmacies answered that they had been given information and advice about healthy eating. They were followed by 35 respondents (21%) in franchise pharmacies and 24 (20.2%) in non-franchise pharmacies receiving education about the use of antibiotics for flu and the common cold. **Table VII** shows that most respondents were satisfied with pharmacy staff service regarding attitude, instruction, drug information about side effects, and asking about previous health history and counseling place. However, the majority of respondents in both pharmacies disagree with a statement about proper drug storage methods information, with 10.8% in franchise pharmacies and 17.6% in non-franchise pharmacies.

Table V.	Distribution of respondents'	answers to the question '	' Have you ever bee	en given advice by a	a pharmacy staff?'
	1	1	2	0	1 /

	Franchise ph	armacy	Non-franchise	pharmacy
Answer category	wer category Total respondents		Total respondents	%
Yes	140	83.8	91	76.5
Never	27	16.2	28	23.5
Total	167	100	119	100

Table VI. Distribution of respondents' answers regarding suggestions/information ever given by pharmacy staff

A networ catogory	Franchise pharma	cy	Non-franchise pharmacy		
Allswei category	Total respondents	%	Total respondents	%	
Not answer	22	13.2	18	15.1	
Smoking cessation	8	4.8	7	5.9	
Healthy eating	57	34.1	31	26.1	
Physical training	5	3	2	1.7	
Steroid anabolic	0	0	0	0	
Hypertension	3	1.8	1	0.8	
Diabetes	0	0	0	0	
Oral contraception	1	0.6	1	0.8	
Antibiotic used in common cold and influenza	35	21	24	20.2	
Answer >1 choices	36	21.6	35	29.4	
Total	167	100	119	100	

No	Quanting	Median		Mean		p-
INU	Question	F	Non-F	F	Non-F	value
1	The Pharmacy staff in charge of administering your medicines in a polite manner	3	3	2.89	2.8	0.027
2	Label on each drugs are well instructed by pharmacy staff	3	3	2.82	2.75	0.189
3	Pharmacy staff explain all possible side effects clearly	3	2	2.43	2.29	0.203
4	Pharmacy staff provide written/printed information about drug therapy and/or disease	3	3	2.52	2.34	0.065
5	Pharmacists use information about your previous condition/medication when administering your drug therapy	3	3	2.59	2.49	0.361
6	Pharmacists provide information on proper drug storage methods	3	3	2.44	2.35	0.422
7	Pharmacy provided counseling place to respects your privacy	3	3	2.65	2.58	0.293

Table VII.	Analysis of responses to questions "Pharmacy staff services at franchise and non-franchise pharmacies" based on median and
	mean values

According to **Table VII**, the response to information about drug services for patients shows that most respondents agreed that pharmacy staff is in charge, providing medicines politely, always giving a clear label, and explaining all possible medication side effects clearly¹⁸. The study showed that pharmacy staff in Semarang already implemented technical guidelines for pharmaceutical service standards in pharmacies; these activities are included in the dispensing process. In the technical guidelines, it is stated that before handing over the medicine to the patient, a re-examination of the writing of the patient's name on the label, usage instructions, and the type and amount of medicine (the compatibility between the writing of the label and the prescription) must be done¹⁹.

In addition, most respondents agree that pharmacy staff provides written/printed information on drug therapy and patient diseases. The pharmacy staff also used information about the patient's previous condition/medication when administering medicine therapy. When administering medicine to patients, pharmacist or pharmacy personnel must be attentive to the patient's history of medication or disease, especially related to the medications consumed, to reduce the side effects. The process described in the statement is part of the clinical pharmacy service activity: medication information provision²⁰. Based on technical guidelines for the implementation of pharmaceutical service standards in Pharmacies, it is stated that in the drug counseling process, Drug Information Services include activities such as answering questions orally or in writing, making brochures/leaflets containing medication information, as well as providing education and information to patients. In detail, it is necessary to ask the patient questions and data/information in implementing service standards²¹. The counseling process standard also explains that pharmacists need to explore further information by exploring medicine use problem solving. The pharmacy services standard's technical guidelines also show that pharmacies must have adequate space, including rooms/places for counseling. At a minimum, there must be a set of tables and chairs for counseling in the counseling space, a book cupboard, reference books, leaflets, posters, counseling supporting tools, and counseling book records and forms to record the patients' treatment²².

The Mann-Whitney test result shows Asymp Sig. (2-tailed) value of 0.264, as shown in **Table VIII**. The significance of the acquisition result value was more than 0.05, which indicates that the completeness of the medication information by the pharmacy personnel between the franchise and nonfranchise pharmacies has no significant difference. The median value acquisition of franchise pharmacies' respondents is 19.00, while the nonfranchise pharmacies' respondents is 18.00. The median value obtained in the two ownership types of pharmacies shows the category of "very complete" in the pharmacy service, which is in the value range of 18-21. Therefore, it can be interpreted that the completeness of medicine information by pharmacy personnel between the franchise and non-franchise pharmacies has no significant difference.

Table VIII. Mann-Whitney test results, Median value of the franchise and non-franchise pharmacies

	1	
Test	Sig.	Interpretation
Non-parametric test: Mann-Whitney test	0.264	Not significantly different
Median of franchise pharmacies	19.00	Very complete
Median of non-franchise pharmacies	18.00	Very complete

In general, not all patients are informed and aware of what to do with the medicines that have been obtained, so medication services are needed to prevent medicine abuse and unwanted medicine interactions. In this case, medicine information

services are still lacking compared to the need for speed in service and information about patients' medicines. Pharmacy personnel must provide patient information. Besides, pharmacy personnel must proactively provide medication information services to patients. Some information that should be conveyed to patients includes the dosage of drugs, methods, the timing of use, the amount of medicine consumed in a day, how to store medicines, and how to deal with possible side effects are possible²³.

In many countries, the sustainability of pharmacy practice has been carried out; pharmacists have integrated regulations to support patients in selecting medications and providing appropriate information advice^{24,25}. For results, pharmaceutical practices' sustainability needs to be maintained for patient quality of service and life. Furthermore, patient's perceptions of the pharmacy profession as a product rather than a service certainly influence satisfaction with community pharmacy services. Interestingly, in some study²⁶, patient satisfaction was high despite the low counseling level rating. According to other studies^{27,28}, the higher the frequency of counseling and monitoring, as well as the more targeted the guidance, the higher the satisfaction rating²⁹. It has also been stated that patient counseling may not be as frequent or as comprehensive due to a lack of demand for these services. These findings emphasize the importance of educating the public about pharmacists' services.

CONCLUSION

Patients' perceptions about pharmaceutical services based on the type of pharmacy ownership (franchise/non-franchise) in Semarang do not significantly differ. Unfortunately, many respondents are still unaware of the pharmacist profession. Therefore, We humbly recommend that pharmacists wear identification as pharmacists as they do pharmacy services to the community.

ACKNOWLEDGMENT

We would like to thank all the participants who contributed to this study for their time and efforts.

AUTHORS' CONTRIBUTION

Nisa Febrinasari: conceptualization, supervision, writing- review and editing. Abdur Rosyid: supervision. Fadhilla Huswatunnida: investigator, writing original draft.

DATA AVAILABILITY

None.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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